

## November 2024

## **EMMA'S NEIGHBOURHOOD**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend JS = John Sweeney/ Community Room FL = Fireside Lounge HS = Hobby Shop L = Library	R = Roseville (LTC 4th floor) DR = Dining Room FC = Fitness Centre W = Winnies Pub Ch = Chapel	EG = Egerton Neighborhood EM= Emma's Neighborhood PC=Pine haven Community room			19:30Dwali Service-PC10:30Ladies Club10:30Stepping Out2:00Exercises with Heather3:30Brains and Banter	2 10:00 Rosary Service-Ch 11:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit
3 10:30 Church with Hector-JS 10:30 Stepping Out 2:00 Movie and Popcorn 3:30 Brains and Banter	4 10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 Pet Visits 3:30 WP Choir Practice –JS	<ul> <li>5</li> <li>10:00 Classical Connections</li> <li>11:00 You &amp; Me</li> <li>2:30 For the Fun of Fit</li> <li>3:00 Brains and Banter</li> </ul>	6 10:00 For the Soul 10:15 Music Therapy-FL 10:30 Catholic Mass—R 11:00 Walk with Heather 1:30 Stepping Out 2:30 SMART Exercises 3:30 Our Musical Past 6:30 Soothing Sensations	7 10:00 Stepping Out 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit	<ul> <li>8</li> <li>10:30 Ladies Club</li> <li>10:30 Stepping Out</li> <li>2:00 Exercises with Heather</li> <li>3:30 Brains and Banter</li> </ul>	9 10:00 Stepping Out 11:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit
10 10:30 TV Church 10:30 Stepping Out 2:00 Movie and Popcorn 3:30 Brains and Banter	<ul> <li>11 REMEMBERANCE DAY</li> <li>10:30 Remembrance Day Service</li> <li>1:30 Musical Moments</li> <li>2:30 For the Fun Fit</li> <li>3:30 Pet Visits</li> <li>3:30 WP Choir Practice –JS</li> </ul>	12 10:00 Movie 11:00 Stepping Out 2:00 You and Me 3:00 "Now and Then" Entertainment	<ul> <li>13</li> <li>10:00 For the Soul</li> <li>10:15 Music Therapy-FL</li> <li>10:30 Lutheran Communion –EB</li> <li>11:00 Walk with Heather</li> <li>1:30 Stepping Out</li> <li>2:30 SMART Exercises</li> <li>3:30 Our Musical Past</li> </ul>	14         10:00       Stepping Out         11:00       Bingo         2:00       You and Me         3:30       For the Fun of Fit	<ul> <li>15</li> <li>10:30 Ladies Club</li> <li>10:30 Stepping Out</li> <li>10:30 Anglican/Lutheran Communion-PC</li> <li>2:00 Exercises with Heather</li> <li>3:30 Brains and Banter</li> </ul>	<ul> <li>16</li> <li>10:00 Stepping Out</li> <li>11:00 Musical Moments</li> <li>2:00 You and Me</li> <li>3:00 For the Fun of Fit</li> </ul>
<ul> <li>17</li> <li>10:30 Church with Kathleen-JS</li> <li>10:30 Stepping Out</li> <li>2:00 Movie and Popcorn</li> <li>3:30 Brains and Banter</li> </ul>	18 10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 Pet Visits 3:30 WP Choir Practice –JS	<ul> <li>19</li> <li>10:00 Classical Connections</li> <li>11:00 You &amp; Me</li> <li>2:30 For the Fun of Fit</li> <li>2:30 RNS Country Show –DR</li> <li>3:00 Brains and Banter</li> </ul>	<ul> <li>20</li> <li>10:00 For the Soul</li> <li>10:15 Music Therapy-FL</li> <li>11:00 Walk with Heather</li> <li>1:30 Stepping Out</li> <li>2:30 SMART Exercises</li> <li>3:30 Our Musical Past</li> <li>6:30 Soothing Sensations</li> </ul>	<ul> <li>21</li> <li>10:00 Stepping Out</li> <li>11:00 Bingo</li> <li>2:00 You and Me</li> <li>3:30 For the Fun of Fit</li> </ul>	<ul> <li>22</li> <li>10:30 Ladies Club</li> <li>10:30 Stepping Out</li> <li>2:00 Exercises with Heather</li> <li>3:30 Brains and Banter</li> </ul>	23 10:00 CHRISTMAS MARKET 3:00 Sing Along
<ul> <li>24</li> <li>10:30 Church with Hector-JS</li> <li>10:30 Stepping Out</li> <li>2:00 Movie and Popcorn</li> <li>3:30 Brains and Banter</li> </ul>	25 10:00 Bingo 10:30 Protestant Communion –PC 1:30 Musical Moments 2:30 SMART Exercises 3:30 Pet Visits 3:30 WP Choir Practice –JS	<ul> <li>26</li> <li>10:00 Classical Connections</li> <li>11:00 You &amp; Me</li> <li>2:30 Grand River Concert Band –DR</li> <li>3:30 Brains and Banter</li> </ul>	<ul> <li>27</li> <li>10:00 For the Soul</li> <li>10:15 Music Therapy-FL</li> <li>11:00 Walk with Heather</li> <li>1:30 Country Drive</li> <li>2:30 SMART Exercises</li> <li>3:30 Our Musical Past</li> <li>6:30 Soothing Sensations</li> </ul>	<ul> <li>28</li> <li>10:00 Stepping Out</li> <li>11:00 Bingo</li> <li>2:00 You and Me</li> <li>3:30 For the Fun of Fit</li> </ul>	<ul> <li>29</li> <li>10:30 Ladies Club</li> <li>10:30 Stepping Out</li> <li>2:00 Exercises with Heather</li> <li>3:30 Brains and Banter</li> </ul>	<ul> <li>30</li> <li>10:00 Stepping Out</li> <li>11:00 Musical Moments</li> <li>2:00 You and Me</li> <li>3:00 For the Fun of Fit</li> </ul>

