



September 2024 Strasburg Neighbourhood



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|---|
| 1 9:45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Express Yourself 2:30 You & Me | 2 Labour Day 9:45 Exercises 10:30 In the spirit 11:00 Labour Day Trivia 1:30 Afternoon Matinee With Snacks | 3 10:00 Total Body Fitness 11:00 Word Games 1:30 Nail Care 2:30 Bible Study 6:00 Short Stories | 4 9:30 Walmart Outing 9:45 Zumba 10:30 Catholic Communion (PC) 11:00 Hymn Sing; 1:30 Horse Racing 3:00 Horticulture | 5 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 1:30 Bingo 3:30 Tai Chi | 6 9:45 Exercise 10:30 Bowling 1:30 Kickball 2:30 Board Games | 7 9:45 Exercise 10:30 Bingo 10:30 Rosaray PH 1:30 Kick Ball 1:30 Grandparents Carnival Eby & Ret. |
| 8 Grandparents Day 9:45 Exercise 10:00 TV Church 11:00 Short Stories 2:00 Wine & Cheese Celebrating Grandparents 3:30 You & Me | 9 9:45 Exercises 10:30 In the spirit 1:30 Craft with Maria 3:00 Planting Friendships | 10 Timbit Day 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Fashion Show Ret 2:30 Bible Study 6:00 Short Stories | 11 9:45 Zumba 10:30 Lutheran Service (PC) 11:00 Photographic Storytelling 2:00 Pegan Talks (SH) 3:00 Horticulture | 12 9:45 Exercise 9:45 Music Therapy 12:00 Harvey's Takeln 10:30 Chime Choir 1:30 Bingo 3:30 Tai Chi | 13 9:45 Exercise 10:30 Bowling 2:00 Ladies Coffee Break SB 2:45 Hand Waxing | 14 9:45 Exercise 10:30 Bingo 2:30 Bingo Village Wide KD 2:00 Pet Therapy 3:15 Out/Indoor Walks |
| 15 9:45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Express Yourself 2:30 You & Me | 16 Resident Council Week 9:45 Exercises 10:30 In the spirit 1:30 Craft with Maria 2:00 Men's Coffee Break SH 3:00 Planting Friendships | 17 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Bible Study | 18 9:45 Zumba 11:00 Photographic Storytelling 1:30 Bingo 2-3:30 Meet & Greet PH | 19 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 1:30 Bingo 3:30 Tai Chi | 20 9:45 Exercise 10:30 Anglican/Lutheran Community PC 10:30 Bowling 1:30 Movie Matinee With Snacks | 21 9:45 Exercise 10:30 Bingo 1:30 Country Drive 3:15 Out/Indoor Walks |
| 22 First Day of Fall 9:45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Word Games 2:00 Fall Activity 2:00 Village Euchre PC | 23 9:45 Exercises 10:30 In the spirit 1:30 Dynamic Duo SB 1:45 Resident Food Committee Meeting (AB) 1:30 Craft with Maria | 24 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Bible Study 3:30 Resident Meeting | 25 9:45 Zumba 9:45 Music Therapy 10:30 Chime Choir 1:30 Horse Racing 3:00 Horticulture | 26 9:45 Exercise 9:45 Music Therapy 10:15 Resident Council Meeting PH 10:30 Chime Choir 1:30 Bingo 3:30 Tai Chi | 27 9:45 Exercise 10:30 Bowling 2:00 Ladies Coffee Break SB 2:45 Hand Waxing | 28 9:45 Exercise 10:30 Bingo 2:00 Ltc Sing-a-long (AB) 2:00 Pet Therapy 3:15 Out/Indoor Walks |
| 29 9:45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Apostolic Hymn Sing (SB) 2:30 You & Me | 30 9:45 Exercises 10:30 In the spirit 10:30 Protestant Communion PH 1:30 Craft with Maria 2:00 Men's Coffee Break SH 3:00 Planting Friendships | | Strasburg—(SB) Aberdeen—(AB) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD) Haysville—(HV) Trussler— (TL) Newberry— (NB) Eby — (EB) | Eby- (Eby) Ret. John Sweeney Room-(JS) LTC Worship Room (LTC WR) Pinehaven Communion Room (PC) | | |