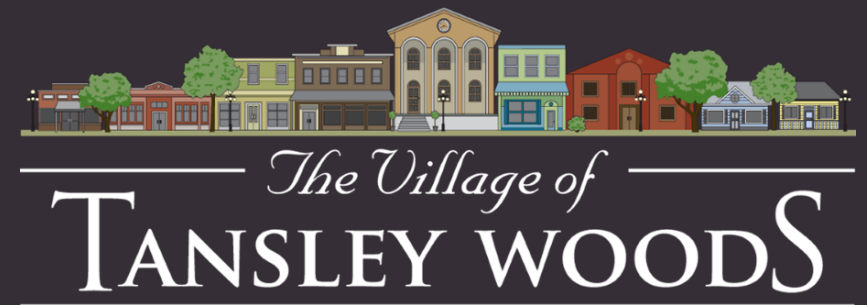




# November 2024

## APPLEBY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Legend</b></p> <p>CC– Community Center            FC– Fitness Center            TH– Town Hall            L– Library            MS– Main Street            SC– Senior Center</p>	<p><b>Residents Bill Of Rights</b></p> <p>23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential</p>				<p><b>1</b></p> <p>1:00 Neighborhood Time            2:00 For the Fun of Fit            3:00 Meditation            3:30 Stepping Out            6:00 Brains and Banter</p>	<p><b>2</b></p> <p>1:00 Neighborhood Times            2:00 Brians &amp; Banter            3:00 Paula French Performs-TH            4:00 Circle of Friends            6:00 Neighborhood Time</p>
<p><b>3 Daylight Savings Ends</b></p> <p>9:00 Neighborhood Time            11:00 For the Fun of Fit            2:15 Church Service –TH            3:30 In the Kitchen-CK</p>	<p><b>4</b></p> <p>9:15 Fun &amp; Fit            1:00 Neighborhood Time            2:00 In the Kitchen-CK            3:30 Musical Moments            6:00 Circle of Friends</p>	<p><b>5</b></p> <p>9:00 Neighborhood Time            11:00 Brains &amp; Banter            1:00 Spiritual Visits            2:15 Concerts in Care            3:30 You &amp; Me</p>	<p><b>6</b></p> <p>9:00 Neighborhood Time            10:30 Musical Moments            11:00 Total Body Fitness            1:30 Horticulture Therapy            2:00 Soothing Sensations            3:30 Express Yourself            7:00 Stepping Out</p>	<p><b>7</b></p> <p>9:00 Neighborhood Time            11:00 Music Therapy            2:00 Bunny Visits            3:30 Stepping Out            7:00 Musical Moments</p>	<p><b>8</b></p> <p>10:00 Art Therapy            11:15 Line Dancing-FC            1:00 Neighborhood Time            2:00 Circle of Friends            3:00 Meditation            3:30 Stepping Out            6:00 Brains and Banter</p>	<p><b>9</b></p> <p>9:00 Neighborhood Time            10:30 Tea Social-CC            2:00 Stepping Out            2:00 Total Body Fitness            3:00 Natalie Marie Performs-TH            6:00 Neighborhood Time</p>
<p><b>10</b></p> <p>9:00 Neighborhood Time            10:00 Movie Matinee-L            2:15 Church Service –TH            3:30 Circle of Friends            6:00 Neighborhood Time</p>	<p><b>11 Remembrance Day</b></p> <p>9:15 Fun &amp; Fit            10:30 Remembrance Day Service            1:00 Neighborhood Time            1:30 Stepping Out            3:00 Remembrance Day Social</p>	<p><b>12 Christmas Decorating</b></p> <p>9:00 Neighborhood Time            11:00 Express Yourself            1:00 Spiritual Care            2:15 Concerts in Care            3:00 You &amp; Me</p>	<p><b>13 World Kindness Day</b></p> <p>9:00 Neighborhood Time            10:30 Musical Moments            11:00 Total Body Fitness            2:00 Horticulture Therapy            2:00 Soothing Sensations            3:30 Express Yourself            7:00 Stepping Out</p>	<p><b>14</b></p> <p>9:00 Neighborhood Time            11:00 Music Therapy            11:00 You &amp; Me            1:00 Spiritual Care            2:30 In the Kitchen-CK            3:30 Stepping Out            7:00 Musical Moments</p>	<p><b>15</b></p> <p>10:00 Art Therapy            11:15 Line Dancing-FC            1:00 Neighborhood Time            2:00 Circle of Friends            3:00 Meditation            3:30 Stepping out            6:00 Brains and Banter</p>	<p><b>16 Bazaar</b></p> <p>9:00 Neighborhood Times            10:00 Bazaar            3:30 Stepping Out</p>
