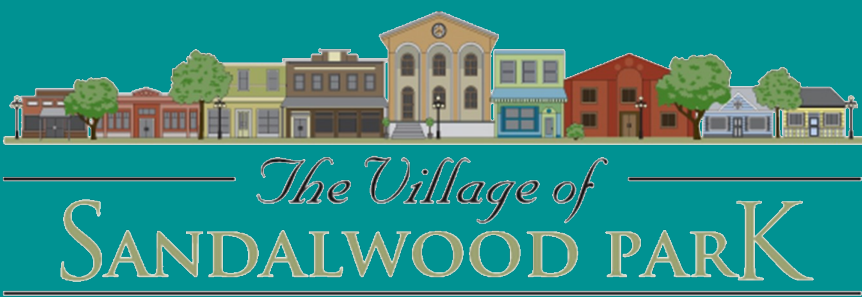




October 2024

Cumberland

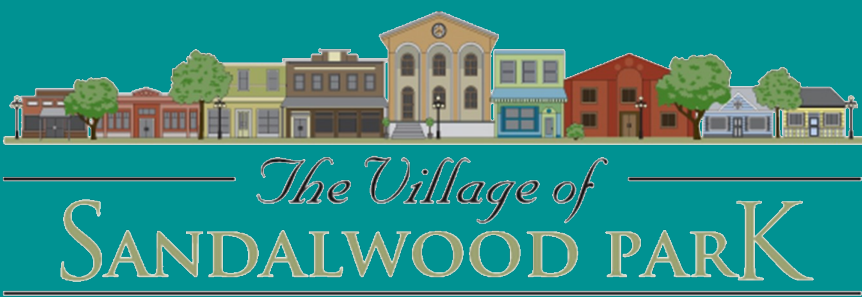



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 8:30 Breakfast 10:00 Horse Racing 11:00 On the move 12:00 Lunch 2:30 Bingo 5:00 Dinner 6:00 Stepping out	2 8:30 Breakfast 10:15 Drum Fit 11:00 For the Soul 12:00 Lunch 2:30 Brains & Banter 4:00 On the move 5:00 Dinner	3 8:30 Breakfast 9:30 Music with Daiva 11:00 Bingo 12:00 Lunch 2:30 Concerts in Care –C,OA 3:45 Sensational Senses 5:00 Dinner	4 smile day! 8:30 Breakfast 12:00 Lunch 1:30 Garden Club with jenny 2:30 Word Game 5:00 Dinner 6:00 Music & Memories	5 8:30 Breakfast 10:30 Musical Moments 12:00 Lunch 2:30 Balloon tennis 4:00 You & Me 5:00 Dinner
6 8:30 Breakfast 10:00 Virtual Mass 12:00 Lunch 2:30 Stepping out 3:30 You & Me 5:00 Dinner	7 8:30 Breakfast 10:00 Board Game 10:30 Catholic Mass 11:00 Horse Racing 12:00 Lunch 1:30 Art Therapy with Glynis 2:30 Brains and Banter 3:15 stepping out 5:00 Dinner	8 8:30 Breakfast 10:00 horse racing 11:00 express yourself 12:00 Lunch 2:30 Bingo 5:00 Dinner 6:00 On the move	9 8:30 Breakfast 10:00 Circle of Friends 10:45 Drum fit 11:00 For the Soul 12:00 Lunch 2:30 Word game with tea 3:30 You & I 5:00 Dinner	10 8:30 Breakfast 9:30 Music with Daiva 10:00 Soothing sensation 10:45 Bingo 12:00 Lunch 2:30 Concerts in Care –J,OA 5:00 Dinner	11 8:30 Breakfast 10:00 You & I 11:00 For the fun of it 12:00 Lunch 1:30 Garden Club with jenny 2:30 Brains & Banter 5:00 Dinner 6:00 Word Games	12 8:30 Breakfast 10:00 Music appreciation 12:00 Lunch 2:30 Bingo 3:30 Walk & Talk 5:00 Dinner



