



November 2024

Waldau Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Strasburg—(SB) Aberdeen—(AB) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD)	Trussler— (TL) Newberry— (NB) Eby — (EB) Ret. John Sweeney Rm — (JS) LTC Worship Room (LTC)	11-3 The Boutique RET Pineheaven Community Centre(PC)		1 10:00 For the Spirit 11:00 Manicures 2:00 Brain and Banter 3:00 Fun and Fitness –PAL	2 10:30 Rosary –PC 11:00 Musi&Dancing 2:00 Me & You 4:00 Express Yourself
3 10:00 TV church 11:00 Brain and Banter 2:00 Music &Dancing 3:00 Me& You	4 10:00 Balloon Toss 11:00 Manicures 2:00 Brain and Banter 3 :00 Stepping Out	5 Timbit Day 9:45 Music Therapy 11:00 Fun and Fitness PAL 2:00 Brains and Banter 3:00 Greenhouse –PC 6:00 Express Yourself	6 10:30 Catholic Mass –RV 10:45 Horticulture 2:00 Calm Colouring 3:00 Music & Dancing	7 10:00 Brain and Banter 11:00 Axe Throwing 2:15 Music Therapy 4:00 Stepping Out	8 10:00 For the Spirit 11:00 Manicures 2:00 Brain and Banter 3:00 Fun and Fitness –PAL	9 10:00 Brain and Banter 11:00 Music &Dancing 2:30 Bingo Village Wide –SB
10 10:30 Church With Royal-SH 11:00 Brain and Banter 2:00 Hand Massages 3:00 Me & You	11 10:30 Remembrance Day Service –Ret Dr 11:00 Manicures 2:00 Brain and Banter 3 :00 Craft making-Poppy	12 9:45 Music Therapy 11:00 Fun and Fitness PAL 2:00 Brain and Banter 3:00 Greenhouse –PC 6:00 Movie in Lounge	13 10:30 Lutheran Communion-PC 10:45 Horticulture 2:00 Calm Colouring 3:15 Hand Massage	14 10:00 For the Fun of Fit 11:00 Market Day Craft 2:15 Music Therapy 4:00 Reading Circle	15 10:00 For the Spirit 11:00 Manicures 2:00 Brain and Banter 3:00 Fun and Fitness-PAL	16 10:00 Brain and Banter 11:00 Music &Dancing 2:00 Me & You 4:00 Express Yourself
17 10:00 TV church 11:00 Brain and Banter 1:30 Apostolic Hym Sing -SB 2:00 Music & Dancing 3:00 Me & You	18 10:30 City Drive 11:00 Manicures 2:00 Express Yourself 3:30 Stepping Out	19 9:45 Music Therapy 11:00 Fun and Fitness PAL 2:00 Brains and Banter 3:00 Greenhouse—PC 6:00 Express Yourself	20 10:00 Balloon Toss 10:45 Horticulture 2:00 Resident Meeting 3:15 Stepping Out	21 10:00 Christmas Baking 11:00 Axe Throwing 2:15 Music Therapy 4:00 Stepping Out	22 10:30 Anglican Communion-PC 11:00 Manicures 2:00 Brain and Banter 3:00 Fun and Fitness –PAL	23 Christmas Market Tours All Day!
24 10:00 TV church 11:00 Bean Bag Toss 2:00 Music & Dancing 3:00 Me & You	25 10:30 Protestant Communion -PC 11:00 Manicures 1:45 Food Committee –PC 3:30 Kevin Coates-WD 4:00 Me & You	26 9:45 Music Therapy 11:00 Fun and Fitness PAL 2:00 Brains and Banter 3:00 Greenhouse—PH 6:00 Movie in Lounge	27 10:00 Bean Bag Toss 10:45 Horticulture 2:00 Calm Colouring 3:15 Me & You 6:15 Tom Denomme –LTC Cafe	28 10:15 Resident Council-PC 11:00 Brain and Banter 2:15 Music Therapy 4:00 Reading Circle	29 10:00 For the Spirit 11:00 Manicures 2:00 Brain and Banter 3:00 Fun and Fitness –PAL	30 10:00 Brain and Banter 11:00 Music &Dancing 2:00 Me & You 4:00 Express Yourself