<p><b>17</b></p> <p>9:00 Neighborhood Time            11:00 For the Fun of Fit            2:15 Church Service –TH            3:30 In the Kitchen-CK</p>	<p><b>18</b></p> <p>9:15 Fun &amp; Fit            10:00 Mother Goose-TH            1:00 Neighborhood Time            2:00 In the Kitchen-CK            3:30 Musical Moments</p>	<p><b>19</b></p> <p>9:00 Neighborhood Time            11:00 Brains &amp; Banter            2:15 Concerts in Care            3:30 You &amp; Me</p>	<p><b>20</b></p> <p>9:00 Neighborhood Time            10:30 Musical Moments            11:00 Total Body Fitness            2:00 Horticulture Therapy            2:00 Soothing Sensations            3:30 Express Yourself            7:00 Stepping Out</p>	<p><b>21</b></p> <p>9:00 Neighborhood Time            11:00 Music Therapy            11:00 You &amp; Me            2:30 In the Kitchen-CK            3:30 Stepping Out            7:00 Musical Moments</p>	<p><b>22</b></p> <p>10:00 Art Therapy            11:15 Line Dancing-FC            1:00 Neighborhood Time            2:00 Circle of Friends            3:00 Meditation            3:30 Stepping Out            6:00 Brains and Banter</p>	<p><b>23</b></p> <p>9:00 Neighborhood Time            10:30 Hot Chocolate Social-CC            2:00 Stepping Out            2:00 Total Body Fitness            3:00 Escapade Trio Performs-TH            6:00 Neighborhood Time</p>
<p><b>24</b></p> <p>9:00 Neighborhood Time            10:00 Movie Matinee-L            2:15 Church Service –TH            3:30 Circle of Friends            6:00 Neighborhood Time</p>	<p><b>25</b></p> <p>9:15 Fun &amp; Fit            1:00 Neighborhood Time            2:00 Express Yourself            3:30 Brains &amp; Banter            6:00 Celebration of Life</p>	<p><b>26</b></p> <p>9:00 Neighborhood Time            11:00 Brains &amp; Banter            1:00 Spiritual Care            3:00 Happy Hour-TH</p>	<p><b>27</b></p> <p>8:00 Breakfast Club            9:00 Neighborhood Time            10:30 Musical Moments            11:00 Total Body Fitness            2:00 You &amp; Me            7:00 Stepping Out</p>	<p><b>28</b></p> <p>9:00 Neighborhood Time            10:30 Gratis Shoppe-MS            11:00 Music Therapy            2:30 In the Kitchen-CK            3:00 Residents Council            7:00 Musical Moments</p>	<p><b>29</b></p> <p>10:00 Art Therapy            11:15 Line Dancing-FC            1:00 Neighborhood Time            2:30 Birthday Social-CC            3:00 Meditation            3:30 Stepping Out            6:00 Brains and Banter</p>	<p><b>30</b></p> <p>1:00 Neighborhood Time            2:00 Brians &amp; Banter            3:00 Brad Boland Performs-TH            4:00 Stepping Out            6:00 Neighborhood Time</p>