


# November 2024

## Egerton Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* - Independent Program                      A - Art Studio                      C - Cafe                      CC - Community Centre                      CH - Chapel                      EG - Egerton                      FC - Fitness Centre                      HS - Hobby Shop</p>	<p>L - Library                      MS - Main Street                      R - Ruby Restaurant                      SC - Social Club                      SH - School House                      TH - Town Hall                      TS - Town Square                      WB- Williamsburg</p>	<p>Please refer to the  <b>"Daily Activity Board" on Main Street for any program time/location changes or cancellations.</b></p>			<p><b>1</b>  <b>Sign Up Day 10-3</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:45am Picture Bingo                      12:00am <b>Lunch</b>                      1:45pm Travelling Nail Cart                      3:30pm Happy Hour (\$) - SC                      5:00pm <b>Dinner</b></p>	<p><b>2</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:30am For the Fun of Fit (bowling)                      12:00am <b>Lunch</b>  <b>2:00pm Entertainment with Ron Tansley EG Lounge</b>                      4:00pm You &amp; I - Vari                      5:00pm <b>Dinner</b>                      7:15pm Saturday Night Bingo* - HS</p>
<p><b>3</b>                      8:00am <b>Breakfast</b>                      10:00am Church Service w/ Ankit - TH                      10:00am Neighbourhood Time                      10:45am Brains and Banter: Board Games                      12:00am <b>Lunch</b>                      1:30pm Stepping Out                      2:30pm Church Service with Janet- TH                      3:15pm Fellowship - TH                      5:00pm <b>Dinner</b></p>	<p><b>4</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:30am For the Soul w/ Janet                      10:45am For the Fun of Fit - Loun                      12:00am <b>Lunch</b>  <b>2:00pm Sensory Movie (EM/EG) - TH</b>                      5:00pm <b>Dinner</b></p>	<p><b>5</b>                      8:00am <b>Breakfast</b>                      11:00am Fit for Life w/ Moses                      12:00am <b>Lunch</b>                      1:30pm Bingo - Vari                      3:30pm Happy Hour w/ Trivia (\$) - SC                      5:00pm <b>Dinner</b>                      6:30pm Soothing Sensations - Loun                      7:15pm Music Through The Ages w/ Norm-TH</p>	<p><b>6</b>  <b>SHSM (8am-4pm)</b>  <b>11-2 Ruby On The Run</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:30am Music Therapy with Jenn                      11:00am DanceFIT - HS  <b>12-4 Recreation Team Meeting</b>                      12:00am <b>Lunch</b>                      1:00pm Fitness w/ VON - Loun                      5:00pm <b>Dinner</b></p>	<p><b>7</b>                      8:00am <b>Breakfast</b>  <b>9:15am Breakfast Club: French Toast - H</b>                      10:00am Neighbourhood Time                      12:00am <b>Lunch</b>                      2:00pm In the Kitchen - Coun                      5:00pm <b>Dinner</b></p>	<p><b>8</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      11:00am Java Music Club                      12:00am <b>Lunch</b>                      2:00pm For The Fun of Fit - Loun                      2:30pm Hand Wax Therapy - HS                      3:30pm Happy Hour (\$) - SC                      5:00pm <b>Dinner</b></p>	<p><b>9</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:45am Trivia - Hobb                      12:00am <b>Lunch</b>  <b>2:30pm Entertainment with Jeff Giles - TH</b>                      3:30pm Musical Moments - Vari                      5:00pm <b>Dinner</b>                      7:15pm Saturday Night Bingo* - HS</p>
<p><b>10</b>                      8:00am <b>Breakfast</b>                      10:00am Church Service w/ Ankit - TH                      10:00am Neighbourhood Time                      10:45am Brains and Banter: Board Games                      12:00am <b>Lunch</b>                      1:45pm Movie Matinee - Loun                      2:30pm Church Service with Janet- TH                      3:15pm Fellowship - TH                      5:00pm <b>Dinner</b></p>	<p><b>11</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time  <b>10:30am Remembrance Day Service</b>                      10:30am For the Soul w/ Janet                      12:00am <b>Lunch</b>  <b>12:00pm Veterans Lunch in Ruby</b>                      5:00pm <b>Dinner</b></p>	<p><b>12</b>  <b>National Happy Hour Day</b>                      8:00am <b>Breakfast</b>  <b>9:30am Lettuce Talk Food - EG</b>                      11:00am Fit for Life w/ Moses                      12:00am <b>Lunch</b>                      1:30pm Bingo - Vari                      3:30pm Happy Hour w/ Trivia (\$) - SC                      5:00pm <b>Dinner</b>                      6:30pm Soothing Sensations - Loun                      7:15pm Music Through The Ages w/ Norm-TH</p>	<p><b>13</b>  <b>Christmas Decorating Day 1</b>  <b>10-2 Cathy's Scarves &amp; Jewellery</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      11:00am DanceFIT - TH                      12:00am <b>Lunch</b>                      1:00pm Fitness w/ VON - Loun                      5:00pm <b>Dinner</b></p>	<p><b>14</b>  <b>Christmas Decorating Day 2</b>  <b>Pickle Day (Wear Green)</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      12:00am <b>Lunch</b>  <b>1:30pm Outing: Country Drive</b>                      5:00pm <b>Dinner</b></p>	<p><b>15</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:45am Picture Bingo                      12:00am <b>Lunch</b>                      2:00pm In the Kitchen - Coun                      3:30pm Happy Hour (\$) - SC                      5:00pm <b>Dinner</b></p>	<p><b>16</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:30am For the Fun of Fit (bowling)                      12:00am <b>Lunch</b>                      2:30pm Express Yourself - Hobb                      3:30pm Words &amp; Wisdom - Loun                      5:00pm <b>Dinner</b>                      7:15pm Saturday Night Bingo* - HS</p>
