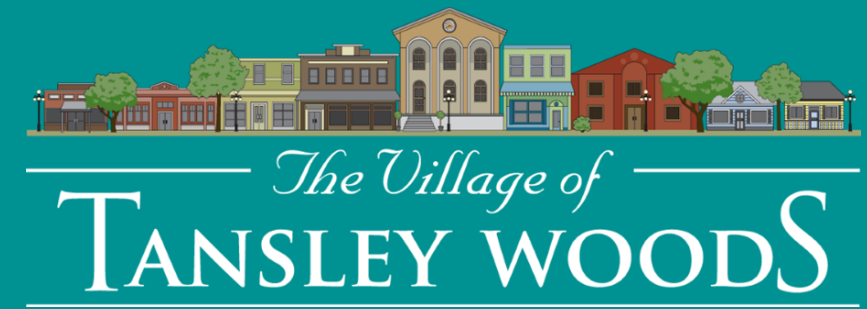






# October 2024

## OAKLANDS NEIGHBOURHOOD



| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|--|--|---|---|---|---|--|
| <b>Legend</b><br>CC– Community Center<br>FC– Fitness Center<br>TH– Town Hall<br>L– Library<br>MS– Main Street<br>SC– Senior Center   |   | <b>1</b><br>9:00 Neighbourhood Time<br>10:00 Circle of Friends<br>1:30 Art Therapy<br>2:30 Stepping Out<br>4:15 Spiritual Visits                              | <b>2</b><br>9:15 Fun & Fit<br>10:00 Jamboree<br>2:30 Neighbourhood Time<br>3:30 Brains and Banter<br>6:00 Stepping Out                            | <b>3</b><br>1:00 Neighborhood Time<br>1:30 You and Me<br>2:30 Coffee with a Cop—MS<br>3:30 Stepping Out<br>6:00 Musical Moments                         | <b>4 Diners Club</b><br>9:00 Neighbourhood Time<br>10:30 Circle of Friends<br>11:00 Line Dancing—FC<br>12:00 Taco Diners Club<br>2:00 For The Soul<br>3:30 For the Fun of Fit<br>6:00 Brains and Banter | <b>5 Teachers Day</b><br>9:00 Neighbourhood Time<br>10:30 Teacher's Social—CC<br>2:00 You and Me<br>3:30 Brent M —TH   |
| <b>6 Mental Health Awareness Week</b><br>9:00 Neighbourhood Time<br>10:30 Circle of Friends<br>2:15 Church– TH<br>3:30 Fellowship<br>6:00 Neighbourhood Time                                 | <b>7 Active Aging Week</b><br>9:00 Neighbourhood Time<br>10:30 Musical Moments<br>11:00 You and Me<br>2:00 Express Yourself<br>3:00 For the Fun of Fit<br>7:00 Circle of Friends | <b>8</b><br>9:00 Neighbourhood Time<br>10:00 Circle of Friends<br>1:30 Art Therapy<br>2:30 Stepping Out<br>4:15 Spiritual Visits                              | <b>9</b><br>9:15 Fun & Fit<br>10:00 Jamboree<br>2:30 Neighbourhood Time<br>3:30 Brains and Banter<br>6:00 Stepping Out                            | <b>10 World Mental Health Day</b><br>9:00 Neighbourhood Time<br>10:00 You and Me<br>2:00 Stepping Out<br>3:00 Laughter Yoga—FC<br>4:15 Spiritual Visits | <b>11</b><br>9:00 Neighbourhood Time<br>10:30 Circle of Friends<br>11:00 Line Dancing—FC<br>2:00 For The Soul<br>3:30 For the Fun of Fit<br>6:00 Brains and Banter                                      | <b>12</b><br>9:00 Neighbourhood Time<br>10:30 Soothing Sensations<br>2:00 You and Me<br>3:00 Ron Tansley—TH  |
| <b>13 Int'l Infection Prevention Week</b><br>9:00 Neighbourhood Time<br>10:00 Total Body Fitness<br>10:30 Circle of Friends<br>2:15 Church– TH<br>3:30 Fellowship<br>6:00 Neighbourhood Time | <b>14 Thanksgiving Day</b><br>9:00 Neighbourhood Time<br>10:30 Musical Moments<br>11:00 You and Me<br>2:00 In the Kitchen<br>3:00 Thanksgiving Social<br>7:00 Circle of Friends  | <b>15</b><br>9:00 Neighbourhood Time<br>1:30 Art Therapy<br>2:00 Stepping Out<br>3:15 Soothing Sensations<br>4:15 Spiritual