



October 2024

Islington Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Active Aging Week 09:00 Horticulture Therapy 10:00 Chair Exercise 11:00 Music Therapy 02:30 Oktoberfest Celebration: Polka Dancers - TS	2 01:00 You & Me 02:00 Neighborhood time 03:15 Express Yourself: Pumpkin Making 06:15 Social: Wine and Cheese	3 Rosh Hashanah 10:00 Manicure 11:00 For the Fun of Fit 02:00 Bingo 02:30 Outing: James Garden Park	4 World Smile Day 10:00 For the Fun of Fitness 10:30 Brains & Banter 01:00 Fellowship Service 02:15 World Smile Day Cookies 03:30 Stepping Out	5 10:00 Java Music Club 11:00 Express Yourself 02:00 Stepping out 03:00 In the Kitchen: Smoothie 04:00 You and Me
6 10:00 Fellowship service 10:30 Virtual catholic Mass 11:00 Brains and Banter 02:00 Social: Iced Coffee 03:00 Stepping Out	7 10:00 Musical Moments 11:00 Express Yourself: Apple Stamping 02:00 Neighbourhood Time 03:00 Soothing Sensations	8 Vendor: Fifth Avenue Jewelry 09:00 Horticulture Therapy 10:00 In the Kitchen: Pancakes 11:00 Music Therapy 02:00 Express Yourself: Craft 03:00 Circle of Friends	9 01:30 Outing: Pumpkin Picking 02:30 For the Fun of Fit: Bocce Ball 03:30 Brains and Banter 07:00 First Leaf's Game of the	10 World Mental Health Day 10:00 Manicure 10:45 Express Yourself: Art 02:00 Bingo 03:00 Soothing Sensation 04:00 You and Me	11 10:00 Mathletes 11:00 For the Fun of Fit 01:00 Fellowship Service 03:00 Soothing Sensations 04:00 You & Me	12 Yom Kippur 10:00 Musical Moments 11:00 Brains & Banter 02:00 You & Me 03:00 Social: Challah Bread 04:00 Neighborhood Time
13 10:00 Fellowship Service 10:30 Virtual Catholic Mass 02:00 Neighbourhood Time 02:30 Pumpkin Painting 04:00 You & Me	14 Thanksgiving 10:00 Express Yourself: Tree of Thanks 02:30 Thanksgiving Entertainment: Tristan 04:00 You and Me	15 09:00 Horticulture Therapy 10:00 In the Kitchen: Cupcake 11:00 Music Therapy 02:00 Halloween Decoration 03:00 Stepping Out	16 Vendor: Monica's Fashion 01:30 You & Me 02:00 Neighborhood time 03:00 Express Yourself 03:00 Food Committee 04:00 Stepping Out	17 Pasta Day 10:00 Manicure 11:00 Bingo 02:00 Pasta Bar Social 03:30 Entertainment: Joseph 04:00 Stepping Out	18 10:00 Musical Moments 11:00 Mathletes 01:00 Fellowship Service 02:00 Bingo 03:00 You & Me	19 10:00 Java Music Club 11:00 Express Yourself 02:00 Brains and Banter 03:00 Social: Wine and Cheese 04:00 You and Me
20 10:00 Fellowship Service 10:30 Virtual Catholic Mass 11:00 It's Never too late 02:00 Neighborhood Time 03:00 For the Fun of Fit	21 10:00 For the Fun of Fit 11:00 Trivia 02:00 Outing: Cloverdale Mall 03:00 Soothing Sensations 04:00 Neighbourhood Time	22 Grace Notes Quire 09:00 Horticulture Therapy 10:00 For the Fun of Fit 11:00 Music Therapy 02:00 Express Yourself: Halloween Craft 04:00 You and Me	23 01:30 You & Me 02:00 Neighborhood time 03:00 Brains and Banter 05:00 Diner's Club 06:15 You and Me	24 10:00 Manicures 11:00 For the Fun of Fit 02:00 Bingo 03:00 Resident Council Meeting 04:00 You and Me	25 10:00 It's Never Too Late 11:00 Celebration of Life 02:00 Express Yourself: Water-colour 03:00 Circle of Friends 04:00 Stepping Out	26 10:00 For the Fun of Fitness 11:00 Mathletes 02:30 Maltese Band Concert 04:00 Neighbourhood Time
27 10:00 Fellowship Service 10:030 Virtual Catholic Mass 01:30 Outing: Kensington Market 03:00 Soothing Sensations 04:00 Stepping Out	28 10:00 Halloween Cart Decorating 11:00 Express Yourself: Halloween Mask Making 02:00 Bingo 03:00 Book Club 04:00 You and Me	29 National Oatmeal Day 09:00 Horticulture Therapy 10:00 In the Kitchen: Oatmeal Cookie 11:00 Music Therapy 02:15 Express Yourself: Jack O' Lantern	30 Vendor: Holistic Vendor 01:30 You & Me 02:00 Games: Penny-ante! 03:00 Brains and Banter 06:00 Social: Wine and Cheese	31 Halloween! 10:00 Brains and Banter: Halloween Quiz 11:00 Halloween Parade 02:30 Halloween Concert with Johnny Scat 04:00 Stepping out		