

September 2024

Matthews Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:00 Short Stories 10:00 For the Soul 1:00 Calendars 2:30 Brains & Banter</p>	<p>2 Labour Day</p> <p>9:00 The Daily Perk 11:00 Express Yourself 12:30 Greenhouse Drop-in 2:00 Patio Time/Stepping Out 6:30 Game Show Trivia (CC)</p>	<p>3</p> <p>9:30 Rosary (C) 11:00 Brains & Banter 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)</p>	<p>4</p> <p>9:00 Daily Perk 10:00 Contemplating Life with Mike (C) 10:45 Art with Sonal 2:00 Calendar Planning & Residents' Bill of Rights Meeting 3:30 Balance Class (FC) 6:30 Documentary & Popcorn</p>	<p>5</p> <p>9:30 Church Service (C) 10:00-4:00 Stepping Out 10:30 Sit 'N Get Fit 12:30 Greenhouse Drop-in 1:00 Van Outing: Arcade 3:30 Green Thumbs 6:30 Active Games (MS)</p>	<p>6</p> <p>10:00 Bingo () 2:00 Express Yourself 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>7</p> <p>9:00 Daily Perk 10:00 Stepping Out 1:30 Card Game Afternoon 3:30 Neighbourhood Time</p>
<p>8 Grandparent's Day</p> <p>8:30 Ruby Event 10:00 For the Soul 2:00 Entertainment with Elvis' 3 Brothers (MS) 3:30 Neighbourhood Time</p>	<p>9</p> <p>10:30 Village Updates (C) 12:30 Greenhouse Drop-in 1:30 Stepping Out 2:30 Manicures 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)</p>	<p>10</p> <p>9:30 Rosary (C) 11:00 Stepping Out 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)</p>	<p>11</p> <p>10:45 Art with Sonal 1:00 Patio Time: Musical Moments 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>12</p> <p>9:30 Church Service (C) 10:30 Sit 'N Get Fit 12:30 Greenhouse Drop-in 2:00 Residents Council (C) 3:30 Green Thumbs 6:30 Active Games (MS)</p>	<p>13</p> <p>10:00 Bingo on (Wr) 2:00 Patio Time: Musical Moments 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>14</p> <p>9:00 Daily Perk 10:00 Stepping Out 2:00 Entertainment with Henry Winter (Ma) 3:30 Neighbourhood Time</p>
<p>15</p> <p>9:00 Short Stories 10:00 For the Soul 1:30 Active Games 3:00 Stepping Out</p>	<p>16</p> <p>9:00 The Daily Perk 9:30 Conversation Café 10:00 Brains and Banter 12:30 Greenhouse Drop-in 2:00 Stepping Out 3:30 Total Body Fitness (FC)</p>	<p>17</p> <p>9:00 Van Outing: Shopping 9:30 Rosary (C) 11:00 Brains & Banter 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)</p>	<p>18</p> <p>9:00 Daily Perk 10:00 Contemplating Life with Mike (C) 10:45 Art with Sonal 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>19</p> <p>9:30 Church Service (C) 10:30 Sit 'N Get Fit 12:30 Greenhouse Drop-in 2:00 Express Yourself 3:30 Green Thumbs 6:30 Active Games (MS)</p>	<p>20</p> <p>10:00 Bingo 1-4pm 50s Car Show (RH) 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>21</p> <p>11:00 Ride for Dementia 2:00 Pub Afternoon & Entertainment with Lynne & Rick (MS) 3:30 Neighbourhood Time</p>
<p>22 Fall Begins</p> <p>9:00 Short Stories 10:00 For the Soul 2:00 Active Games 3:00 You & Me</p>	<p>23</p> <p>10:00 Brains and Banter 12:30 Greenhouse Drop-in 1:30 Stepping Out 2:30 Express Yourself 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)</p>	<p>24</p> <p>9:30 Rosary (C) 11:00 Stepping Out 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)</p>	<p>25</p> <p>10:45 Art with Sonal 1:00 Active Games 2:00 Food Committee Meeting 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>26</p> <p>9:30 Church Service (C) 10:30 Sit 'N Get Fit 11:00 Daily Perk 12:30 Greenhouse Drop-in 3:30 Green Thumbs 6:30 Active Games (MS)</p>	<p>27</p> <p>10:00 Bingo (Wr) 2:00 Manicures 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>28</p> <p>9:00 Daily Perk 10:00 Brains & Banter 2:00 Entertainment with Jame Skarnikat (Jo) 3:30 Neighbourhood Time</p>
<p>29</p> <p>9:00 Short Stories 10:00 For the Soul 1:30 Stepping Out 3:00 You & Me</p>	<p>30 National Day for Truth and Reconciliation</p> <p>9:00 The Daily Perk 10:00 Brains and Banter 2:00 Every Child Matters (C) 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)</p>		<p>Johnston: Jo Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do</p>	<p>Main Street: MS Community Centre: CC Chapel: C Library: L Fitness Centre: FC Courtyard: CY</p>		