

October 2024

The Village of HUMBER HEIGHTS

Brule Neighborhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Oktoberfest 10:00 Social: Yogurt Bowl 11:00 Circle of Friends 02:30 Oktoberfest Celebration: Polka Dancers 03:30 Stepping Out	2 Active Aging Week 09:15 Music Therapy 10:00 Horticulture Therapy 11:00 You and me 02:30 Express Yourself: Fall Craft 03:30 Stepping out	3 Rosh Hashanah 02:30 Social: Apple and Honey Cream 02:30 Outing: James Garden Park 03:30 You & Me: Virtual Calls 06:30 For the Fun of Fit	 4 World Smile Day 10:00 In the Kitchen: Smile Cookies 11:00 Photoshoot: smile 02:30 Java Memory 03:30 Brains and Banter 	5 09:30 Music Therapy 10:00 Adele Storyteller 11:00 For the Fun of Fit 02:30 Patio/Outdoor Time 03:30 Express Yourself
6 10:00 Church Service 10:00 Stepping out 11:00 Brains & Banter 02:00 Apple Stamping 03:30 For the Fun of Fit	 7 You matter to me Day 10:00 Dancing w/Parkinsons 11:00 Express Yourself: Thank you Cards 02:30 Java Memory 03:30 Stepping out: Group walk 	8 Vendor: 5th Avenue Jewelry National Pierogi Day 10:00 Brains and Banter 11:00 For the Fun of Fit 02:30 In the Kitchen: Pierogies 03:30 Circle of Friends	9 09:15 Music Therapy 10:00 Horticulture Therapy 11:00 You and Me 01:30 Outing: Pumpkin Picking 02:30 Express Yourself 03:30 Stepping out	10 World Mental Health Day 12:00 Lunch Club 01:30 Stepping out 02:30 Circle of Friends :Discussion Group 03:30 You & Me: Virtual Calls 06:30 For the Fun of Fit	11 10:00 Express Yourself 11:00 Ball Exercise 02:30 Bingo Club 03:30 Brains & Banter	12 Yom Kippur 09:30 Hymn Sing 10:00 For the Fun of Fit 11:00 It's Never 2 Late 02:30 Social: Challah Bread 03:30 You and me
13 09:30 Musical Moments 10:00 Church Service 10:30 Stepping out 02:30 Pumpkin Painting 04:00 You and me	14 Thanksgiving 10:00 Express Yourself 11:00 Stepping out 02:30 Thanksgiving Entertainment: Tristan 04:00 You and me	15 10:00 Brains and Banter 11:00 For the Fun of Fit 02:30 Italian Club 03:30 Circle of Friends	16 Vendor: Monica's Fashion 09:15 Music Therapy 11:00 Halloween decorating 02:30 Musical Moments 03:00 Food Committee 03:30 Stepping out	17 Pasta Day 01:30 Stepping out 02:00 Pasta Bar Social 03:30 You & Me: Virtual Calls 05:00 Diners Club	18 10:00 For the Fun of Fit 11:00 Java Memory 01:45 For the Soul 03:00 Entertainment: Emilio	19 09:30 Hymn Sing 10:00 Adele Storyteller 11:00 Stepping Out 02:30 Social: Smoothies 03:30 Brains and Banter
20 10:00 Church Service 10:00 Stepping out 11:00 Musical Moments 02:30 Halloween Bingo 03:30 For the Fun of Fit	 21 10:00 Circle of Friends: Coffee & Chit-chat 11:00 Express Yourself 02:00 Outing: Cloverdale Mall 02:30 Java Memory 	10:00 Brains and Banter 11:00 Soothing Sensations 02:00 Grace Notes Choir 03:30 Circle of Friends	23 09:15 Music Therapy 10:00 Horticulture Therapy 11:00 You and Me 02:30 Express Yourself: Halloween Craft	24 10:00 Dancing w/Parkinsons 02:30 Social: 03:00 Resident Council 03:30 You and me: Virtual calls 06:30 For the Fun of Fit	25 10:00 Express Yourself 11:00 Celebration of Life 02:30 Bingo Club 03:30 You and Me	26 09:30 Hymn Sing 10:00 For the Fun of Fit 11:00 It's Never 2 Late 02:30 Malta Band Club 04:00 You and me
27 09:30 Musical Moments 10:00 Church Service 10:30 Stepping out 01:30 Outing: Kensington Market	10:00 Express Yourself11:00 Stepping out02:30 Circle of Friends03:30 It's Never 2 Late	 29 01:30 Brains and Banter 02:00 Java Memory 02:30 Halloween Cart Decorating 03:30 Circle of Friends 05:00 Diner's Club Outing 	30 Vendor: Holistic Vendor 09:15 Music Therapy 10:00 Horticulture Therapy 11:00 You and me 02:30 Halloween Trivia 03:30 Stepping out	31 Halloween! 10:00 Halloween Mask Making 11:00 Halloween Cart Parade 02:30 Halloween Concert with Johnny Scat 03:30 You and me: Virtual Calls 06:30 For the Fun of Fit		