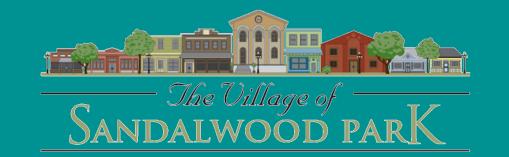


## October 2024

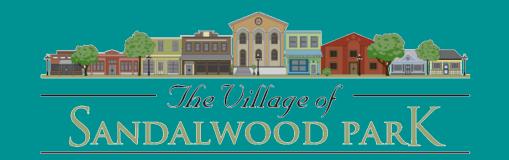


**Johnston** 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Thanks	HAPPY	8:30 Breakfast 9:30 Hymn Sing 11:00 Mini Manicures 12:00 Lunch 2:30 Coloring Together 3:30 You & I 5:00 Dinner	8:30 Breakfast 9:30 Friendly Visits 10:30 For the Fun of Fit 12:00 Lunch 2:30 Java Music 4:00 Stepping Out 5:00 Dinner	8:30 Breakfast 12:00 Lunch 1:30 Music with Daiva 2:30 Concerts In Care- OA 3:30 Tea & Trivia 3:00 For the Soul 5:00 Dinner 6:15 Bingo	8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 3:00 Pumpkin Pie Social 5:00 Dinner 6:00 IN2LFun	8:30 Breakfast 10:00 Stepping out 10:45 Word game 12:00 Lunch 3:00 Music Appreciation 5:00 Dinner
6 8:30 Breakfast	7 8:30 Breakfast	8 8:30 Breakfast	9 8:30 Breakfast	10 8:30 Breakfast	11 8:30 Breakfast	12 8:30 Breakfast
10:00 Virtual Mass 11:00 Bingo 12:00 Lunch 2:00 Musical moments 5:00 Dinner	12:00 Lunch 1:30 Art with Glynnis 2:00 Travelling the World with IN2L 2:45 Gardening with Jenny 3:30 Reading Together 5:00 Dinner 6:00 Sip & Paint	10:00 Brains & Banters 11:00 Mini Manicures 12:00 Lunch 2:30 Java Music 3:30 Express Yourself 4:00 You & I 5:00 Dinner	9:30 In The Kitchen 11:00 Family Feud 12:00 Lunch 2:30 Thanksgiving Crafts 3:30 You & I 5:00 Dinner	12:00 Lunch 1:30 Music with Daiva 2:30 Concerts In Care- C,OA 3:00 For the Soul 4:00 Reading Together 5:00 Dinner 6:00 Brains & Banter	10:00 Gentle Fitness 11:00 Brains & Banter	10:00 Balloon Burst 11:00 Active Games 12:00 Lunch 2:30 Bingo 3:30 You and Me 5:00 Dinner



## October 2024



**Johnston** 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13	14 Thanksgiving	15	16	17	18	19
8:30 Breakfast 10:00 Active Games 11:00 Brains & Banter 12:00 Lunch 2:30 Church Service 4:00 You & I 5:00 Dinner	8:30 Breakfast 10:30 Catholic Service—CH 12:00 Lunch 2:30 Thanksgiving Social - MS 2:45 Gardening with Jenny 4:00 You & I 5:00 Dinner 6:00 Bingo	8:30 Breakfast 10:00 Friendly Visits 11:00 Mini Manicures 12:00 Lunch 2:15 Book Club 4:00 You & I 5:00 Dinner	8:30 Breakfast 10:00 Brains & Banter 10:30 Residents Council 12:00 Lunch 2:30 You & I 4:00 For the Fun of Fit 5:00 Dinner	8:30 Breakfast 12:00 Lunch 1:30 Music with Daiva 2:30 You & I 2:30 Concerts In Care- OA 3:00 For the Soul 5:00 Dinner 6:30 Circle of Friends Fall leaf trip 130—4	8:30 Breakfast 10:00 Gentle Fitness 1:30 Outdoor Walks 12:00 Lunch 2:30 IN2L FUN 5:00 Dinner 6:00 Bingo	8:30 Breakfast 10:00 On the move 10:30 Word Game 12:00 Lunch 2:00 Golden Oldies 4:00 Music Appreciation 5:00 Dinner
20	21	22	23	24	25	26
8:30 Breakfast 10:00 Virtual Mass 11:00 Bingo 12:00 Lunch 2:30 Soothing sensa- tions 4:00 You & I 5:00 Dinner	8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 1:30 Baking Together– Pumpkin Scones 2:45 Gardening with Jenny 5:00 Dinner 6:30 Pumpkin Putt Putt	8:30 Breakfast 9:30 Express Yourself 11:00 Mini Manicures 12:00 Lunch 2:15 You & I 3:00 Apple Pie Social 4:00 Stepping Out 5:00 Dinner	8:30 Breakfast 9:30 Hymn Sing Along 10:15 For the Fun of the Fit 12:00 Lunch 3:00 Birthday Bash with Barry 4:00 You & I 5:00 Dinner	8:30 Breakfast 12:00 Lunch 2:30 Concerts In Care– C,OA 3:00 For the Soul 4:00 You & I 5:00 Dinner 6:00 Sip & Paint	8:30 Breakfast 10:00 Gentle Fitness 10:30 Food Committee 11:00 Brains & Banter 12:00 Lunch 2:30 IN2L Fun 3:30 You & I 5:00 Dinner	8:30 Breakfast 10:00 Balloon Burst 11:00 Active Games 12:00 Lunch 2:30 Bingo 3:30 You and Me 5:00 Dinner
8:30 Breakfast 10:00 Circle of friends 11:00 Brains & Banter 12:00 Lunch 2:30 Church Service 4:00 You & I 5:00 Dinner	8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 1:30 Art with Glynnis 2:45 Gardening with Jenny 4:00 You & I 5:00 Dinner 6:00 Bingo	8:30 Breakfast 10:00 Hymn Sing 11:00 Mini Manicures 12:00 Lunch 2:15 Halloween Crafts 4:00 You & I 5:00 Dinner	8:30 Breakfast 10:00 Brains & Banter 10:30 Stepping Out 12:00 Lunch 2:30 You & I 4:00 Pumpkin Carving 5:00 Dinner	31 Halloween  8:30 Breakfast 10:30 Concerts In Care- OA 12:00 Lunch 1:30 Music with Daiva 2:30 Halloween Social with ryan on MS 3:00 For the Soul 5:00 Dinner 6:30 Bingo		