



October 2024

Lambton Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Active Aging Week 09:30 Neighbourhood Time 10:00 Manicures 11:00 Horticultural Therapy 12:00 Lunch 02:30 Spiritual Service 02:30 Oktoberfest Celebration: Polka Dancers - TS 04:00 You & Me	2 12:00 Lunch 01:00 Neighbourhood Time 02:00 Music Therapy 03:20 For the Fun of Fit 04:20 Feel & Fold 05:00 Dinner 06:30 Express Yourself	3 Rosh Hashanah 10:00 Group Walk 10:00 Anglican Church Service 11:00 For the fun of Fit 12:00 Lunch 02:30 James Garden Park 03:00 Protein bar Social 04:00 Book Club	4 World Smile Day 12:00 Lunch 02:30 Express Yourself: Halloween Cats 04:00 Circle of Friends 05:00 Dinner 06:30 Sing Along with Suzie	5 09:30 Adele - Storyteller 10:30 Italian Club 12:00 Lunch 02:30 Express Yourself 03:30 Stepping Out 04:00 Feel & Fold
6 10:00 Fellowship Service 10:00 Circle of Friends 12:00 Lunch 02:00 Apple Stamping 03:00 Book Club 04:00 Dominoes	7 09:30 Dancing with Parkinson's 09:30 In the Kitchen: Buns 10:00 Stepping Out 11:00 In the Kitchen Cont'd 12:00 Lunch. 02:30 Tea Social 04:00 You & Me	8 Fifth Avenue Jewelry 10:00 Manicures 11:00 Horticultural Therapy 12:00 Lunch 02:30 Spiritual Service 03:00 Express Yourself 04:20 Feel & Fold	9 12:00 Lunch 01:30 Pumpkin Picking 02:00 Music Therapy 03:00 Express Yourself 04:00 You & Me 07:00pm First Leafs Game of the Season - TH	10 World Mental Health Day 10:00 Soothing Sensations 11:00 Stepping Out 12:00 Lunch 02:30 For the fun Of Fit 03:30 Neighbourhood Time 04:00 Dominos	11 09:30 Neighbourhood Time 10:00 In the Kitchen: Baking 12:00 Lunch 02:30 For the fun of fit 04:00 Feel & Fold	12 Yom Kippur 09:30 Neighbourhood Time 11:00 Java Music 12:00 Lunch 01:30 You & Me 02:30 Yom Kippur Social 03:30 Circle of Friends
13 09:30 For the Soul Spiritual Music 10:00 Fellowship Service 10:30 Neighborhood Time 12:00 Lunch 02:30 Pumpkin Painting 03:30 Circle of Friends	14 Thanksgiving 09:30 Neighbourhood Time 10:00 It's Never Too Late 11:00 Stepping Out 12:00 Lunch 02:30 Thanksgiving Entertainment: Tristan 04:00 You & Me	15 10:00 Manicures 11:00 Horticultural Therapy 12:00 Lunch 02:30 Spiritual Service 03:00 For the fun of fit 04:00 Halloween Decorating	16 Vendor - Monika's Fashion 01:00 Neighbourhood Time 02:00 Music Therapy 03:20 Bingo 03:00 Food Committee 04:30 You & Me 05:00 Dinner 06:30 Group Walk	17 Pasta Day 09:30 Neighbourhood Time 10:00 For the fun of Fit 12:00 Lunch 02:00 Pasta Bar Social 03:00 Stepping Out 04:00 Feel & Fold	18 12:00 Lunch 02:30 Entertainment: Emilio 05:00 Dinner 06:30 Movie & Treats	19 09:30 Adele Storyteller 10:30 In the Kitchen : Strawberry Fristi 12:00 Lunch 02:30 Cup Stacking Comp 04:00 You & Me
20 09:30 Neighbourhood Time 10:00 Fellowship Service 10:30 Musical Moments 12:00 Lunch 02:30 Halloween Bingo 04:00 It's Never too late	21 09:30 In the Kitchen: Banana Muffins 11:00 You & Me 12:00 Lunch 02:00 Outing: Coverdale Mall 02:30 Express Yourself 04:00 Brains & Banter	22 10:00 Manicures 11:00 Horticultural Therapy 12:00 Lunch 02:00 Entertainment: Grace Notes Choir 02:30 Spiritual Service 03:00 Brains and Banter 04:00 Dominos	23 12:00 Lunch 01:00 Neighbourhood Time 02:00 Music Therapy 03:20 For the Fun of Fit 05:00 Diner's Club 06:30 Social	24 09:30 Dancing with Parkison's 10:30 Express Yourself 12:00 Lunch 02:00 Circle Of Friends 03:00 Resident Council 03:30 For the Fun of Fit 04:20 You & Me	25 09:30 Neighbourhood Time 10:00 Express Yourself: Halloween Crafts 11:00 Celebration of Life 12:00 Lunch 02:30 For the fun of fit 04:00 Stepping Out	26 09:30 Neighbourhood Time 11:00 Stepping Out 12:00 Lunch 02:30 Maltese Band Concert 04:00 Brains & Banter
27 09:30 For the Soul Spiritual Music 10:00 Fellowship Service 10:30 Neighborhood Time 12:00 Lunch 01:30 Outing: Kensington Market 02:30 Musical Moments 03:30 Circle of Friends	28 09:30 Neighbourhood Time 10:00 Soothing Sensation 11:00 Halloween: Mask Making 12:00 Lunch 03:00 Halloween Cart Decorating 04:00 Feel & Fold	29 10:00 Manicures 11:00 Horticultural Therapy 12:00 Lunch 02:30 Spiritual Service 03:00 Book Club 04:00 Stepping Out	30 12:00 Lunch 01:00 Neighbourhood Time 02:00 Music Therapy 03:20 For the Fun of Fit 04:00 Stepping Out 05:00 Dinner 06:30 Funny Halloween Movie	31 Halloween! 10:00 Express Yourself: Halloween Ghosts 11:00 Halloween Parade 12:00 Lunch 02:30 Halloween Concert with Johnny Scat 04:00 You & Me		