

6:30 Soothing Sensations

3:00 Exercise Class

5:00 Dinner

5:00 Dinner

OCTOBER 2024

EMMA'S NEIGHBOURHOOD



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Programs are subject to change. Please see the Today's Activities Board for the most up-to-date programs and locations.	Hellot	I World Vegetarian Day! 8:00 Breakfast 10:15 For the Fun of it 11:30 You and I 12:00 Lunch 2:00 Travelogue 3:00 Exercise Class 5:00 Dinner	2 Coffee with a Cop Day! 8:00 Breakfast 10:15 Circle of Friends 11:30 You and I 12:00 Lunch 2:00 For the Soul 5:00 Dinner	3 8:00 Breakfast 10:15 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 Exercise Class 5:00 Dinner	4 National Taco Day 8:00 Breakfast 10:15 Circle of Friends 11:30 Sing Along 12:00 Lunch 2:00 Afternoon Social 5:00 Dinner	5 National Be Nice Day 8:00 Breakfast 10:15 Brains and Banter 11:00 You and I 12:00 Lunch 2:00 Movie / Documentary 5:00 Dinner
6 8:00 Breakfast 10:15 Circle of Friends 12:00 Lunch 2:00 Hymn Sing 2:45 Church Service TH 5:00 Dinner	7 National Light Day 8:00 Breakfast 12:00 Lunch 2:30 Stepping Out 3:30 Circle of Friends 5:00 Dinner 6:30 Soothing Sensations	8 8:00 Breakfast 10:15 Musical Moments 11:30 You and I 12:00 Lunch 2:00 Brains and Banter 3:00 Exercise Class 5:00 Dinner	9 Leif Erikson Day 8:00 Breakfast 10:15 Circle of Friends 11:30 You and I 12:00 Lunch 2:00 For the Soul 5:00 Dinner	10 World Sight Day 8:00 Breakfast 10:15 Express Yourself 12:00 Lunch 2:00 Stepping Out 2:30 Music by Nicole Tan 3:00 Exercise Class	8:00 Breakfast 10:15 Circle of Friends 11:30 Sing Along 12:00 Lunch 2:00 Afternoon Social 5:00 Dinner	12 National Farmers Day 8:00 Breakfast 10:15 Brains and Banter 11:00 You and I 12:00 Lunch 2:00 Movie / Documentary 5:00 Dinner
13 National M&M's Day 8:00 Breakfast 10:!5 Circle of Friends 12:00 Lunch 2:00 Hymn Sing 2:45 Church Service TH 5:00 Dinner	14 Thanksgiving Day! 8:00 Breakfast 12:00 Lunch 2:30 Stepping Out 3:30 Circle of Friends 5:00 Dinner 6:30 Soothing Sensations	8:00 Breakfast 10:15 Travelogue 11:30 You and I 12:00 Lunch 2:00 For the Fun of it 3:00 Exercise Class 5:00 Dinner	16 World Food Day 8:00 Breakfast 10:15 Circle of Friends 11:30 You and I 12:00 Lunch 2:00 Music By Kim Atkins 5:00 Dinner	8:00 Breakfast 10:15 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 Exercise Class 5:00 Dinner	18 National Chocolate Cupcake Day 8:00 Breakfast 10:15 Circle of Friends 11:30 Sing Along 12:00 Lunch 2:00 Afternoon Social 5:00 Dinner	8:00 Breakfast 10:15 Brains and Banter 11:00 You and I 12:00 Lunch 2:00 Movie / Documentary 5:00 Dinner
20 8:00 Breakfast 10:15 Circle of Friends 12:00 Lunch 2:00 Hymn Sing 2:45 Church Service TH 5:00 Dinner	2 National Apple Day 8:00 Breakfast 12:00 Lunch 2:00 Music By Jeremy Smith EG 2:30 Stepping Out 3:30 Circle of Friends 5:00 Dinner	8:00 Breakfast 10:15 For the Fun of it 11:30 You and I 12:00 Lunch 2:00 Brains and Banter 3:00 Exercise Class	23 8:00 Breakfast 10:15 Circle of Friends 11:30 You and I 12:00 Lunch 2:00 For the Soul 5:00 Dinner	24 25 8:00 Breakfast 10:15 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 Exercise Class 5:00 Dinner	25 World Pasta Day!! 8:00 Breakfast 10:15 Circle of Friends 11:30 Sing Along 12:00 Lunch 2:00 Afternoon Social 5:00 Dinner	26 National Pumpkin Day 8:00 Breakfast 10:15 Brains and Banter 11:00 You and I 12:00 Lunch 2:00 Movie / Documentary 5:00 Dinner
27 8:00 Breakfast 10:15 Circle of Friends 12:00 Lunch 2:00 Hymn Sing 2:45 Church Service TH	28 8:00 Breakfast 12:00 Lunch 2:30 Birthday Party 3:30 Circle of Friends 5:00 Dinner	29 National Cat Day 8:00 Breakfast 10:15 Travelogue 11:30 You and I 12:00 Lunch 2:00 For the Fun of it	30 Candy Corn Day! 8:00 Breakfast 10:15 Circle of Friends 11:30 You and I 12:00 Lunch 2:00 For the Soul	3 I Halloween! 8:00 Breakfast 10:15 Halloween Craft 12:00 Lunch 2:00 Stepping Out 3:00 Exercise Class		

5:00 Dinner

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