



October 2024

EMMA'S NEIGHBOURHOOD



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|---|---|
| Legend JS = John Sweeney/Community Room FL = Fireside Lounge HS = Hobby Shop R = Roseville (LTC 4th floor) DR = Dining Room W = Winnies Pub Ch = Chapel PC=Pine haven Community room MS=Main Street | | 1 Active Aging Week Int. Day of the Older Person 8:30 SPECIAL BREAKFAST 10:00 Classical Connections 11:00 You & Me 2:30 For the Fun of Fit 3:00 Brains and Banter | 2 Rosh Hashanah begins 10:00 Church with Hector 10:15 Music Therapy 10:30 Catholic Mass-R 11:00 Walk with Heather 1:30 Stepping Out 2:30 SMART Exercises 3:30 Our Musical Past 6:30 Soothing Sensations | 3 Navratri Begins 10:00 Stepping Out 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit | 4 Rosh Hashanah ends 10:30 Ladies Club 10:30 Stepping Out 2:00 Exercises with Heather 3:30 Brains and Banter | 5 10:00 Rosary Service-Ch 11:00 Musical Moments 1-4 Art Show –JS 2:00 You and Me 3:00 For the Fun of Fit |
| 6 10:00 TV Church 10:30 Stepping Out 2:00 Church on Emma's 3:30 Brains and Banter | 7 10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 Pet Visits 3:30 Winston Park Choir Practice –JS | 8 10:00 Classical Connections 11:00 You & Me 2:00 Brains and Banter 3:00 Derek Byrne | 9 10:00 Church with Hector 10:15 Music Therapy 11:00 Walk with Heather 1:30 Stepping Out 2:30 SMART Exercises 3:30 Our Musical Past 6:30 Pub Night | 10 10:00 Stepping Out 11:00 Bingo 1:00 Country Drive 2:00 You and Me 3:30 For the Fun of Fit | 11 Yom Kippur 10:30 Ladies Club 10:30 Stepping Out 2:00 Exercises with Heather 3:30 Brains and Banter | 12 Yom Kippur Navratri ends 10:00 Stepping Out 11:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit |
| 13 10:00 TV Church 10:30 Stepping Out 2:00 Movie and Popcorn 3:30 Brains and Banter | 14 THANKSGIVING 10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 Exercises 3:30 Pet Visits 3:30 Winston Park Choir Practice –JS | 15 10:00 Classical Connections 11:00 You & Me 2:30 For the Fun of Fit 3:00 Brains and Banter | 16 10:15 Music Therapy 11:00 Walk with Heather 1:30 Stepping Out 2:30 SMART Exercises 3:30 Our Musical Past 6:30 Soothing Sensations | 17 Sukkot begins 10:00 Stepping Out 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit | 18 10:30 Ladies Club 10:30 Stepping Out 10:30 Anglican/Lutheran Communion-PC 2:00 Exercises with Heather 3:30 Brains and Banter | 19 10:00 Stepping Out 11:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit |
| 20 10:00 TV Church 10:30 Stepping Out 2:00 Church on Emma's 3:30 Brains and Banter | 21 OKTOBERFEST WEEK 10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 Pet Visits 3:30 Winston Park Choir Practice –JS | 22 2:30 For the Fun of Fit 3:00 Brains and Banter 7:00 Oktoberfest Band-DR | 23 10:00 Church with Hector 10:15 Music Therapy 11:00 Walk with Heather 2:30 SMART Exercises 3:30 Our Musical Past | 24 9:30 St. Jacob's Farmer's Market Outing 10:00 Stepping Out 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit | 25 10:30 Ladies Club 10:30 Stepping Out 2:00 Exercises with Heather 3:30 Brains and Banter | 26 10:00 Stepping Out 11:00 Musical Moments 2:00 Halloween Costume Parade –MS 3:00 For the Fun of Fit |
| 27 10:00 TV Church 10:30 Stepping Out 2:00 Movie and Popcorn 3:30 Brains and Banter | 28 10:30 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 Pet Visits 3:30 Winston Park Choir Concert –DR | 29 10:00 Classical Connections 11:00 You & Me 2:30 Brains and Banter 3:30 Brian's Snake Show (No Live Snakes) | 30 10:00 Church with Hector 10:15 Music Therapy 11:00 Walk with Heather 1:30 Stepping Out 2:30 SMART Exercises 3:30 Our Musical Past 6:30 Soothing Sensations | 31 Halloween Samhain Diwali starts 10:00 Stepping Out 11:00 Bingo 2:00 For the Fun of Fit 3:30 You and Me | | |