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>13</div> <div>8:30 Breakfast 100:00 circle of friends 11:00 Musical Moments 12:00 Lunch 2:30 Church Service 3:30 You & I 5:00 Dinner</div>	<div>14 Thanksgiving</div> <div>8:30 Breakfast 10:00 Friendly Visits 11:00 Music Appreciation 12:00 Lunch 2:30 Thanksgiving Social 3:30 You & I 5:00 Dinner</div>	<div>15</div> <div>8:30 Breakfast 10:00 Horse Racing 11:00 Brains & Banter 12:00 Lunch 2:30 Bingo 5:00 Dinner 6:00 Word Games</div>	<div>16</div> <div>8:30 Breakfast 10:00 Soothing sensations 10:30 Drum Fit 10:30 Residents Council 11:00 For the Soul 12:00 Lunch 2:30 In the kitchen 3:30 Board Games 5:00 Dinner</div>	<div>17</div> <div>8:30 Breakfast 9:30 Music with Daiva 10:00 You & I 10:30 Bingo 12:00 Lunch 2:30 Concerts in Care –C,OA 5:00 Dinner 6:30active games Fall leaf tour 130—4</div>	<div>18</div> <div>8:30 Breakfast 10:00 Friendly Visit 10:45 Balloon Tennis 12:00 Lunch 1:30 Garden Club with jenny 2:30 Brains & Banter 5:00 Dinner 6:00 Word Game</div>	<div>19</div> <div>8:30 Breakfast 10:00 Musical mo- ments 12:00 Lunch 2:00 Golden Oldies-ms 4:00 You & Me 5:00 Dinner</div>
<div>20</div> <div>8:30 Breakfast 10:00 Virtual Mass 12:00 Lunch 2:30 Active games 3:30 1:1 5:00 Dinner</div> <div></div>	<div>21</div> <div>8:30 Breakfast 10:30 On the move 11:00 Ball Toss 12:00 Lunch 2:30 Brains & Banter 3:00 you & I 5:00 Dinner</div>	<div>22</div> <div>8:30 Breakfast 10:00 Circle of friends 12:00 Lunch 2:30 Bingo 3:00 You & I 5:00 Dinner 6:00 Stepping out</div>	<div>23</div> <div>8:30 Breakfast 10:00 You & I 10:30 Drum fit 11:00 For the Soul 12:00 Lunch 3:00 Birthday Party with Barry J,OA 5:00 Dinner</div>	<div>24</div> <div>8:30 Breakfast 9:30 Music with Daiva 10:00 Soothing sensations 10:45 Bingo 12:00 Lunch 2:30 Concerts in Care –J,OA 3:45 Express yourself 5:00 Dinner</div>	<div>25</div> <div>8:30 Breakfast 10:00 Stepping out 10:30. Food committee 11:00 Ball Toss 12:00 Lunch 1:30 Garden Club with jenny 2:30 IN2L Fun 5:00 Dinner 6:00 Word Games</div>	<div>26</div> <div>8:30 Breakfast 10:00 Musical Moments 12:00 Lunch 2:30 Bingo 3:30 Walk & Talk 5:00 Dinner</div>
<div>27</div> <div>8:30 Breakfast 10:00 circle of friends 11:00 Musical Moments 12:00 Lunch 2:30 Church Service 3:30 You & I 5:00 Dinner</div>	<div>28</div> <div>8:30 Breakfast 10:00 circle of friends 11:00 For the fun of it 12:00 Lunch 1:30 Art Therapy with glynis 2:30 Brains & Banter 3:30 You & I 5:00 Dinner</div>	<div>29</div> <div>8:30 Breakfast 10:00 Horse Racing 11:00 Brains & Banter 12:00 Lunch 2:30 Bingo 5:00 Dinner 6:00 Word Games</div>	<div>30</div> <div>8:30 Breakfast 10:30 Drum Fit 11:00 For the Soul 12:00 Lunch 2:30 Halloween crafts 3:30 Board Games 5:00 Dinner</div>	<div>31 Halloween</div> <div>8:30 Breakfast 9:30 Music with Daiva 10:00 You & I 10:30 Concerts in Care –,OA 12:00 Lunch 1:30 Music with Daiva 2:30 Halloween Partynwith ryan on ms 5:00 Dinner 6:30 Halloween Bingo</div>	<div></div>	