



October 2024

Wadsworth Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Active Aging Week 01:30 Spiritual Service 2:30 Oktoberfest Celebration: Polka Dancers 03:00 Bocce Ball 04:00 Hangman 06:00 Dollar Bingo	2 10:00 Gentle Fitness Exercise 10:30 Balloon Toss 11:00 Horticulture Therapy 02:00 Table Bowling 03:00 Recreation Meeting 04:00 Pet Therapy /Stepping Out	3 Rosh Hashanah 10:00 Neighborhood Time 10:00 Anglican Church Service 10:30 In the Kitchen: Chocolate Cake 02:00 Bingo Club & Smoothies 02:30 Outing: James Garden Park 03:30 Wine & Fruit Social	4 World Smile Day 10:00 Low Impact Aerobics 11:00 Smile Photobooth 02:00 Roman Catholic Service 02:00 Circle of Friends: Happy hour 04:00 You & Me: Virtual Calls	5 10:00 Chair Yoga Session 10:30 Soothing Sensation and Hand Massage 02:30 Tea social 03:00 Word Scramble 04:00 Stepping Out
6 10:00 Fellowship Service 11:00 For the Fun of Fit 02:00 Bingo Club 03:30 Musical Moments 04:00 You and Me	7 10:00 Strength & Stretch 10:30 Beauty Spa & Hand Massage 02:00 Animal Bingo 03:00 Horseshoe racing 04:00 You & Me	8 Vendor: Fifth Ave Jewelry 09:15 Music Therapy 01:30 Spiritual Service 02:00 Social: Pumpkin Lattes 03:00 Balloon Toss 04:00 Hangman 06:00 Dollar Bingo with Weston	9 10:00 Soothing Sensations 11:00 Horticulture Therapy 01:30 Outing: Pumpkin Picking 02:00 Dominoes 03:00 Musical Moments 04:00 Pet Therapy	10 World Mental Health Day 10:00 Soothing sensations 11:00 Neighborhood Time 02:00 Bingo Club 03:00 Table Bowling 04:00 Stepping Out	11 01:30 For the Fun of Fit 02:30 Nachos and Ginger ale 03:30 Express Yourself: Halloween Craft 04:00 Virtual Calls 06:00 Family Feud	12 Yom Kippur 10:00 Chair Yoga Session 10:30 You & Me 02:00 Challah Bread & Wine 03:00 Word Scramble 04:00 Express Yourself: Thanksgiving Clay Pumpkin
13 10:00 Fellowship Service 10:30 Strength & Stretch 02:30 Pumpkin Painting 03:00 Circle of Friends: French Vanilla Coffee 04:00 Balloon Toss	14 Thanksgiving 10:00 Strength & Stretch 11:00 Express Yourself: Sponge Painting 2:30 Thanksgiving Entertainment: Tristan 04:00 Stepping Out	15 Halloween Decorating 09:15 Music Therapy 01:30 Spiritual Service 02:00 Social: Wine & Cheese 03:00 Bocce Ball 04:00 Hangman 06:00 Dollar Bingo	16 Vendor: Monica's Fashion 10:00 Gentle Fitness Exercise 10:30 Musical Moments 11:00 Horticulture Therapy 02:00 Dominoes 03:00 Food Committee 03:00 Express Yourself	17 Pasta Day 10:00 It's Never Too Late 11:00 In the Kitchen: Banana Cupcake 02:00 Social: Pasta Tasting 02:30 Entertainment: Joseph 03:30 Stepping Out	18 10:00 Soothing Sensations 11:00 Trivia 02:00 Roman Catholic Service 02:30 Express Yourself: Halloween Art 03:00 Table Bowling	19 10:00 Chair Yoga Session 11:00 Java Music Club 02:30 Manicures 03:30 Word scramble 04:00 Stepping Out
20 10:00 Fellowship Service 10:30 In the Kitchen: Fruit Bread 02:00 Bingo Club 03:30 Circle of Friends 04:00 Musical Moments	21 10:00 Strength & Stretch 11:00 Beauty Spa & Hand Massage 02:00 Outing: Cloverdale Mall 03:00 Animal Bingo 04:00 Stepping Out	22 09:15 Music Therapy 01:30 Spiritual Service 02:00 Grace Notes Choir 02:30 Social: Beer & Fries 04:00 Hangman 06:00 You & Me	23 10:00 Soothing Sensation 10:30 Mind Joggers 11:00 Horticulture Therapy 02:00 Jigsaw Puzzles 03:00 You & Me 04:00 Pet Therapy	24 10:00 Neighborhood Time 11:00 For the Soul: Hymn Sing 02:00 Bingo Club 03:00 Resident Council 03:00 Bocce Ball 04:00 Audio Book Club	25 11:00 Celebration of Life 01:30 Table Bowling 02:30 Dominoes 04:00 Virtual Calls/ stepping Out 06:00 Dollar Bingo	26 10:00 Chair Yoga Session 11:00 Aroma Therapy & Mindfulness Meditation 2:30 Maltese Band Concert 03:30 Word Scramble 04:15 You & Me
27 10:00 Fellowship Service 10:30 For the Soul: Hymn Sing 11:00 Italian Club 01:30 Outing: Kensington Market 02:00 Bingo Club	28 10:00 Strength and Stretch 10:30 Trivia 02:00 Halloween Cart Decorating 03:00 Ring Toss 04:00 Audio book Club	29 09:15 Music Therapy 01:30 Spiritual Service 02:00 Bocce Ball 03:00 You & Me 04:00 Hangman	30 Vendor: Emma 10:00 Gentle Fitness Exercise 10:30 Musical Moments 11:00 Horticulture Therapy 02:00 Coffee & Dominoes	31 Halloween 10:00 Soothing Sensation 10:30 In the Kitchen: Oreo Cupcakes 11:00 Halloween Parade 2:30 Halloween Concert with John-		