

OCTOBER

Johnston

Legend

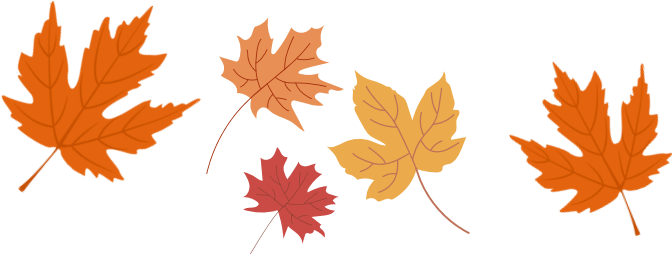

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

Announcement:

Save the Date...
Christmas Market November 16th
10am-3pm
More Details to Follow

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|---|---|
|  | | 1 Tim Hortons Day 9:30 Express Yourself 10:30 Stepping Out 2:00 Bingo (MS) 6:30 In the Kitchen (CC) | 2 9:15 Art with Sonal 11:00 You and me 2:00 Oktoberfest Party (RH) 6:30 Movie & Popcorn (C) | 3 10:00 Green Thumbs 1:30 Let's Paint 2:30 Board Games 6:30 Active Games | 4 1:30 Manicures 2:30 Stepping Out 3:30 Brains and Banter 6:30 Crafting Club | 5 9:30 Weekend Perks 10:30 You And Me 2:00 Entertainment (Po) |
| 6 9:30 Weekend Perks 10:00 For The Soul 2:00 BINGO (JO) 3:30 Let's Color | 7 10:30 Sit 'N Get Fit 11:00 Express Yourself 1:30 Musical Moments 3:00 Travelogue (Hawaii) 6:30 Game Show Trivia (CC) | 8 9:30 Active Games 11:00 You and Me 2:00 Bingo (MS) 6:30 Devotions (C) | 9 9:15 Art with Sonal 10:30 Puzzel It Out 2:00 Bill Of Rights and Calendar Planning 6:30 Games Night (CC) | 10 10:00 Green Thumbs 2:00 Craft Time 3:30 You And Me 5:00 Diners Club Takeout Supper 6:30 Active Games | 11 10:00 Manicures 11:00 Let's Color 2:00 BINGO (JO) 6:30 Crafting Club | 12 9:30 The Weekend Perks 11:00 Stepping Out 2:00 Entertainment (Wr) |
| 13 9:30 Weekend Perks 10:00 For The Soul 11:00 You and Me 1:30 Brains and Banter 3:00 For Fun of Fit | 14 Thanksgiving 9:30 You and me 11:00 Let's Talk Turkey 1:30 Stepping Out 3:00 Brain and Banter 6:30 Game Show Trivia (CC) | 15 9:00-12:00 Outing Van T2:00 Bingo (MS) 6:30 In the Kitchen (CC) | 16 9:15 Art with Sonal 10:30 Manicure 1:30 Brains and Banter 3:00 Java Music 6:30 Games Night (CC) | 17 10:00 Green Thumbs 2:00 Polka Time with Henry + Melissa (MS) 6:30 Active Games | 18 1:30 Brains and Banter 2:30 Active Games 3:30 You and Me 6:30 Crafting Club | 19 9:30 Weekend Perks 10:00 Tim Horton's Coffee and Tim Bits 2:00 Entertainment (Do) |
| 20 9:30 Weekend Perks 10:00 For The Soul 11:15 Express Yourself 2:00 BINGO (JO) | 21 9:30 Soothing Sensations 10:30 Village Updates (C) 10:30 Sit 'N Get Fit 1:30 Express Yourself 2:30 Musical Moments 6:30 Game Show Trivia (CC) | 22 9:00 Outing Bus 11:00 Brains and Banter 2:00 Bingo (MS) 3:30 For The Fun of Fit 6:30 Devotions (C) | 23 9:15 Art with Sonal 11:00 You and Me 2:00 Food Committee (C) 3:30 Let's Color 6:30 Games Night (CC) | 24 2:00 Resident's Council (C) 3:30 Puzzle It Out 6:30 Active Games | 25 9:30 Manicures 11:00 You and Me 2:00 BINGO (JO) 6:30 Crafting Club | 26 9:30 The Weekend Perks 10:30 Community Trick or Treat 2:00 Card Afternoon (MS) 3:30 Stepping Out |
| 27 9:30 Weekend Perks 10:00 For The Soul 1:30 Stepping Out 3:00 Musical Moments... | 28 9:30 Stepping Out 10:30 Sit 'N Get Fit 2:00 Let's Play Cards 6:30 Game Show Trivia (CC) | 29 9:30 You and Me 10:30 Stepping Out 2:00 Bingo (MS) 6:30 In the Kitchen (CC) | 30 9:15 Art with Sonal 11:00 You and Me 2:00 In the Kitchen 3:00 Circle of Friends 6:30 Games Night (CC) | 31 Halloween 10:00 Green Thumbs 2:00 Halloween Party (MS) 6:30 Active Games |  | |

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Entertainment

October 5th - Dynamic Duo (Pollock)
October 12th - Sheryl Walsh (Wright)
October 19th - Manvir (Downey)
October 31st - R & S Country (Main Street)

Fitness Centre Programs

3:30 Total Body Fitness
Monday 7th, 21st, & 28th

3:15 Tai Chi
Tuesdays

3:30 Balance Class
Wednesdays

3:30 Active Games
Fridays

Spiritual Care Programs

Tuesdays - 9:30 Rosary
Thursdays - 9:30 Church Service

Greenhouse Drop-In 12:30pm

Monday 7th, 21st, & 28th
Thursday 3rd, 10th, 17th & 31st

Outings

Tuesday October 15th 9:00 am to 12:00 pm
Van to Tim Hortons

Tuesday October 22th 9:00 AM
Bus to Walmart Boardwalk

Please speak to your Recreation Team Member if you are interested in joining an outing.

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!
Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Debi
Part-Time - Pearl

