



# September 2024

## Aberdeen Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 RC TV Church 10:15 TV Church 2:00 Hand Massages 3:30 Stepping Out	<b>2 Labour Day</b> 10:15 Exercises 11:00 Trivia 2:00 Manicures 3:30 Would You Rather	<b>3</b> 10:00 For the Spirit 1:45 Horticulture 3:00 Scatergeries 6:15 Euchre	<b>4</b> 9:45 Zumba—SB 10:00 Total Body Fitness <b>10:30 RC Comm RV</b> 11:00 Hymn Sing SB 1:45 Chime Choir	<b>5</b> 10:15 In the Kitchen <b>12:00 Lunch Bunch</b> 2:30 For The Fun of Fit 3:30 You & Me	<b>6</b> 10:00 Bingo 11:15 Brains & Banter 2:00 Church 2:45 Hand Therapy 3:00 UNO	<b>7</b> 10:30 Rosary PC 11:00 You & Me <b>2:00 Grandparent Day Carnival</b> 3:00 Pet Therapy
<b>8 Grandparents Day</b> 10:00 RC TV Church <b>10:00 Church with Pastor Royal</b> 1:30 Manicures 3:30 You & Me	<b>9</b> 10:15 Exercises 11:00 Wordscape 2:00 Crokinol 3:00 Fun & Fitness PAL	<b>10 Timbit Day</b> 10:00 For The Spirit 1:45 Horticulture 2:30 Fashion Show 6:00 UNO	<b>11</b> 9:45 Zumba—SB 10:00 Total Body Fitness 11:00 Hymn Sing SB 1:45 Chime Choir 2:00 Peg Talks SH 2:30 Music Therapy	<b>12</b> 10:15 Bingo 1:30 In The Kitchen 2:30 Tea & Taste Testing 3:30 You & Me	<b>13</b> 10:00 Exercises 11:15 You & Me 2:00 Church 2:00 Ladies Coffee Break SB 3:00 For The Fun of Fit	<b>14</b> 10:00 Exercises 11:00 Brains & Banter 2:30 Village Bingo KD 3:00 Pet Therapy
<b>15</b> 10:00 RC TV Church 10:15 TV Church 2:00 Hand Massages 3:30 Short Stories	<b>16 Residents Council Week</b> 10:15 Exercises 11:00 Trivia Corner 2:00 Express yourself 2:00 Men's Coffee Break SH	<b>17</b> 10:00 For the Spirit 1:45 Horticulture 2:45 Horseraces <b>6:30 Music with Brent Meingdinger</b>	<b>18</b> 9:45 Zumba—SB 10:00 Total Body Fitness 11:00 Hymn Sing SB 1:45 Chime Choir <b>Meet &amp; Greet 2-4 PC</b> 2:15 Music Therapy	<b>19</b> 10:00 Crosswords 2:30 Manicures 3:30 Hand Massages	<b>20</b> <b>10:30 Anglican/ Lutheran Comm PC</b> 11:00 Exercise 2:00 Church 2:45 Hand Therapy 3:00 For The Fun of Fit	<b>21</b> 10:00 Bingo 11:00 Vinyl Vibes <b>1:30 Country Drive</b> 3:00 Pet Therapy
<b>22 First Day of Fall</b> 10:00 RC TV Church 10:15 TV Church 11:15 Fall Video <b>2:00 Village Euchre PC</b> 3:30 You & Me	<b>23</b> 10:15 Exercises 11:00 Wordscape <b>1:45 Food Comm. Mtg AB</b> 3:00 Fun & Fitness PAL	<b>24</b> 10:00 For The Spirit 1:45 Horticulture 2:45 Bowling 6:00 UNO	<b>25</b> 9:45 Zumba—SB 10:00 Total Body Fitness 11:00 Hymn Sing SB 1:45 Chime Choir 2:15 Music Therapy	<b>26</b> <b>10:15 Residents Council</b> 12:00 Lunch 2:00 Ice cream Soda Shoppe 3:30 You & Me	<b>27</b> 9:45 Exercise 11:00 Brains & Banter 2:00 Church 2:00 Ladies Coffee Break SB 3:00 For the Fun of Fit	<b>28</b> 10:00 Bingo 11:00 You & Me <b>2:00 Sing-a-long AB</b> 3:00 Pet Therapy 3:30 Games Corner
<b>29</b> 10:15 TV Church <b>1:30 New Apostolic Hymn Sing SB</b> 2:00 Hand Massages 3:30 Short Stories	<b>30</b> 10:15 Exercises <b>10:30 Protestant Comm</b> 11:00 Trivia Corner <b>1:30 Walmart Outing</b> 3:00 Fun & Fitness PAL				Strasburg—(SB) Aberdeen—(AB) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD) Haysville—(HV) Trussler—(TL)	Eby- (Eby) Newberry-NB Ret. John Sweeney R-(JS) LTC Worship Room (LTC WR) Pinehaven Com. (PC)