



September 2024

Trussler Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 TV Church 11:30 Stroll With Me 2:00 Baking: African Banana Cake (TR) 3:30 You and Me	2 10:30 Exercises (NB) 11:00 Patio Visits 2:00 For the Soul 2:00 Making Suncatchers	3 10:00 Neighborhood Time 10:30 Sing Along 1:45 Balloon Badminton 3:00 Music Therapy	4 10:30 Catholic Comm. (RV) 1:00 Pet Visits 1:30 Manicures 4:00 Rosary (TR)	5 10:00 Total Body Fitness 10:45 Hymn Sing 1:30 Travelogue: Africa I 3:00 BINGO 6:30 Movie Night	6 10:30 Exercises 11:30 Neighbourhood Time 1:30 Stroll With Me 3:00 Board Games	7 10:30 Rosary (PC) 2:00 Grandparents' Day Carnival (EB)
8 Grandparents Day 10:30 TV Church 10:30 Church with Pastor Royal (SH) 2:00 Crystal Show (NB) 3:30 You and Me	9 10:30 Exercises (NB) 11:00 Horticulture 2:00 For the Soul 3:00 You and Me	10 10:00 Worship Service (EBY) 11:30 Perk Deliveries 2:30 Fashion Show (Ret) 3:00 Music Therapy	11 10:30 Lutheran Service (PC) 1:30 Manicures 2:00 PEG Talks (SH) 4:00 Rosary (TR)	12 10:00 Total Body Fitness 10:45 Hymn Sing 1:30 Hobby Farm (EB) 3:00 BINGO 6:15 Music by Tom D (HV)	13 10:30 Exercises 11:30 Neighbourhood Time 1:30 Stroll With Me 3:00 Crosswords	14 10:30 Coffee Social on the Patio 2:30 Bingo (KD)
15 10:30 TV Church 11:30 Stroll With Me 2:00 Baking: Vanilla Cupcakes (TR) 3:30 You and Me	16 9:30 Pet Visits 10:30 Exercises (NB) 11:00 Horticulture 2:00 For the Soul 3:00 You and Me	17 10:00 Worship Service (EBY) 11:30 Perk Deliveries 1:45 Bowling 3:00 Music Therapy	18 10:30 Exercises 1:30 Manicures 2:30 Meet and Greet Council President (PC) 4:00 Rosary (TR) 6:30 Trivia Night	19 10:00 Total Body Fitness 10:45 Hymn Sing 1:30 Travelogue: Africa II 3:00 BINGO 6:30 Movie Night	20 10:30 Anglican and Lutheran Comm. (PC) 1:30 Stroll With Me 3:00 Board Games	21 10:30 Coffee Social on the Patio 2:00 Pumpkin Craft 3:30 Decorating
22 10:30 TV Church 11:30 Stroll With Me 2:00 Euchre (PC) 3:30 You and Me	23 10:30 Exercises (NB) 11:00 Horticulture 2:00 For the Soul 3:00 You and Me	24 9:30 Neighbourhood Council Meeting 11:30 Perk Deliveries 1:45 Bowling 3:00 Music Therapy	25 10:30 Exercises 2:00 Resident Meeting 2:30 Manicures 5:15 Dinner Takeout: Greek "Souvlaki Grill"	26 10:00 Residents' Council 11:15 Hymn Sing 2:00 Birthday Party and Music by Henry W. (NT) 6:30 Movie Night	27 10:30 Exercises 11:30 Neighbourhood Time 1:30 Stroll With Me 3:00 Crosswords	28 10:30 Coffee Social on the Patio 2:00 Fall Painting 3:00 Blue Jays Game
29 10:30 TV Church 11:30 Stroll With Me 1:30 Apostolic Hymn Sing (SB)	30 10:30 Protestant Communion (PC) 11:00 Horticulture 1:30 Country Drive (TR)			Eby — (EB) Newberry — (NB) Trussler — (TL) Strasburg — (SB) Aberdeen — (AB) Roseville — (RV)	Kingsdale — (KD) Sandhills — (SH) Waldau — (WD) Haysville — (HV)	Ret. John Sweeney (JS) LTC Worship Room (LTC WR) Pinehaven Community Centre (PC)