

## October 2024

## ERIN MEADOWS

## **Dundas**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Street—MS Greenhouse-GH Activity Room—AR Chapel-CH Country Kitchen— CK Community Centre—CC Fitness Centre—FC Open Area— OA Touring—TO Town Hall - TH Virtual - V Library - Lib		1 2:00 Art and Crafts-CK 3:45 You and I-TO 6:30 Bingo- MS	2 10:00 For the Fun of Fit-OA 11:00 Hand Massage-TO 2:00 Brains and Banter-OA 3:00 Java Music Club-CC 4:00 You and I-TO	3 10:00 Feel & Fold—OA 10:30 Art & Craft—AR 11:15 You and I-TO 1:00 Private Communion-TO 2:00 R.C. Communion/Rosary-TH 3:00 Chocolate Bingo-CK 6:30 Music Appreciation-CC	4 11:15 Music Therapy—OA 1:00 In the Kitchen-CK 2:00 Tea Social-CK 3:00 Helping Hands-CK 6:30 Movie Night-CC	5 10:00 For the Fun of Fit-OA 11:00 Express Yourself-CK 2:00 Bingo—MS 3:45 Short Story-PA 6:30 A Little Bit of This and That— CC
6 10:00 For the Soul-OA 11:00 You and I-TO 2:00 Charades-OA 3:30 Church Service-L 4:00 Hand Massage-TO 6:30 Hosanna Singers-CC	7 10:00 For the Fun of Fit-OA 10:30 Art—AR 11:15 Music Therapy—OA 1:30 Chime Choir—Lib 2:30 Reading with Brunch-PA 6:30 Active Games-MS	8 8:00 Breakfast Club-CK 10:00 Hymn Sing-OA 10:30 Chaplain's Chat-OA 2:00 Arts and Crafts-CK 3:30 Sing Along-OA 4:15 You and I-TO	9 10:00 Brains and Banter-OA 11:15 Express Yourself-CK 2:00 Resident Council Meeting-CC 3:00 Short Story-OA 6:30 Java Music Club-CC	10 10:00 Feel & Fold—OA 11:15 You and I-TO 1:00 Private Communion-TO 2:00 R.C. Communion/Rosary-TH 3:00 Chocolate Bingo-CK 6:30 Music Appreciation-CC	11 10:00 Baking-CK 11:00 Busy Hands-CK 2:00 Tea Social-CK 3:45 Sing Along-OA 6:30 Movie Night-CC	12 10:00 For the Fun of Fit-OA 11:00 Soothing Sensation-PA 2:00 Bingo—MS 3:45 Mini-Manicure-TO 6:30 A Little Bit of This and That-CC
13 10:00 Bible Trivia-OA 11:00 Soothing Sensation-PA 2:00 Bean Bag Toss-OA 3:30 Church Service-L 4:00 You and I-TO 6:30 It's Never Too Late-CC	14 <b>Thanksgiving</b> 10:00 For the Fun of Fit-OA 10:30 Art—AR 2:00 Entertainment—MS 2:30 Reading with Brunch-PA 3:30 You and I-TO 6:30 Active Games-MS	15 11:15 Music Therapy—OA 2:00 Arts and Crafts-CK 3:00 Music With David-OA 3:30 You and I-TO 6:30 Bingo- MS	16 10:00 Express Yourself-CK 1-4 Color Trip- sign up is required 2:00 Anglican Communion-TH	17 10:00 Feel & Fold—OA 10:30 Art & Craft—AR 11:15 You and I-TO 1:00 Private Communion-TO 2:00 Catholic Mass-TH 3:00 Chocolate Bingo-CK 6:30 Music Appreciation-CC	18 1:00 In the Kitchen-CK 2:00 Tea Social-CK 3:00 Helping Hands-CK 6:30 Movie Night-CC	19 9:30 Green thumb—AR 10:00 For the Fun of Fit-OA 11:00 Brains and Banter-OA 2:00 Bingo—MS 3:45 Express Yourself-CK 6:30 A Little Bit of This and That-CC
20 10:00 For the Soul-OA 11:00 Express Yourself-CK 2:00 Bowling-OA 3:30 Church Service-L 4:00 You and I-TO 630 It's Never Too Late-CC	21 10:00 You and I-TO 10:30 Art—AR 11:15 Music Therapy—OA 1:30 Chime Choir—Lib 2:30 Reading with brunch-PA 4:00 Stepping Out-TO 6:30 Active Games-MS	10:00 Walter's Tales of Wisdom-OA 2:00 Arts and Crafts-CK 3:30 Brains and banter-OA 6:30 Bingo- MS	23 10:00 Brains and Banter-OA 11:15 Soothing Sensation-PA 2:15 Diwali– Ret 2:00 Horse Race-OA 3:15 You and I-TO 6:30 Java Music Club-CC	24 10:00 Feel & Fold—OA 11:15 You and I-TO 1:00 Private Communion-TO 2:00 R.C. Communion/Rosary-TH 3:00 Chocolate Bingo-CK 6:30 Music Appreciation-CC	25 10:00 Cooking 12:00 Dinning Club-CK 2:00 Brains and Banter-OA 4:00 You and I-TO 6:30 Pub Night-CC	26 10:00 For the Fun of Fit-OA 11:00 Mini-Manicure-TO 2:00 Bingo—MS 3:45 You and I-TO 6:30 A Little Bit of This and That-CC
27 10:00 For the Soul-OA 11:00 Brains and Banter-CK 2:00 Live Worship Music-MS 2:30 Church Service-MS 4:00 You and I-TO 6:30 It's Never Too Late-CC	28 10:00 Hand Massage-TO 10:30 Art—AR 11:15 Music Therapy—OA 1:30 Chime Choir—Lib 2:30 Reading with Brunch-PA 4:00 You and I-TO 6:30 Active Games-MS	29 11:00 Express Yourself-CK 2:00 Birthday Bash—MS 4:00 You and I-TO 6:30 Bingo- MS	30 10:00 Chair Yoga-OA 11:15 Short Story-PA 2:00 Pumpkin Carving—CC 3:30 Express Yourself-CK	31 Halloween 10:00 Feel & Fold—OA 10:30 Art & Craft—AR 11:15 You and I -TO 2:00 1930s Show by The Vaud- cvillian 3:45 Express Yourself-CK 6:30 Music Appreciation-CC	Programs ma to change i	