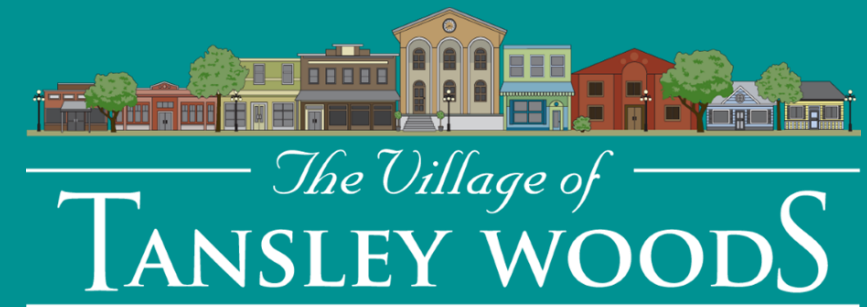




October 2024

BRANT Name



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meal Times 8:15 Breakfast 12:00 Lunch 5:00 Dinner	Legend CC– Community Center FC– Fitness Center TH– Town Hall L– Library MS– Main Street SC– Senior Center	1 9:00 Neighbourhood Time 10:30 For The Fun of Fit 2:00 Circle of Friends 3:30 Musical Moments 7:00 Express Yourself	2 9:00 Neighbourhood Time 11:00 For The Soul 11:00 Music Therapy 2:00 Soothing Sensations 3:30 For the Fun of Fit	3 11:15 Fun and Fit 1:00 Neighbourhood Time 2:00 In The Kitchen 3:00 Horticulture Therapy 3:30 Express Yourself 6:00 Musical Moments	4 9:00 Neighbourhood Time 10:30 Stepping Out 11:15 Line Dancing– FC 1:30 Art Therapy 2:00 Musical Moments 3:30 For The fun of Fit	5 1:00 Neighbourhood Time 2:00 Express Yourself 3:00 For the Fun of Fit 6:00 Brains and Banter
6 1:00 Neighbourhood Time 2:15 Church– TH 3:30 Circle of Friends 6:00 For the Fun of Fit	7 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 Circle of Friends	8 9:00 Neighbourhood Time 2:00 For the Fun of Fit 3:30 Musical Moments	9 9:00 Neighbourhood Time 11:00 For The Soul 11:00 Music Therapy 2:00 Soothing Sensations 3:30 For the Fun of Fit	10 11:15 Fun and Fit 1:00 Neighbourhood Time 2:00 In The Kitchen 3:00 Horticulture Therapy 3:30 Express Yourself 6:00 Musical Moments	11 11:15 Line Dancing– FC 1:30 Art Therapy 2:00 Neighbourhood Time 3:30 For The fun of Fit 6:00 Brains and Banter– CC	12 9:00 Neighbourhood Time 10:30 For The Soul 2:00 Express Yourself 3:00 Circle of Friends 6:00 Neighbourhood Time
13 9:00 Neighbourhood Time 10:30 Express Yourself 2:15 Church– TH 3:00 In the Kitchen 6:00 Neighbourhood Time	14 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 Circle of Friends	15 9:00 Neighbourhood Time 10:30 For The Fun of Fit 2:00 Circle of Friends 3:30 Musical Moments 7:00 Express Yourself	16 9:00 Neighbourhood Time 10:30 For The Soul 11:00 Music Therapy 2:00 Soothing Sensations 3:30 For the Fun of Fit	17 11:15 Fun and Fit 1:00 Neighbourhood Time 2:00 In The Kitchen 3:00 Horticulture Therapy 3:30 Express Yourself 6:00 Musical Moments	18 9:00 Neighbourhood Time 10:30 Stepping Out 11:15 Line Dancing– FC 1:30 Art Therapy 2:00 Musical Moments 3:30 For The fun of Fit	19 1:00 Neighbourhood Time 2:00 Express Yourself 3:00 For the Fun of Fit 6:00 Brains and Banter
20 1:00 Neighbourhood Time 2:15 Church– TH 3:30 Circle of Friends 6:00 For the Fun of Fit	21 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 Circle of Friends	22 9:00 Neighbourhood Time 10:30 For The Fun of Fit 2:00 Circle of Friends 3:30 Musical Moments 7:00 Express Yourself	23 9:00 Neighbourhood Time 10:30 For The Soul 11:00 Music Therapy 2:00 Soothing Sensations 3:30 For the Fun of Fit	24 1:00 Neighbourhood Time 2:00 In the Kitchen 3:00 Horticulture Therapy 3:30 Express Yourself 6:00 Musical Moments	25 9:00 Neighbourhood Time 10:30 Stepping Out 11:15 Line Dancing– FC 1:30 Art Therapy 2:00 Musical Moments 3:30 For The fun of Fit	26 9:00 Neighbourhood Time 10:30 For The Soul 2:00 Express Yourself 3:00 For the Fun of Fit 6:00 Neighbourhood Time
27 9:00 Neighbourhood Time 10:30 Express Yourself 2:15 Church– TH 3:30 In The Kitchen 6:00 Neighbourhood Time	28 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 Circle of Friends	29 9:00 Neighbourhood Time 10:30 For The Fun of Fit 2:00 Circle of Friends 3:30 Musical Moments 7:00 Express Yourself	30 9:00 Neighbourhood Time 10:30 For The Soul 11:00 Music Therapy 2:00 Soothing Sensations 3:30 For the Fun of Fit	31 Halloween 1:00 Neighbourhood Time 2:00 In the Kitchen 3:00 Horticulture Therapy 3:30 Express Yourself 6:00 Musical Moments	Residents Bill Of Rights 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Poten-	