



# October 2024

Erindale Place & Sheridan Way



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 10:30 Group Exercise (CQ) 2:30 Arm-Chair Travel: Greece	<b>2 Rec Meeting*</b> 3:00 Group Exercise	<b>3</b> 10:30 Group Exercise (CQ) 1:00 Manicures 1:30 Pet Visits 2:30 Movie Afternoon 6:30 Outdoor Walks	<b>4 National Taco Day</b> 10:00 Outing to Springridge Farm 10:30 Group Exercise (CQ) 2:30 Mexican Fiesta (CQ) 6:30 Soothing Sensation	<b>5</b> 10:30 <b>Entertainment w/ Michael F. (CQ)</b> 2:30 Movie Afternoon
<b>6</b> 10:30 Church Service 11:00 Hymn Sing <b>2:30 Oktoberfest (CQ)</b>	<b>7</b> 10:30 Chair Yoga (CQ) 2:30 Concerts in Care 3:00 Group Exercise 6:30 Trivia	<b>8</b> 10:30 Group Exercise (CQ) <b>10:30 Art Class (AR)</b> <b>2:30 Entertainment w/ James Cormier (CQ)</b> 6:30 Movie Night (CQ)	<b>9</b> 10:45 Music w/ Wendy 2:30 Christmas Market Prep (AR) 3:00 Group Exercise 6:30 Travelogue	<b>10</b> 10:30 Group Exercise (CQ) 1:00 Manicures 1:30 Pet Visits 2:30 Euchre Tournament (AR) 2:30 Chinese Class w/ Pao C. 6:30 Outdoor Walks	<b>11</b> 10:30 Group Exercise (CQ) 2:30 Soothing Sensations	<b>12</b> 10:30 Fun and Fitness <b>2:30 Arm-Chair Travel: Pakistan</b> 6:30 Stepping Out
<b>13</b> 10:30 Church Service 11:00 Hymn Sing <b>2:30 High Tea Social (CQ)</b> 6:30 BINGO	<b>14 Thanksgiving</b> 10:30 Gratitude Circle <b>2:30 Pumpkin Bowling (CQ)</b> 6:30 Trivia	<b>15</b> 10:30 Group Exercise (CQ) 2:30 Christmas Market Prep	<b>16</b> 10:30 You & Me 3:00 Group Exercise 6:30 Travelogue	<b>17</b> 10:30 Group Exercise (CQ) 1:00 Manicures 1:30 Pet Visits 2:00 Thanksgiving Tea Outing 2:30 Critter Visits 6:30 Outdoor Walks	<b>18</b> 10:30 Group Exercise (CQ) 10:30 Skill Share Program (AR) 2:30 BINGO 6:30 Soothing Sensation	<b>19</b> 10:30 Hangman 11:00 Musical Moments <b>2:30 Baking: Pies</b>
<b>20</b> 10:30 Church Service 11:00 Hymn Sing 2:30 Flower Arranging	<b>21</b> <b>10:30 Chair Yoga (CQ)</b> 2:30 Concerts in Care 3:00 Group Exercise 6:30 Trivia	<b>22</b> 10:30 Group Exercise (CQ) <b>2:30 Casino Afternoon (CQ)</b> 6:30 Soothing Sensations	<b>23</b> 10:45 Music w/ Wendy 3:00 Group Exercise 6:30 Travelogue	<b>24</b> 10:30 Group Exercise 1:30 Pet Visits 2:30 Euchre Tournament (AR) 6:30 Outdoor Walks	<b>25</b> 10:30 Group Exercise (CQ) 2:30 Christmas Market Prep	<b>26</b> 10:30 Fun and Fitness 2:30 Movie Afternoon
<b>27</b> 10:30 Church Service 11:00 Hymn Sing <b>2:30 Bowling (CQ)</b>	<b>28</b> <b>10:30 Art Class (AR)</b> 2:30 Concerts in Care 3:00 Group Exercise 6:30 Trivia	<b>29</b> 10:30 Group Exercise (CQ) 2:30 Christmas Market Prep	<b>30</b> <b>10:30 Chair Yoga (CQ)</b> 3:00 Group Exercise 6:30 Travelogue	<b>31 Halloween</b> 10:30 Group Exercise (CQ) <b>2:30 Entertainment w/ Ryan Andrews (CQ)</b> 6:30 Outdoor Walks	<b>Recreation Team Members</b> Ankita, Jashan, and Reena  <b>Neighborhood Coordinator</b> Ferdie Gonzales	