



October 2024

EMMA'S NEIGHBOURHOOD



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 09:30 In the Kitchen: Waffles 11:00 Fitness 02:00 Ball Toss 02:30 Oktoberfest Celebration: Polka Dancers - TS	2 11:00 Fitness 01:00 Brains and Banter 02:00 Hymn Sing with Bobo 03:00 Java Music Club 04:15 Mind Joggers 06:00 Stepping out	3 Rosh Hashanah 09:30 Express yourself 11:00 Fitness 02:00 You and Me 03:00 Spa Treatments 04:00 Puzzle Hour	4 World Smile Day 09:15 Neighbourhood Time 10:20 Green Thumbs Club 11:00 Fitness 11:00 Celebration of Life 02:30 You and Me 03:30 Bingo	5 09:30 Spa Treatments 10:15 Brains and Banter 11:00 Fitness 02:15 Soccer 03:00 Word Game
6 09:30 Café Social 10:30 Church Service 11:00 Fitness 02:30 Balloon Volleyball 03:30 Creative coloring	7 Active Aging Week Begins 09:30 Soothing Sensations 10:15 You and Me 11:00 Fitness 02:30 Outing: James Gardens Walk 03:30 Balloon Volleyball	8 09:30 In the Kitchen: Poppyseed Muffins 11:15 Dancing with Robin 02:00 Target Toss 02:30 Afternoon Concert with Davis Steven - TS	9 11:00 Fitness 01:00 Brains and Banter 02:00 Hymn Sing with Bobo 03:00 Java Music Club 04:15 Mind Joggers 06:00 Stepping out	10 World Mental Health Day 09:30 Express yourself 11:00 Fitness 02:00 Horse Racing 03:00 Spa Treatments 04:00 Puzzle Hour	11 Active Aging Week Ends 09:15 Neighbourhood Time 10:20 Green Thumbs Club 11:00 Fitness 02:30 You and Me 03:30 Bingo	12 Yom Kippur 09:30 Spa Treatments 10:15 Brains and Banter 11:00 Fitness 02:15 Soccer 03:00 Word Game
13 09:30 Café Social 10:30 Church Service 11:00 Fitness 02:15 Balloon Volleyball 03:00 Sing a Long with M&M Treats- TH 04:00 Creative coloring	14 09:30 Soothing Sensations 10:15 You and Me 11:00 Fitness 02:30 Thanksgiving Concert with Tristan - TS 03:30 Scrabble	15 09:30 In the Kitchen: Chocolate Cupcakes 11:00 Fitness 02:00 Ball Toss 03:30 Bingo	16 11:00 Fitness 01:00 Brains and Banter 02:00 Hymn Sing with Bobo 03:00 Java Music Club 04:15 Mind Joggers 06:00 Stepping out	17 Pasta Day 09:30 Express yourself 11:00 Fitness 02:00 You and Me 02:00 Pasta Bar Social 03:00 Spa Treatments 04:00 Puzzle Hour	18 09:15 Neighbourhood Time 10:20 Green Thumbs Club 11:00 Fitness 02:30 You and Me 03:30 Bingo	19 09:30 Spa Treatments 10:15 Brains and Banter 11:00 Fitness 02:15 Soccer 03:00 Word Game
20 09:30 Café Social 10:30 Church Service 11:00 Fitness 02:30 Balloon Volleyball 03:30 Creative coloring	21 09:30 Balcony Social 10:15 You and Me 11:00 Fitness 02:30 Express Yourself 03:30 Balloon Volleyball	22 National Nut Day 09:30 In the Kitchen: Peanut Butter Cookies 11:00 Fitness 02:00 Target Toss 03:30 Bingo	23 11:00 Fitness 01:00 Brains and Banter 02:00 Hymn Sing with Bobo 03:00 Java Music Club 04:15 Mind Joggers 06:00 Stepping out	24 09:30 Express yourself 11:00 Fitness 02:00 Horse Racing 03:00 Spa Treatments 04:00 Puzzle Hour	25 09:15 Neighbourhood Time 10:20 Green Thumbs Club 11:00 Fitness 02:30 You and Me 03:30 Bingo	26 09:30 Spa Treatments 10:15 Brains and Banter 11:00 Fitness 02:15 Soccer 02:30 Malta Band Concert - TS
27 09:30 Café Social 10:30 Church Service 11:00 Fitness 02:30 Balloon Volleyball 03:30 Creative coloring	28 09:30 Soothing Sensations 10:15 You and Me 11:00 Fitness 02:00 Pumpkin Carving/Painting-TS 03:30 Scrabble	29 National Cat Day 09:30 In the Kitchen: Tarts 11:00 Fitness 02:00 Target Toss 03:30 Bingo	30 11:00 Fitness 01:00 Brains and Banter 02:00 Hymn Sing with Bobo 03:00 Java Music Club 04:15 Mind Joggers 06:00 Stepping out	31 Halloween! 09:30 Express yourself 11:00 Fitness 02:00 Horse Racing 02:30 Halloween Concert with Johnny Scat 04:00 Puzzle Hour		