

## September 2024

The Village at
UNIVERSITY GATES

## **Johnston Neighbourhood**

January Park Commission Hongrid and Commissio						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Weekend Perks 10:00 For The Soul 1:30 Let's Do a Craft 3:00 Puzzle It Out	Labour Day 9:30 Express Yourself 11:00 Let's Color 12:30 Greenhouse Drop-in 1:30 Manicures 3:00 Stepping Out 6:30 Game Show Trivia (CC)	3 9:00-12:00 Outing To Waterloo Walmart (BUS) 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	9:15 Art with Sonal 10:00 Contemplating with Mike (C) 10:30 Manicures 1:30 Puzzle It Out 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)	5 9:30 Church Service (C) Back To Basic's 10:00am-4:00pm Stepping Out 10:00 Green Thumbs 12:30 Greenhouse Drop-in 2:00 Brains and Banter 6:30 Active Games (MS)	6 10:00 Express Yourself 2:00 BINGO (J0) 3:30 Active Games (FC) 6:30 Crafting Club (CC)	7 9:30 Weekend Perks 10:00 Tim Hortons Cart Tim Bits & Coffee 1:30pm Card Games Afternoon (CC)
Grandparent's Day 9:30 Weekend Perks 10:00 For The Soul 2:00 Entertainment with Elvis' 3 Brothers (MS)	9 10:30 Sit 'N Get Fit 12:30 Greenhouse Drop-in 2:00 Brains and Banter 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	10 9:30 Rosary (C) 10:30 Let's Paint 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	9:15 Art with Sonal 10:30 Stepping Out 1:30 Puzzle It Out 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Church Service (C) 10:00 Green Thumbs 12:30 Greenhouse Drop-in 1:00– 4:00pm Outing To Goodwill (VAN) 2:00 Resident Council Meeting (C) 6:30 Active Games (MS)	9:30 Manicures 11:00 Express Yourself 2:00 Lets' Color 3:30 Active Games (FC) 6:30 Crafting Club (CC)	14 9:30 Weekend Perks 10:30 You and Me 2:00 Entertainment with Henry Winter (Ma)
15 9:30 Weekend Perks 10:00 For The Soul 2:00 Let's Paint 3:00 Puzzle It Out	16 9:00 Conversation Café 10:30 Sit 'N Get Fit 12:30 Greenhouse Drop-in 2:00 Residents Bill Of Rights and Calendar Planning 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	17 9:30 Rosary (C) 10:00 Terry Fox Walk 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	9:15 Art with Sonal 10:00 Contemplating Life With Mike (C) 10:30 Stepping Out 1:30 Craft Time 3:30 Balance Class (FC) 6:30 Games Night (CC)	19 9:30 Church Service (C) 10:00 Green Thumbs 2:00 Board Games 12:30 Greenhouse Drop-in 5:00pm Take Out Supper (KFC) 6:30 Active Games (MS)	20 9:30 Manicures 11:00 Puzzle It Out 1:00pm-4:00pm Antique Car Show 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9:30 Weekend Perks 11:00 Ride for Dementia 2:00 Pub Afternoon & Entertainment with Lynne & Rick (MS)
Fall Begins 9:30 Weekend Perks 10:00 For The Soul 2:00 BINGO (JO)	23 10:30 Sit 'N Get Fit 12:30 Greenhouse Drop-in 2:00 You and Me Time 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	24 9:30 Rosary (C) 10:30 Let's Paint 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	9:15 Art with Sonal 10:30 Express Yourself 2:00 Food Committee Meeting 6:30 Games Night (CC)	9:30 Church Service (C) 10:00 Green Thumbs 12:30 Greenhouse Drop-in 2:00 Stepping Out 6:30 Active Games (MS)	9:30 Let's Color 10:30 Manicures 2:00 BINGO (JO) 3:30 Active Games (FC) 6:30 Crafting Club (CC)	28 9:30 Weekend Perks 10:30 Let's Paint 2:00 Entertainment with Jame Skarnikat (Jo)
29 9:30 Weekend Perks 10:00 For The Soul 1:30pm Craft Time 3:00 Let's Colour	National Day for Truth and Reconciliation  10:30 Sit 'N Get Fit 12:30 Greenhouse Drop-in 2:00 Every Child Matters Film (C) 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)		Johnston: Jo Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do	Main Street: MS Community Centre: CC Chapel: C Library: L Fitness Centre: FC Courtyard: CY		