

# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Emma's Neighbourhood Calendar October 2024</b></p>		<p style="text-align: right;">1</p> <p>8:00 Breakfast 10:15 Neighbourhood Time 11:00 Calendar Delivery 12:00 Lunch 1:00 For The Soul <b>2:30 Hymn Sing - TH</b> 3:30 You &amp; I 5:00 Dinner</p>	<p style="text-align: right;">2</p> <p>8:00 Breakfast 12:00 Lunch 1:00 Neighbourhood Time 3:15 Balloon Volleyball 3:30 You &amp; I 5:00 Dinner 6:30 Movie Mantee</p>	<p style="text-align: right;">3</p> <p>8:00 Breakfast 9:15 Neighbourhood Time 10:30 Express Yourself 12:00 Lunch 2:00 Pub Cart 3:30 Stepping Out 5:00 Dinner</p>	<p style="text-align: right;">4</p> <p>8:00 Breakfast 9:15 Neighbourhood Time 10:30 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:00 Emma's Fitness 5:00 Dinner</p>	<p style="text-align: right;">5</p> <p>8:00 Breakfast 10:15 Neighbourhood Time 11:00 You &amp; I 12:00 Lunch 1:00 Express Yourself <b>2:30 Birthday Party followed by cupcakes in the café - TH</b> 5:00 Dinner</p>
<p style="text-align: right;">6</p> <p>8:00 Breakfast 10:00 Virtual Worship Service– TV <b>10:45 Worship Service – TH</b> <b>11:30 Catholic Communion – TH</b> 12:00 Lunch 1:00 Neighbourhood Time 2:00 Brains and Banter 3:30 Bingo 5:00 Dinner</p>	<p style="text-align: right;">7</p> <p>8:00 Breakfast 9:15 Neighbourhood Time 10:30 Bingo 12:00 Lunch 2:00 Soothing Sensations 3:15 Walking Club with PAL 3:30 You &amp; I 5:00 Dinner</p>	<p style="text-align: right;">8</p> <p style="text-align: center;"><b>Happy Birthday David!</b></p> <p>8:00 Breakfast 9:15 Neighbourhood Time 10:15 Circle of Friends 12:00 Lunch 2:00 Mini Manicures 3:00 Emma's Fitness 3:30 You &amp; I 5:00 Dinner</p>	<p style="text-align: right;">9</p> <p>8:00 Breakfast 12:00 Lunch 1:00 Neighbourhood Time 1:30 In the Kitchen 3:15 Balloon Volleyball 5:00 Dinner 6:30 You &amp; I</p>	<p style="text-align: right;">10</p> <p>8:00 Breakfast 9:15 Neighbourhood Time 10:30 You &amp; I 12:00 Lunch <b>12:00 Ruby Lunch (\$) - T</b> <b>2:30 Entertainment with Mike Barnes - LR</b> 3:30 Stepping Out 5:00 Dinner</p>	<p style="text-align: right;">11</p> <p>8:00 Breakfast 10:15 Neighbourhood Time 10:45 Brains &amp; Banter 12:00 Lunch 2:00 Hymn Sing – LR 3:00 Musical Moments 5:00 Dinner</p>	<p style="text-align: right;">12</p> <p>8:00 Breakfast 9:15 Neighbourhood Time 10:30 Bingo 12:00 Lunch 2:00 Express Yourself 3:30 You &amp; I 5:00 Dinner</p>