Visits                            | <b>16 Int'l Pronouns Day/Sukkot</b><br>9:15 Fun & Fit<br>10:00 Jamboree<br>2:30 Neighbourhood Time<br>3:30 Brains and Banter<br>6:00 Stepping Out | <b>17</b><br>1:00 Neighborhood Time<br>1:30 You and Me<br>2:30 Happy Hour—MS<br>3:30 Stepping Out<br>6:00 Musical Moments                               | <b>18</b><br>9:00 Neighbourhood Time<br>10:30 Circle of Friends<br>11:00 Line Dancing—FC<br>2:00 For The Soul<br>3:30 For the Fun of Fit<br>6:00 Brains and Banter                                      | <b>19</b><br>9:00 Neighbourhood Time<br>10:00 Craft Social—MS<br>2:00 You and Me<br>3:00 Gerry Larkin —TH  |
| <b>20 Spiritual &amp; Religious Care Awareness Week</b><br>9:00 Neighbourhood Time<br>10:30 Fall Social—CC<br>2:15 Church– TH<br>3:30 Fellowship<br>6:00 Neighbourhood Time                  | <b>21</b><br>9:00 Neighbourhood Time<br>10:00 Mother Goose—TH<br>11:00 Stepping Out<br>2:30 In the Kitchen—CC<br>3:30 Musical Moments<br>7:00 Circle of Friends                  | <b>22</b><br>9:00 Neighbourhood Time<br>10:00 Circle of Friends<br>1:30 Art Therapy<br>2:00 Stepping Out<br>3:15 Soothing Sensations<br>4:15 Spiritual Visits | <b>23</b><br>9:15 Fun & Fit<br>10:00 Jamboree<br>2:30 Neighbourhood Time<br>3:30 Brains and Banter<br>6:00 Stepping Out                           | <b>24</b><br>1:00 Neighborhood Time<br>1:30 You and Me<br>3:00 In the Kitchen<br>3:30 Circle of Friends<br>4:00 Stepping Out<br>6:00 Musical Moments    | <b>25</b><br>8:15 Breakfast Club<br>9:00 Neighbourhood Time<br>10:30 Circle of Friends<br>11:00 Line Dancing—FC<br>2:00 Musical Moments<br>6:00 Brains and Banter                                       | <b>26</b><br>9:00 Neighbourhood Time<br>10:30 Soothing Sensations<br>2:00 You and Me<br>3:00 Jay Franco—TH   |
| <b>27</b><br>9:00 Neighbourhood Time<br>10:00 Total Body Fitness<br>10:30 Circle of Friends<br>2:15 Church– TH<br>3:30 Fellowship<br>6:00 Neighbourhood Time                                 | <b>28</b><br>9:00 Neighbourhood Time<br>10:30 Musical Moments<br>11:00 You and Me<br>2:00 Express Yourself<br>3:00 For the Fun of Fit<br>7:00 Circle of Friends                  | <b>29</b><br>9:00 Neighbourhood Time<br>10:30 Birthday Social—CC<br>11:00 You and Me<br>1:30 Art Therapy<br>2:00 Stepping Out<br>3:15 Soothing Sensations     | <b>30</b><br>9:15 Fun & Fit<br>10:00 Jamboree<br>2:30 Neighbourhood Time<br>3:30 Brains and Banter<br>6:00 Stepping Out                           | <b>31 Halloween</b><br>9:00 Neighborhood Time<br>10:00 Halloween Parade<br>2:30 In the Kitchen—CC<br>3:30 Stepping Out                                  |    | <b>Residents Bill Of Rights</b><br>23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential |