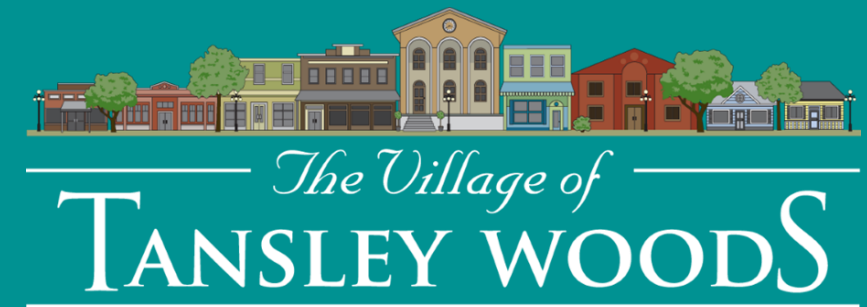




October 2024

NELSON



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend</p> <p>CC– Community Center FC– Fitness Center TH– Town Hall L– Library MS– Main Street SC– Senior Center</p>		<p>1 International Day of Older Persons</p> <p>11:00 Spiritual Visit 1:00 Neighbourhood Time 2:00 Brians and Banter 3:00 Concerts in Care 6:00 Express Yourself</p>	<p>2 Rosh Hashanah</p> <p>9:00 Neighbourhood Time 10:30 For The Soul 11:15 Fun & Fit 1:30 Music Therapy 2:00 Soothing Sensations 3:15 In The Kitchen 6:00 Stepping Out</p>	<p>3</p> <p>9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:15 Horticulture Therapy 2:30 Coffee with a cop– MS 6:00 Musical Moments</p>	<p>4 Diner’s Club</p> <p>9:00 Neighbourhood Time 10:30 Stepping Out 11:15 Line Dancing– FC 2:00 Express Yourself 3:30 Musical Moments</p>	<p>5</p> <p>9:00 Neighbourhood Time 10:30 Teacher's Day Social– CC 2:00 Stepping Out 3:30 Brent Meidinger</p>
<p>6 Mental Health Week</p> <p>9:00 Neighbourhood Time 10:30 Circle of Friends 2:15 Church 3:30 In The Kitchen</p>	<p>7 Active Aging Week</p> <p>9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:30 Art Therapy 2:00 Soothing Sensations 3:30 Musical Moments 6:00 Circle of Friends</p>	<p>8</p> <p>11:00 Neighbourhood Time 1:00 Neighbourhood Time 2:00 Brains and Banter 3:00 Concert in Care 6:00 Express Yourself</p>	<p>9</p> <p>9:00 Neighbourhood Time 10:30 For The Soul 11:15 Fun & Fit 1:30 Music Therapy 2:00 Soothing Sensations 3:15 In The Kitchen 6:00 Stepping Out</p>	<p>10 World Mental Health Day</p> <p>9:00 Neighbourhood Time 1:15 Horticulture Therapy 2:00 You and Me 3:00 Laughter Yoga– FC</p>	<p>11 Yom Kippur</p> <p>9:00 Neighbourhood Time 10:30 Stepping Out 11:15 Line Dancing– FC 2:00 Express Yourself 3:30 Musical Moments 6:00 Neighbourhood Time</p>	<p>12</p> <p>9:00 Neighbourhood Time 10:30 Pumpkin Pie Social– CC 2:00 Stepping Out 3:00 Ron Tansley– TH</p>
<p>13 Int’l Infection Prevention Week</p> <p>9:00 Neighbourhood Time 10:00 Movie Matinee 11:00 Total Body Fitness 2:00 Church– TH 3:30 You and Me</p>	<p>14 Thanksgiving</p> <p>9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:30 Art Therapy 2:00 For The Soul 3:30 Express Yourself 6:00 Circle of Friends</p>	<p>15</p> <p>11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Brains and Banter 3:00 Concerts in Care 6:00 Express Yourself</p>	<p>16 Sukkot</p> <p>9:00 Neighbourhood Time 10:30 For The Soul 11:15 Fun & Fit 1:30 Music Therapy 2:00 You and Me 3:30 For The Fun of Fit 6:00 Stepping Out</p>	<p>17</p> <p>9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:15 Horticulture Therapy 2:30 Happy Hour– MS 6:00 Musical Moments</p>	<p>18 Breakfast Club</p> <p>9:00 Neighbourhood Time 10:30 Stepping Out 11:15 Line Dancing– FC 2:00 You and Me 6:00 Neighbourhood Time</p>	<p>19</p> <p>9:00 Neighbourhood Time 10:00 Craft Social– MS 2:00 Stepping Out 3:00 Jay Franco– TH</p>
<p>20 Spiritual & Religious Care Awareness Week</p> <p>9:00 Neighbourhood Time 10:30 For The Fun of Fit 2:15 Church 3:30 In The Kitchen</p>	<p>21</p> <p>9:00 Neighbourhood Time 10:00 Mother Goose– TH 1:30 Art Therapy 2:00 Soothing Sensations 3:30 Musical Moments 6:00 Circle of Friends</p>	<p>22</p> <p>11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Brains and Banter 3:00 Concerts in Care 6:00 Express Yourself</p>	<p>23</p> <p>9:00 Neighbourhood Time 10:30 For The Soul 11:15 Fun & Fit 1:30 Music Therapy 2:00 Soothing Sensations 3:15 In The Kitchen 6:00 Stepping Out</p>	<p>24</p> <p>9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:15 Horticulture Therapy 3:00 Resident Council– CC 6:00 Musical Moments</p>	<p>25</p> <p>9:00 Neighbourhood Time 10:30 Stepping Out 11:15 Line Dancing– FC 2:00 Express Yourself 3:30 Musical Moments 6:00 Neighbourhood Time</p>	<p>26</p> <p>9:00 Neighbourhood Time 10:30 In The Kitchen– CC 2:00 Stepping Out 3:00 Jay Franco– TH</p>
<p>27</p> <p>9:00 Neighbourhood Time 11:00 Total Body Fitness 10:00 Movie Matinee 2:00 Church– TH 3:30 You and Me</p>	<p>28</p> <p>9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:30 Art Therapy 2:00 For The Soul 3:30 Express Yourself 6:00 Circle of Friends</p>	<p>29</p> <p>10:30 Birthday Social– CC 1:00 Neighbourhood Time 2:00 Brains and Banter 3:00 Concerts in Care 6:00 Express Yourself</p>	<p>30</p> <p>9:00 Neighbourhood Time 10:30 For The Soul 11:15 Fun & Fit 1:30 Music Therapy 2:00 Soothing Sensations 3:15 In The Kitchen 6:00 Stepping Out</p>	<p>31 Halloween</p> <p>9:00 Neighbourhood Time 10:30 Halloween Parade– MS 1:15 Horticulture Therapy 2:00 Halloween Movie– L 6:00 Musical Moments</p>	<p>Residents Bill Of Rights</p> <p>23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential</p>	