

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Meal Times</b> <b>8:00 Breakfast</b> <b>12:00 Lunch</b> <b>5:00 Dinner</b>	1 9:30 Neighbourhood Time 10:00 Pet Visits 11:30 Brains and Banter 2:00 News and Views <small>Labor Day</small>	2 2:00 Legion of Mary Visits 2:00 Neighbourhood Time 3:30 Exercise with Alma 6:45 Paint and Sip Night	3 <b>Music with Jen</b> 2:00 Neighbourhood Time 3:00 You & I 6:45 BINGO!	4 9:30 Neighbourhood Time 10:30 Horticulture Time 11:00 Brains and Banter 2:30 Musical Moments 3:00 Travelling Tuck Shop	5 2:00 Neighbourhood Time 3:30 Express Yourself 4:30 Java Music Club 6:45 Spa Night!	6 2:00 Neighbourhood Time 3:30 Express Yourself 4:30 Java Music Club 6:45 Spa Night!
<b>Grandparent's Day</b> <b>2:00 Paula French Performs</b> 3:00 Happy Hour 4:30 Soothing Sensations 6:45 BINGO! <small>Grandparents Day</small>	8 3:00 Resident Council	9 9:30 Neighbourhood Time 10:30 HCC Hair Salon <b>1:30 Concert in Care</b> 2:30 Circle of Friends	10 2:00 Neighbourhood Time 3:15 In the Kitchen 6:45 For the Fun of Fit	11 <b>12:00 Picnic at Myrtle Park</b> 2:00 Neighbourhood Time 3:00 Travelling Tuck Shop 4:00 Stepping Out 6:45 BINGO!	12 2:00 Neighbourhood Time 2:30-4:30 You & I 6:45 Comedy Club	13 2:00 Neighbourhood Time 2:30-4:30 You & I 6:45 Comedy Club
<b>1:30 Church Service</b>	15 9:30 Neighbourhood Time 10:30 Brains and Banter 2:00 You & I	16 <b>1:30 Concert in Care</b> 2:00 Legion of Mary Visits 2:00 Neighbourhood Time 3:30 Soothing Sensations <b>6:00 Game Night Event</b>	17 <b>Music with Jen</b> 2:00 Neighbourhood Time 3:30 Scenic Duet Bike Rides 6:45 Pub Night	18 9:30 Neighbourhood Time 10:30 In the Kitchen 1:30 For the Fun of Fit <b>2:00 Anne Grisdale Performs</b> 3:00 Travelling Tuck Shop	19 2:00 Neighbourhood Time 3:30 Diner's Club 4:30 You & I 6:45 Karaoke Night <small>Oktoberfest Begins</small>	20 2:00 Neighbourhood Time 3:30 Diner's Club 4:30 You & I 6:45 Karaoke Night <small>Oktoberfest Begins</small>
22 2:00 Neighbourhood Time 3:00 For the Soul 3:30 Stepping Out 6:45 BINGO! <small>Autumn Begins</small>	23 9:30 Neighbourhood Time 10:30 Bible Study with Connie 11:30 Virtual Visits <b>1:30 Concert in Care</b> 3:00 Manicure Visits	24 2:00 Neighbourhood Time 3:30 In the Kitchen 6:45 Express Yourself	25 <b>1:00 Bowling Outing</b> 2:00 Neighbourhood Time 3:00 Travelling Tuck Shop 4:30 You & I 6:30 Movie and Munch	26 2:00 Neighbourhood Time 3:30 Stepping Out 6:45 Salsa Lessons	27 2:00 Neighbourhood Time 3:30 Stepping Out 6:45 Salsa Lessons	28 2:00 Neighbourhood Time 3:30 Stepping Out 6:45 Salsa Lessons
29 2:00 Neighbourhood Time 3:00 Stepping Out 4:30 Brains and Banter <b>6:30 Aidan Purnell Performs</b>	30 2:00 Neighbourhood Time 3:00 Stepping Out 4:30 Brains and Banter <b>6:30 Aidan Purnell Performs</b>	<h1>September 2024</h1> <h2>Third Floor Neighbourhood</h2>				