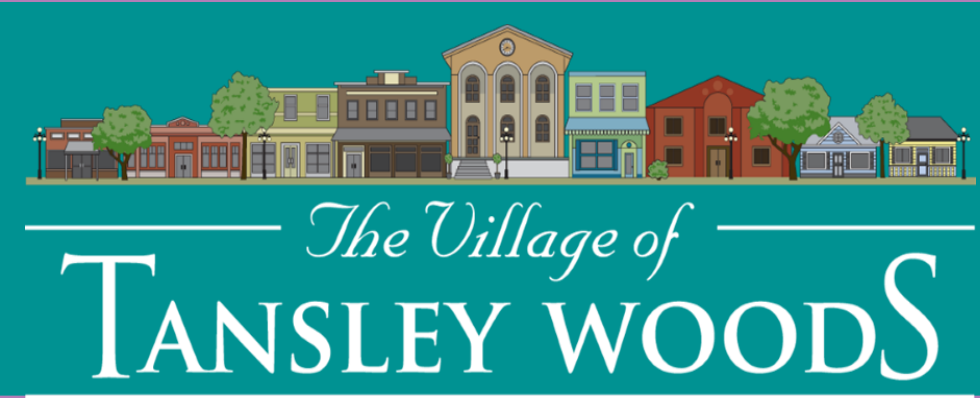




# October 2024

## BRONTE NEIGHBOURHOOD



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Meal Times</b></p> <p>8:15 Breakfast 12:00 Lunch 5:00 Dinner</p>	<p><b>Legend</b></p> <p>CC– Community Center FC– Fitness Center TH– Town Hall L– Library MS– Main Street SC– Senior Center</p>	<p>1</p> <p>9:00 Neighborhood Time 10:30 Soothing Sensations 2:00 Musical Moments 3:00 Art Therapy 3:30 For the Fun of fit 6:00 Stepping Out</p>	<p>2</p> <p>1:00 Neighborhood Time 2:00 Express Yourself 3:00 Total Body Fitness 3:30 Circle of Friends 6:00 Musical Moments</p>	<p>3</p> <p>9:00 Neighborhood Time 10:30 For the Soul 1:30 Music Therapy 2:30 Coffee with a Cop - MS 3:30 You and Me</p>	<p>4 <b><u>Taco Day/World Smile Day</u></b></p> <p>9:00 Neighborhood Time 10:30 Horticulture Therapy 10:30 Brains and Banter 11:15 Line Dancing - FC 12:00 Diner's Club—MS 2:15 Drum Fit</p>	<p>5</p> <p>9:00 Neighborhood Time 10:30 Teacher's Social - CC 2:00 Stepping Out 3:30 Brent M Performs - TH 6:00 You and Me</p>
<p><b>6 Mental Illness Awareness Week</b></p> <p>9:00 Neighborhood Time 10:30 For the fun of Fit 2:15 Church Service - TH 3:30 In the Kitchen 6:00 You and Me</p>	<p>7 <b>Active Aging Week</b></p> <p>9:00 Neighborhood Time 11:15 Bronte Fun &amp; Fit 1:00 Spiritual Visits 3:30 For the Fun of Fit 3:00 Meditation 6:00 Circle of Friends</p>	<p>8</p> <p>9:00 Neighborhood Time 10:30 Soothing Sensations 2:00 Musical Moments 3:00 Art Therapy 3:30 In the Kitchen 6:00 Stepping Out</p>	<p>9</p> <p>10:30 Horticulture Therapy 1:00 Neighborhood Time 2:00 Express Yourself 3:00 Total Body Fitness 3:30 Musical moments 6:00 Circle of Friends</p>	<p>10 <b>Team meeting</b></p> <p>9:00 Neighborhood Time 1:30 Music Therapy 2:30 Laughter Yoga - FC 3:30 You and Me</p>	<p>11 <b><u>Yom Kippur</u></b></p> <p>9:00 Neighborhood Time 10:30 Brains And Banter 11:15 Line Dancing - FC 2:00 Drum Fit 3:30 Musical Moments</p>	<p>12</p> <p>9:00 Neighborhood Time 11:15 Total Body Fitness 3:00 Ron Tansley Performs - TH 6:00 You and Me</p>