<p><b>17</b>                      8:00am <b>Breakfast</b>                      10:00am Church Service w/ Ankit - TH                      10:00am Neighbourhood Time                      10:45am Brains and Banter: Board Games                      12:00am <b>Lunch</b>                      1:30pm Stepping Out                      2:30pm Virtual Church Service - TH                      3:15pm Fellowship - TH                      5:00pm <b>Dinner</b></p>	<p><b>18</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:30am For the Soul w/ Janet                      10:45am For the Fun of Fit - Loun                      12:00am <b>Lunch</b>                      2:00pm In the Kitchen - Coun                      3:30pm Musical Moments - Vari                      5:00pm <b>Dinner</b></p>	<p><b>19</b>                      8:00am <b>Breakfast</b>                      11:00am Fit for Life w/ Moses                      12:00am <b>Lunch</b>                      1:30pm Bingo - Vari                      3:30pm Happy Hour w/ Trivia (\$) - SC                      5:00pm <b>Dinner</b>                      6:30pm Soothing Sensations - Loun                      7:15pm Music Through The Ages w/ Norm-TH</p>	<p><b>20</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:30am Music Therapy with Jenn  <b>10:30am Roman Catholic Mass - CH</b>                      11:00am DanceFIT - TH                      12:00am <b>Lunch</b>                      1:00pm Fitness w/ VON - Loun                      2:00pm For the Soul w/ Rec  <b>2:30pm Arm Chair Travel: Tokyo Japan</b>                      3:45pm Travelling Nail Cart - Loun                      5:00pm <b>Dinner</b></p>	<p><b>21</b>  <b>Retirement Home 8 Year Anniversary!</b>  <b>11-3 Nellie's Comfort Shoes</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time  <b>10:30am Outing: Art Gallery of Hamilton</b>                      12:00am <b>Lunch</b>  <b>2:30pm Entertainment w/ Women's Golden Horseshoe Choir - TS</b>                      5:00pm <b>Dinner</b></p>	<p><b>22</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      11:00am Java Music Club                      12:00am <b>Lunch</b>                      1:45pm For the Fun of Fit - Loun                      2:30pm Hand Wax Therapy - HS  <b>3:00pm Birthday Happy Hour-SC</b>                      5:00pm <b>Dinner</b>  <b>8:30pm Walker &amp; Wheelchair Cleaning (Leave outside of Suite)</b></p>	<p><b>23</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:45am Trivia - Hobb                      12:00am <b>Lunch</b>                      1:45pm For the Fun of Fit - Loun                      3:30pm Musical Moments - Vari                      5:00pm <b>Dinner</b>                      7:15pm Saturday Night Bingo* - HS</p>
<p><b>24</b>                      8:00am <b>Breakfast</b>                      10:00am Church Service w/ Ankit - TH                      10:00am Neighbourhood Time                      10:45am Brains and Banter: Board Games</p>	<p><b>25</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:30am For the Soul w/ Janet                      10:45am For the Fun of Fit - Loun                      12:00am <b>Lunch</b></p>	<p><b>26</b>                      8:00am <b>Breakfast</b>                      11:00am Fit for Life w/ Moses                      12:00am <b>Lunch</b>                      1:30pm Bingo - Vari                      3:30pm Happy Hour w/ Trivia (\$) - SC</p>	<p><b>27</b>  <b>SHSM (8am-4pm)</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:45am Musical Moments                      11:00am DanceFIT - SC</p>	<p><b>28</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:45am Morning Movements - Loun                      12:00am <b>Lunch</b>  <b>1:30pm Outing: Royal Botanical</b></p>	<p><b>29</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      10:45am Picture Bingo                      12:00am <b>Lunch</b>                      1:45pm For the Fun of Fit - Loun</p>	<p><b>30</b>  <b>Christmas Bazaar from 10-3</b>  <b>Wear Anything Christmas</b>                      8:00am <b>Breakfast</b>                      10:00am Neighbourhood Time                      12:00am <b>Lunch</b></p>

12:00am <b>Lunch</b> 1:45pm Movie Matinee - Loun 2:30pm Church Service with Janet- TH 3:15pm Fellowship - TH 5:00pm <b>Dinner</b>	2:30pm <b>Magic Show - TH</b> 5:00pm <b>Dinner</b>	5:00pm <b>Dinner</b> 6:30pm Soothing Sensations - Loun 7:15pm Music Through The Ages w/ Norm-TH	12:00am <b>Lunch</b> 1:00pm Fitness w/ VON - Loun 2:00pm <b>Pie in the Face Fundraiser - TS</b> 3:30pm Travelling Nail Cart - Loun 5:00pm <b>Dinner</b>	<b>Garden</b> 3:45pm Friendly Visits - Vari 5:00pm <b>Dinner</b>	3:30pm Happy Hour (\$) - SC 5:00pm <b>Dinner</b>	5:00pm <b>Dinner</b> 7:15pm Saturday Night Bingo* - HS
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Coun - Country Kitchen

Hobb - Hobby Room

Loun - Lounge

SC - Social Club

Vari - Varied