










Essex

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Shelby is off Calendar Distribution 10:30 Games on Mainstreet Neighbourhood 1:1 Time 1:30 Music with Joe 3:00 Spiritual Healing (E) 6:00 The Garden Club	2 9:30 Staying Fit with Pal Pancakes in Greenhouse 10:30 Walks Outside 10:30 Games on MainStreet Afternoon Crafting 3:00 Zumba on Mainstreet	3 Kristy is off 1:1 Horoscopes 10:30 Bible Study 10:30 Nerf Gun Target on Mainstreet 1:30 Crochet Club 1:1 independent Activities	4 1:1 Puzzles 10:30 Choir Practice 10:30 Balloon Volleyball MS Friday Afternoon Bowling	5 Kristy is here Morning Stretches and Chair Yoga Neighbourhood 1:1 Time Target Throw 2:30 Terry Raisebeck in the Chapel/Library
6 Kristy is here Let's get UP and MOVE IN2L RC Live Stream Mass Spiritual Talks Balloon Toss Neighbourhood 1:1 Time Sunday "Sundaes" Sunday Manicures	7 Shelby is late 9:30 Fitness with PAL Independent Activities 1:30 The Gathering (Chapel) Trivia time Board Games 	8  Colouring Club Neighbourhood Time 1:30 Music with Joe 3:00 Spiritual Healing (E) 6:00 The Garden Club	9 Happy Birthday Shirley 9:30 Fitness with PAL 10:30 Walk & Roll Neighbourhood 1:1 Time Afternoon Crafting 3:00 Zumba (Library)	10 Kristy is Late Neighbor 1:1 Time 1:1 Horoscopes 10:30 Bible Study 1:30 Crochet Club Monthly Birthday Parties Bowling Club on Mainstreet 	11 Shelby is off Spooky Stretch Neighbourhood 1:1 Time Walks Outside Trivia Afternoon at the Horse track 	12 Shelby is in Happy Birthday Brian Giant Crossword Morning 1:1's 2:30 Crystal St. Dennis in the Library/Chapel
13 Shelby is in Happy Birthday J.P. IN2L Church in Parlor Manicure's Neighbourhood Time Village Games on MS	14 Shelby is Late Happy Thanksgiving  Stretch those Turkey Legs Neighbourhood 1:1 Time Gobble, Gobble Ingo Family Feud Night	15 Shelby is off Happy Birthday Hazem Let's move those Bones Table Top Bowling 1:30 Music with Joe 3:00 Spiritual Healing (H) 6:00 The Garden Club	16 9:30 Fitness with PAL 10:30 Walk & Roll Neighbourhood 1:1 Time Pumkin Toss 3:00 Zumba (Library) 6:00 Parkwood Service	17 Kristy is off 1:1 Horoscopes 10:30 Bible Study 1:30 Crochet Club Buckets Game 	18 1:1 Puzzles 10:30 Choir Practice Neighbourhood Time Friday Fun & Games 	19 Kristy is In Frightful Fitness Neighbourhood 1:1 Time Every Letter Spooky things Walks outside 2:30 Ernie Miller in Library/Chapel
20 Kristy is in Pumpkin Pump it up IN2L Live Stream Mass Trick your Treat Yourself Spa day Italian Coffee Hour (all is welcome) Neighbourhood 1:1 Time	21 Shelby is Late 9:30 Fitness with PAL Independent Activities 1:30 The Gathering (Chapel) Drink Up Witches and Warlocks Hot Coco Social Trivia Night 	22 Morning Check Ins 9:30 Stretch your Bones Neighbourhood 1:1 Time 1:30 Music with Joe 3:00 Spiritual Healing (H) 6:00 The Garden Club	23 9:30 Fitness with PAL 10:30 Walk & Roll Halloween Baking Neighbourhood 1:1 Time 3:00 Zumba (Library) 6:00 Pub Night	24 Kristy is Late 1:1 Horoscopes 10:30 Bible Study 1:30 Crochet Club Neighbourhood 1:1 Times Where in the World are We Bowling Club on Mainstreet 	25 Shelby is off Stretch those Bones Name Five Neighbourhood 1:1 Time Ring Toss Fangs for the memories 	26 Shelby is IN Morning 1:1's Book Club 2:30 Dave Wilson in the Library/Chapel
27 Shelby is In IN2L Church in Parlour Halloween Parade Afternoon movie and Independent activities	28 Shelby is Late  9:30 Fitness with PAL The History of Halloween 1:30 The Gathering (Chapel) Pumpkin Carving SPOOKY MOVIE NIGHT	29 Shelby is off Broomstick Fitness Finish the sentence Neighbourhood 1:1 Time 1:30 Music with Joe 3:00 Spiritual Healing (E) 6:00 The Garden Club	30 9:30 Fitness with PAL 10:30 Neighbourhood Time Spooky Activities 3:00 Zumba	31 Kristy is off Happy Halloween!!!! Spooky Stories 10:30 Bible Study Halloween Fun 