<p><b>13 Int'l Infection Prevention Week</b></p> <p>9:00 Neighborhood Time 2:15 Church Service - TH 3:30 In the Kitchen 6:00 You and Me</p>	<p>14</p> <p>9:00 Neighborhood Time 11:15 Bronte Fun &amp; Fit 1:00 Spiritual Visits 3:00 Meditation 3:30 Brains &amp; Banter 6:00 You and Me</p>	<p>15</p> <p>9:00 Neighborhood Time 10:30 Soothing Sensations 2:00 Musical Moments 3:00 Art Therapy 3:30 For the Fun of fit 6:00 Stepping Out</p>	<p>16</p> <p>10:30 Horticulture Therapy 1:00 Neighborhood Time 2:00 Express Yourself 3:00 Total Body Fitness 3:30 Circle of Friends 6:00 Musical Moments</p>	<p>17</p> <p>9:00 Neighborhood Time 10:30 For the Soul 1:30 Music Therapy 2:30 Happy Hour - MS 3:30 You and Me</p>	<p>18</p> <p>9:00 Neighborhood Time 10:30 Brains And Banter 11:15 Line Dancing - FC 2:00 Drum Fit 3:30 Musical Moments</p>	<p>19</p> <p>9:00 Neighborhood Time 10:00 Craft Social - MS 2:00 Soothing Sensations 3:00 Garry L Performs -TH 6:00 You and Me</p>
<p><b>20 Spiritual &amp; Religious Care Awareness Week</b></p> <p>9:00 Neighborhood Time 10:30 Circle of Friends 2:15 Church Service - TH 3:30 In the Kitchen 6:00 You and Me</p>	<p>21</p> <p>9:00 Neighborhood Time 10:00 Mother Goose - TH 11:15 Bronte Fun &amp; Fit 1:00 Spiritual Visits 3:30 For the Fun of Fit 3:00 Meditation 6:00 Circle of Friends</p>	<p>22</p> <p>9:00 Neighborhood Time 10:30 Soothing Sensations 2:00 Musical Moments 3:00 Art Therapy 3:30 In the Kitchen 6:00 Stepping Out</p>	<p>23</p> <p>10:30 Horticulture Therapy 1:00 Neighborhood Time 3:00 Total Body Fitness 3:30 Circle of friends 6:00 Stepping out</p>	<p>24</p> <p>9:00 Neighborhood Time 10:30 For the Soul 1:30 Music Therapy 2:30 In the Kitchen 3:00 Resident Council</p>	<p>25</p> <p>9:00 Neighborhood Time 10:30 Brains And Banter 11:15 Line Dancing - FC 2:00 Drum Fit 3:30 Musical Moments</p>	<p>26</p> <p>9:00 Neighborhood Time 11:15 Total Body Fitness 3:00 Jay Franco - TH 6:00 You and Me</p>
<p><b>27</b></p> <p>9:00 Neighborhood Time 2:15 Church Service - TH 3:30 In the Kitchen 6:00 You and Me</p>	<p>28</p> <p>9:00 Neighborhood Time 11:15 Bronte Fun &amp; Fit 3:00 Meditation 3:30 Brains &amp; Banter 6:00 You and Me</p>	<p>29</p> <p>9:00 Neighborhood Time 10:00 Birthday Social - CC 2:00 Musical Moments 3:00 Art Therapy 3:30 For the Fun of fit</p>	<p><b>30</b></p> <p>10:30 Horticulture Therapy 1:00 Neighborhood Time 3:00 Total Body Fitness 6:00 Circle of Friends</p>	<p><b>31</b></p> <p>9:00 Neighborhood Time 10:30 Halloween Parade– MS 1:30 Music Therapy 2:00 You and me 3:30 Stepping Out</p>	<p><b><u>Residents Bill Of Rights</u></b></p> <p>23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential</p>	