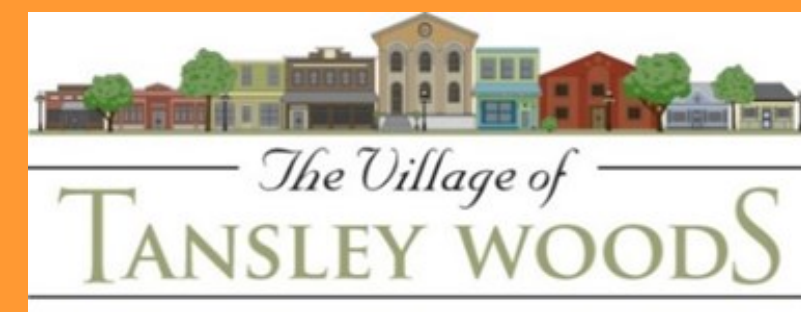




October 2024

Emma's East Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:00 Breakfast 11:00 Get Moving 12:00 Lunch 2:15 Stepping Out 3:30 Painting 5:00 Dinner	2 8:00 Breakfast 10:30 Bowling 12:00 Lunch 2:30 Hand Massages 3:30 Exercise Class 4:00 Stepping Out 5:00 Dinner	3 8:00 Breakfast 12:00 Lunch 2:00 Active Games 3:15 Brains and Banter 4:00 Circle of Friends 5:00 Dinner 6:15 You and Me	4 8:00 Breakfast 11:00 Dog Visit (Monty) 12:00 Lunch 2:30 Stepping Out (Fall walk) 3:30 Exercise Class 4:00 You and Me 5:00 Dinner	5 8:00 Breakfast 10:00 Church Service 11:00 Get Moving 12:00 Lunch 2:00 Live Entertainment (Brent Meidinger) Egerton 5:00 Dinner
6 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:00 Nails 5:00 Dinner	7 8:00 Breakfast 10:30 Art Workshop 12:00 Lunch 3:45 Bingo 5:00 Dinner	8 World Octopus Day 8:00 Breakfast 11:00 Get Moving 12:00 Lunch 2:15 Documentary The Octopus Teacher 5:00 Dinner	9 8:00 Breakfast 10:30 Bowling 12:00 Lunch 2:30 Brains and Banter 3:30 Exercise Class 4:00 Stepping Out 5:00 Dinner	10 8:00 Breakfast 12:00 Lunch 1:30 Scenic Drive Outing 4:00 Circle of Friends 5:00 Dinner 6:15 You and Me	11 8:00 Breakfast 11:00 Dog Visit (Monty) 12:00 Lunch 2:30 Stepping Out 3:30 Exercise Class 4:00 You and Me 5:00 Dinner	12 8:00 Breakfast 10:00 Church Service 11:00 Get Moving 12:00 Lunch 2:00 Nails 5:00 Dinner
13 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:00 You & Me 5:00 Dinner	14 Happy Thanksgiving 8:00 Breakfast 11:00 Brains and Banter 12:00 Lunch 2:15 Bowling 4:00 Bingo 5:00 Dinner	15 8:00 Breakfast 11:00 Get Moving 12:00 Lunch 3:00 Oktoberfest Show David Skolnik (Town Square) 5:00 Dinner	16 8:00 Breakfast 12:00 Lunch 2:30 Hand Massages 3:30 Exercise Class 4:00 Stepping Out 5:00 Dinner	17 8:00 Breakfast 12:00 Lunch 2:00 Active Games 3:15 Brains and Banter 4:00 Circle of Friends 5:00 Dinner 6:15 You and Me	18 8:00 Breakfast 9:30 Outing 12:00 Lunch 2:30 Brains & Banter 3:30 Exercise Class 4:00 You and Me 5:00 Dinner	19 8:00 Breakfast 10:00 Church Service 11:00 Get Moving 12:00 Lunch 2:15 Live Entertainment The Harlequin Singers 5:00 Dinner
20 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:00 You & Me 5:00 Dinner	21 8:00 Breakfast 10:30 Art Workshop 10:30 Mother Goose (Town Hall) 12:00 Lunch 3:45 Bingo 5:00 Dinner	22 8:00 Breakfast 10:45 Cupcake Decorating 12:00 Lunch 2:15 Stepping Out 4:00 Active Games 5:00 Dinner	23 8:00 Breakfast 10:30 Bowling 12:00 Lunch 2:30 Brains and Banter 3:30 Exercise Class 4:00 Stepping Out 5:00 Dinner	24 8:00 Breakfast 12:00 Lunch 2:00 Active Games 3:15 Brains and Banter 4:00 Circle of Friends 5:00 Dinner 6:15 You and Me	25 8:00 Breakfast 8:15 Breakfast Club (Hobby Shop) 12:00 Lunch 2:30 Stepping Out 3:30 Exercise Class 4:00 You and Me 5:00 Dinner	26 8:00 Breakfast 10:00 Church Service 11:00 Get Moving 12:00 Lunch 2:00 Nails 5:00 Dinner
27 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:00 Nails 5:00 Dinner	28 8:00 Breakfast 10:30 Art Workshop 12:00 Lunch 3:00 Birthday Party 5:00 Dinner	29 8:00 Breakfast 10:45 Pumpkin Carving 12:00 Lunch 2:15 Movie (Halloween) 5:00 Dinner	30 8:00 Breakfast 10:45 Bowling 12:00 Lunch 5:00 Dinner	31 Happy Halloween 8:00 Breakfast 10:30 Halloween Parade 12:00 Lunch 2:00 Halloween Dance Main Floor 5:00 Dinner		