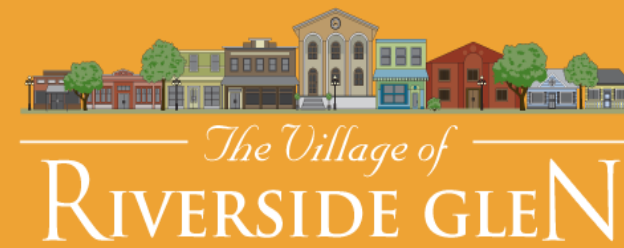




September 2024

Emma



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00 Breakfast 10:00 Church Service 11:00 Circle of Friends 12:00 Lunch 2:00 Neighbourhood Time 3:00 Calendar Planning 5:00 Dinner	2 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 For the Fun for Fit 3:00 Express Yourself 5:00 Dinner 6:30 Sing Along	3 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 1:30 Hymn Sing 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	4 8:00 Breakfast 10:30 Songbirds Choir 12:00 Lunch 2:00 Neighbourhood Time 3:00 Church Service 5:00 Dinner 6:30 Movie Night	5 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:00 In the Kitchen 3:30 Musical Moments 5:00 Dinner 6:30 Soothing Sensations	6 8:00 Breakfast 10:00 Neighbourhood Time 10:30 In the Kitchen 12:00 Lunch 2:00 Stepping Out 3:00 Treat Cart 5:00 Dinner 6:30 Musical Moments	7 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Circle of Friends 3:30 Fitness with Melissa 5:00 Dinner
8 Grandparents Day 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 Grandparents Day Social 3:00 You and Me 5:00 Dinner	9 8:00 Breakfast 10:00 RC Communion 11:00 Java Music Time 12:00 Lunch 2:00 Entertainment with Bill 3:30 Hope for the Heart 5:00 Dinner 6:30 Sing Along	10 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 1:30 Hymn Sing 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	11 8:00 Breakfast 10:30 Songbirds Choir 12:00 Lunch 2:00 Neighbourhood Time 3:00 Church Service 5:00 Dinner 6:30 Movie Night	12 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:00 Musical Moments 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	13 8:00 Breakfast 10:00 Neighbourhood Time 10:30 In the Kitchen 12:00 Lunch 1:00 Dance Party with Hilda 3:00 Café Cart 5:00 Dinner 6:30 Musical Moments	14 8:00 Breakfast 10:00 Morning Movie 11:00 Drum Fit 12:00 Lunch 2:00 Neighbourhood Time 3:30 Musical Moments 5:00 Dinner
15 8:00 Breakfast 10:00 Church Service 11:00 Circle of Friends 12:00 Lunch 2:00 Neighbourhood Time 3:00 You and Me 5:00 Dinner	16 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Terry Fox Walk 3:00 Express Yourself 5:00 Dinner 6:30 Sing Along	17 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 2:00 Entertainment Aiden Purnell 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	18 8:00 Breakfast 10:30 Songbirds Choir 12:00 Lunch 2:00 Neighbourhood Time 3:00 Church Service 5:00 Dinner 6:30 Movie Night	19 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:00 Music with Wendy 2:30 Memorial Service 5:00 Dinner 6:30 Soothing Sensations	20 8:00 Breakfast 10:00 Neighbourhood Time 11:00 In the Kitchen 12:00 Lunch 2:00 For the Fun for Fit 3:00 Happy Hour 5:00 Dinner 6:30 Musical Moments	21 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Circle of Friends 3:30 Fitness with Melissa 5:00 Dinner
22 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 Musical Moments 3:00 You and Me 5:00 Dinner	23 8:00 Breakfast 10:00 RC Communion 11:00 Java Music Time 12:00 Lunch 2:00 Neighbourhood Time 3:00 Hope for the Heart 5:00 Dinner 6:30 Sing Along	24 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 1:30 Hymn Sing 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	25 8:00 Breakfast 10:30 Songbirds Choir 12:00 Lunch 2:00 Neighbourhood Time 3:00 Church Service 5:00 Dinner 6:30 Movie Night	26 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:00 Music with Wendy 2:00 Birthday Party with Grace Ingrid 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	27 8:00 Breakfast 10:00 Neighbourhood Time 11:00 In the Kitchen 12:00 Lunch 1:00 Dance Party with Hilda 3:00 Emma's Birthday Treats 5:00 Dinner 6:30 Musical Moments	28 8:00 Breakfast 10:00 Morning Movie 11:00 Drum Fit 12:00 Lunch 2:00 Neighbourhood Time 3:30 Musical Moments 5:00 Dinner
29 8:00 Breakfast 10:00 Church Service 11:00 Circle of Friends 12:00 Lunch 2:00 Neighbourhood Time 3:00 You and Me 5:00 Dinner	30 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Fitness with Melissa 3:00 Express Yourself 5:00 Dinner 6:30 Sing Along					