# October 2024

Sunday 13	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18	Saturday 19
8:00 Breakfast 10:00 Virtual Worship Service – TV <b>10:45 Worship Service – TH</b> <b>11:30 Catholic Communion – TH</b> 12:00 Lunch 1:00 Neighbourhood Time 2:00 Musical Moments 3:30 You & I 5:00 Dinner	<b>Happy Thanksgiving!</b> <b>Happy Birthday Carmen!</b> 8:00 Breakfast 9:15 Neighbourhood Time 10:00 Stepping Out 11:00 Mini Manicures 12:00 Lunch 2:00 In the Kitchen 5:00 Dinner	8:00 Breakfast 10:15 Neighbourhood Time 11:00 You & I 12:00 Lunch 2:00 Express Yourself 3:00 Emma’s Fitness 3:30 Stepping Out 5:00 Dinner	8:00 Breakfast 12:00 Lunch 1:00 Neighbourhood Time <b>2:00 Visit with Beau the Golden Retriever - T</b> 3:15 Balloon Volleyball 3:45 Bingo 5:00 Dinner 6:30 Movie Mantee	8:00 Breakfast 9:15 Neighbourhood Time 10:15 Movie Mantee <b>10:30 Anglican Church Service - CH</b> 11:00 You & I 12:00 Lunch 2:00 Soothing Sensations 3:30 For the Soul 5:00 Dinner	<b>Happy Birthday Jean S!</b> 8:00 Breakfast 9:15 Neighbourhood Time <b>10:00 Catholic Mass - TH</b> 10:00 Stepping Out 11:00 Circle of Friends 12:00 Lunch <b>12:00 Afternoon of Elegance at the Ruby (\$)</b> 2:00 Bingo 3:00 Emma’s Fitness 5:00 Dinner	8:00 Breakfast 10:15 Neighbourhood Time 10:45 Fun of Fit 12:00 Lunch 2:00 Brains & Banter 3:30 You & I 5:00 Dinner
8:00 Breakfast 10:00 Virtual Worship Service – TV <b>10:45 Worship Service – TH</b> <b>11:30 Catholic Communion - TH</b> 12:00 Lunch 1:00 Neighbourhood Time 2:00 Musical Moments 3:00 Nutty Social 5:00 Dinner	<b>Happy Birthday Audrey!</b> 8:00 Breakfast 9:15 Neighbourhood Time 10:00 Stepping Out 11:00 For the Fun of Fit 12:00 Lunch 2:00 Java Music 3:15 Walking Club with PAL 3:45 Bingo 5:00 Dinner	8:00 Breakfast 9:15 Neighbourhood Time 10:00 Circle of Friends 11:00 You & I 12:00 Lunch 2:00 In the Kitchen 3:00 Emma’s Fitness 5:00 Dinner	8:00 Breakfast 12:00 Lunch 1:00 Neighbourhood Time 2:00 Movie Mantee 3:15 Balloon Volleyball 5:00 Dinner 6:30 You & I	8:00 Breakfast 9:15 Neighbourhood Time 10:00 Stepping Out 11:00 You & I 12:00 Lunch <b>12:00 Ruby Lunch (\$) - T</b> 2:00 Bingo 3:00 Decorate for Halloween 5:00 Dinner	8:00 Breakfast 10:15 Neighbourhood Time 11:00 You & I 12:00 Lunch 2:00 Hymn Sing – LR 3:00 Circle of Friends 4:00 You & I 5:00 Dinner	8:00 Breakfast 9:15 Neighbourhood Time 10:00 Java Music 12:00 Lunch 2:00 In the Kitchen 3:00 You & I 5:00 Dinner

# October 2024

SUNDAY 27	MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	LEGEND
8:00 Breakfast 10:00 Virtual Worship Service – TV <b>10:45 Worship Service – TH</b> <b>11:30 Catholic Communion – TH</b> 12:00 Lunch 1:00 Neighbourhood Time 2:00 Express Yourself 3:30 Fun of Fit 5:00 Dinner	8:00 Breakfast 9:15 Neighbourhood Time 10:00 Stepping Out 12:00 Lunch <b>2:00 Visit with Beau the Golden Retriever - T</b> 3:15 Walking Club with PAL 4:00 You & I 5:00 Dinner	8:00 Breakfast 10:15 Neighbourhood Time 11:00 You & I 12:00 Lunch 2:00 Bingo 3:00 Emma’s Fitness 3:30 Stepping Out 5:00 Dinner	<b>Happy Birthday Doreen!</b> 8:00 Breakfast 12:00 Lunch 1:00 Neighbourhood Time 2:00 Express Yourself 3:15 Balloon Volleyball 4:00 Fun of Fit 5:00 Dinner 6:30 Movie Mantee	<b>Happy Halloween!</b> <b>Happy Birthday Yussuf!</b> 8:00 Breakfast 9:15 Neighbourhood Time 10:00 Stepping Out 11:00 Halloween Pub Cart 12:00 Lunch <b>2:00 Costume Parade - SC</b> <b>2:30 Halloween Party – TH</b> 3:30 Halloween Bingo 5:00 Dinner	<b>TH- Town Hall</b>  <b>MS- Main Street</b>  <b>SC- Senior Centre</b>  <b>LR- Living Room</b>  <b>T- Travelling</b>  <b>CH - Chapel</b>