



# September 2024

Hazel Lane



**ERIN MILLS**  
*Lodge*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:30 Church Services 11:00 Hymn Sing 2:30 Flower Arranging	<b>2</b> 10:30 Express yourself 11:00 Soothing sensations 2:15 Group Exercise	<b>3</b> 10:30 Group Exercise (CQ) 1:00 Book Club 2:30 Arm-Chair Travel: France 6:30 Stepping out	<b>4</b> 10:30 Trivia 11:00 You and me 2:15 Group Exercise	<b>5</b> 10:30 Group Exercise 1:30 Dog Visit 2:30 Euchre Tournament (AR)	<b>6 National Read a Book Day</b> 10:30 Group Exercise 2:30 Book Club	<b>7</b> 10:30 Ballon Tennis 11:00 Friendly visits <b>2:30 Bowling (CQ)</b> 6:30 Travelogue
<b>8 Grandparent's Day</b> 10:30 Church Services 11:00 Hymn Sing <b>2:30 High Tea Social (CQ)</b> 6:30 Stepping out	<b>9</b> <b>10:30 Chair Yoga (CQ)</b> 2:15 Group Exercise	<b>10 TV Dinner Day</b> 10:30 Chair Yoga 1:00 Neighborhood time 2:30 Group Exercise 6:30 Movie Night	<b>11</b> 10:30 Kindness on Rocks 2:15 Group Exercise <b>2:30 BINGO (CQ)</b>	<b>12</b> 10:30 Group Exercise 1:30 Dog Visit 2:30 Euchre Tournament (AR) 2:30 Java Music Club	<b>13</b> 10:30 Group Exercise 2:30 Baking	<b>14</b> 10:30 Mandala Coloring 11:00 Musical moments 2:30 Arm-Chair Travel : Japan
<b>15 Terry Fox Day</b> 10:30 Church Services 11:00 Hymn Sing 2:30 Lantern Making	<b>16 Resident Council Week</b> 10:30 Word Connect 11:00 Sing along 2:15 Group Exercise	<b>17 Harvest Moon Festival</b> 10:30 Group Exercise 1:00 Soothing sensations 2:30 RC Communion (CQ) 6:30 Trivia	<b>18</b> <b>10:30 Chair Yoga (CQ)</b> 2:15 Group Exercise	<b>19</b> 10:30 Group Exercise 1:30 Dog Visit 2:30 Euchre Tournament (AR) 2:30 Picture Bingo	<b>20</b> 10:30 Group Exercise 2:30 BINGO	<b>21 World Alzheimer's Day</b> 10:30 Fall Crafts (AR) 2:30 Movie & Popcorns (CQ) 6:30 Stepping out
<b>22 First Day of Fall</b> 10:30 Church Service 11:00 Hymn Sing 2:30 Fall decorations 6:30 Bingo	<b>23</b> <b>10:30 Art Class (AR)</b> 2:15 Group Exercise	<b>24 Arts &amp; Aging Day</b> 10:30 Group Exercise 1:00 Table golf <b>2:30 Birthday Party with David T (CQ)</b> 6:30 Art and crafts evening	<b>25</b> <b>10:30 Chair Yoga (CQ)</b> 2:15 Group Exercise	<b>26</b> 10:30 Group Exercise 1:30 Dog Visit 2:30 Euchre Tournament (AR) <b>2:30 Resident Council &amp; Food Committee (CQ)</b>	<b>27</b> 10:30 Group Exercise 2:30 Beer Tasting	<b>28</b> 10:30 Chair Zumba 11:00 You and me 2:30 Card games
<b>29</b> 10:30 Church Services 11:00 Hymn Sing 2:30 Pass the ball & stop the music	<b>30 National Truth &amp; Reconciliation Day</b> <b>10:30 Art Class (AR)</b> 2:15 Group Exercise					<b>Recreation Team Members</b> Komal, Manjeet and Mehak  <b>Neighborhood Coordinator</b> Kavita Rani