



September 2024

Waldau Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 10:00 For The Spirit 11:00 Brains and Banter 2:00 Music & Dancing 3:00 For The Fun of Fit</p>	<p>2 10:00 Java Music 11:00 Brain and Banter 2:00 For The Spirit 3:00 Express yourself</p>	<p>3 9:45 Music Therapy 11:00 Fun and Fitness PAL 2:00 Brains and Banter 3:00 Manicures 6:00 Express Yourself 7:00 Movie in the Lounge</p>	<p>4 9:45 Brains and Banter 10:45 Horticulture 2:00 Zumba 3:15 Music & Dancing</p>	<p>5 10:00 Balloon Toss 11:00 For The Fun of Fit 2:15 Music Therapy 4:00 Reading Circle</p>	<p>6 10:00 For The Spirit 11:00 Brains and Banter 2:00 Express Yourself 3:00 Fun and Fitness PAL</p>	<p>7 10:00 Brains and Banter 11:00 Rosary PC 2 –4 GrandparentsDay Carnival –Eby</p>
<p>8 National Grandparents Day 10:30 Church with Paster Royal -SH 11:00 Express Yourself 4:00 Stepping Out</p>	<p>9 10:00 Aromatherapy 11:00 Music & Dancing 2:00 For the Spirit 3:00 Express Yourself</p>	<p>10 9:45 Music Therapy 11:00 Fun and Fitness PAL 2:30 Fashion Show RET 6:00 Express Yourself 7:00 Travelogue</p>	<p>11 9:45 Brain and Banter 10:30 Lutheran Service-PC 10:45 Horticulture 2:00 For the Spirit 3:15 Music & Dancing</p>	<p>12 10:00 Brains and Banter 11:00 For The Fun of Fit 2:15 Music Therapy 3:00 Hobby Farm (SH) 4:00 Reading Circle</p>	<p>13 10:00 For The Spirit 11:00 Brains and Banter 2:00 Express Yourself 3:00 Fun and Fitness PAL</p>	<p>14 10:00 Brains and Banter 11:00 For The Spirit 2:30 Bingo Village Wide –KD 3:00 Manicures</p>
<p>15 10:00 For the Fun and Fit 11:00 Express Yourself 2:00 Brains and Banter 3:00 Music & Dancing</p>	<p>16 10:00 Java Music 11:00 Music & Dancing 2:00 For The Spirit 3:00 Stepping Out</p>	<p>17 9:45 Music Therapy 11:00 Fun and Fitness PAL 2:00 Brains and Banter 3:00 Manicures 6:00 Express Yourself 7:00 Movie in the Lounge</p>	<p>18 9:45 Brains and Banter 10:45 Horticulture 2:00 Zumba 2:00 Meet and Greet Council President –PC 3:15 Music & Dancing</p>	<p>19 10:00 Aromatherapy 11:00 Resident meeting 2:15 Music Therapy 4:00 Reading Circle</p>	<p>20 10:00 Anglican Comm- PC 11:00 Brains and Banter 2:00 Resident meeting 3:00 Fun and Fitness PAL</p>	<p>21 10:00 Brains and Banter 11:00 For The Spirit 2:00 Music & Dancing 3:00 Manicures</p>
<p>22 10:00 For The Spirit 11:00 Brains and Banter 2:00 Music & Dancing 3:00 Express Yourself</p>	<p>23 10:00 For the Fun and Fit 11:00 Music & Dancing 1:45 Food Committee -AB 2:00 For The Spirit 3:00 Stepping Out</p>	<p>24 9:45 Music Therapy 11:00 Fun and Fitness PAL 2:00 Brains and Banter 3:00 Manicures 6:15 Tom Dennomme-WD</p>	<p>25 10:00 Country Drive-WD 10:45 Horticulture 1:30 Resident Meeting 2:00 For the Spirit 4:00 Stepping Out</p>	<p>26 10:00 Resident Council (PH) 11:00 For The Fun of Fit 2:15 Music Therapy 4:00 Reading Circle</p>	<p>27 10:00 For The Spirit 11:00 Brains and Banter 2:00 Express Yourself 3:00 Fun and Fitness PAL</p>	<p>28 10:00 Brains and Banter 11:00 For The Spirit 2:00 Music & Dancing 3:00 Manicures</p>
<p>29 National World Heart Day 10:00 For The Spirit 11:00 Brains and Banter 2:00 Music & Dancing 3:00 Express Yourself</p>	<p>30 10:30 Protestant Communion - PH 11:00 Music & Dancing 2:00 For The Spirit 4:00 Stepping Out</p>	<p>Strasburg—(SB) Aberdeen—(AB) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD) Haysville—(HV)</p>	<p>Eby- (Eby) Ret. John Sweeney Rm — (JS) <i>LTC Worship Room—(LTC) WR</i> <i>pc</i> <i>ppCentre</i></p>	<p>Pineheaven Community –PC</p>		