



# September 2024

## Emma's Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 TV Church 10:30 Stepping Out 2:00 Church on Emma's 3:30 Brains and Banter	<b>2</b> 10:00 Bingo 11:00 You and Me 1:30 Pet Visits 2:30 SMART Exercises 3:30 Musical Moments	<b>3</b> 10:00 Classical Connections 11:00 You & Me 2:30 For the Fun of Fit 3:00 Brains and Banter	<b>4</b> 10:00 Church with Hector 10:30 <b>Catholic Mass-R</b> 1:30 Stepping Out 2:30 SMART Exercises 3:30 Our Musical Past 6:30 Pub Night	<b>5</b> 10:00 Stepping Out 11:00 Bingo 2:00 Exercises with Heather 3:30 Express Yourself	<b>6</b> 10:30 Ladies Club 10:30 Stepping Out 2:00 For the Fun of Fit 3:30 Brains and Banter  <b>2-4 Travelling "Pop" In for a Chat -W</b>	<b>7</b> 10:00 <b>Rosary Service-Ch</b> 11:00 Musical Moments 2:00 <b>Grandparents Day Carnival-P</b>
<b>8 Grandparent's Day</b> 10:00 TV Church 10:30 Stepping Out 2:00 For the Fun of Fit 3:30 Brains and Banter	<b>9</b> 10:00 Bingo 11:00 You and Me 1:00 <b>Country Drive Outing</b> 1:30 Pet Visits 2:30 SMART Exercises 3:30 Musical Moments	<b>10</b> 10:00 Classical Connections 11:00 You & Me 2:30 For the Fun of Fit 3:00 Brains and Banter	<b>11 Yom Kippur</b> 10:00 Church with Hector 10:30 <b>Intergenerational Music</b> 11:00 Walk with Heather 2:30 SMART Exercises 3:30 Our Musical Past 6:30 Pub Night	<b>12</b> 10:00 Stepping Out 11:00 Bingo 2:00 For the Fun of Fit 3:30 Express Yourself	<b>13</b> 10:30 Ladies Club 10:30 Stepping Out 2:00 Exercises with Heather 3:30 Brains and Banter	<b>14</b> 10:00 For the Fun of Fit 11:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit
<b>15 Terry Fox Day</b> 10:00 TV Church 10:30 Stepping Out 2:00 Church on Emma's 3:30 Brains and Banter	<b>16</b> 10:00 Bingo 11:00 You and Me 1:30 Pet Visits 2:30 SMART Exercises 3:30 Musical Moments	<b>17</b> 10:00 Classical Connections 11:00 You & Me 2:30 For the Fun of Fit 3:00 Brains and Banter	<b>18</b> 10:00 Church with Hector 10:30 <b>Intergenerational Music</b> 11:00 Walk with Heather 2:30 SMART Exercises 3:30 Our Musical Past 7:00 <b>Glory Road Acapella Group-DR</b>	<b>19</b> 10:00 Stepping Out 11:00 Bingo 2:00 For the Fun of Fit 3:30 Express Yourself	<b>20</b> 10:30 Ladies Club 10:30 Stepping Out 10:30 <b>Anglican/Lutheran Communion-PC</b> 2:00 Exercises with Heather 3:30 Brains and Banter	<b>21</b> 10:00 For the Fun of Fit 11:00 Musical Moments 2:00 Crafts 3:00 <b>Jimmy's Old Time Radio Show</b>
<b>22 First Day of Fall</b> 10:00 TV Church 10:30 Stepping Out 2:00 For the Fun of Fit 3:30 Brains and Banter	<b>23</b> 10:00 Bingo 11:00 You and Me 1:00 <b>Country Drive Outing</b> 1:30 Pet Visits 2:30 SMART Exercises 3:30 Musical Moments	<b>24</b> 10:00 Classical Connections 11:00 You & Me 2:00 For the Fun of Fit 3:00 Brains and Banter	<b>25</b> 10:00 Church with Hector 10:30 <b>Intergenerational Music</b> 11:00 Walk with Heather 2:30 SMART Exercises 3:30 Our Musical Past 6:30 Pub Night	<b>26</b> 10:00 Stepping Out 11:00 Bingo 2:00 For the Fun of Fit 3:30 Express Yourself	<b>27</b> 10:30 Ladies Club 10:30 Stepping Out 2:00 Exercises with Heather 3:30 Brains and Banter	<b>28</b> 10:00 For the Fun of Fit 1:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit
<b>29</b> 10:00 TV Church 10:30 Stepping Out 2:00 Crafts 3:30 Brains and Banter	<b>30 National Truth and Reconciliation Day</b> 10:30 <b>Protestant Communion -PC</b> 11:00 You and Me 1:30 Pet Visits 2:30 SMART Exercises 3:30 Musical Moments				<b>LEGEND</b> DR Main Dining Room 1 <sup>st</sup> Floor Ch Chapel 1 <sup>st</sup> Floor JS John Sweeney- 1 <sup>st</sup> Floor L Library-1 <sup>st</sup> Floor R Roseville 4 <sup>th</sup> Floor LTC PC Pinehaven Community Centre	