

Rymal Neighbourhood

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:30am Men's Breakfast - CC 9:30am Neighbourhood Time 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Circle of Friends	2 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Pub with Jeff Giles-MS - MS 3:30pm Brains and Banter
3 9:30am Neighbourhood Time 11:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC	4 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - TH 1:30pm Walmart Outing 2:00pm Bingo - CC 6:15pm Musical Moments - CC	5 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 3:00pm Soothing Sensations 6:15pm Games Night - CC	6 9:30am Neighbourhood Time 11:00am Brains and Banter 2:00pm Games with Janet-TH 2:00pm Tai Chi with Dan - FC 6:15pm Active Games - MS	7 9:30am Coffee & Conversation with Mohawk Students-TH 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit & Chat - CC 3:00pm Express Yourself 6:15pm Trivia in the CC	8 9:30am Neighbourhood Time 10:30am Music Therapy with Jen 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Circle of Friends 3:30pm For the Fun of Fit with Recreation	9 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Entertainment with Megan Gilbey in Stonechurch 3:30pm Brains and Banter
10 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC	11 10:30am Remembrance Day Service-TS 2:00pm Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC	12 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 3:00pm Soothing Sensations 6:15pm Games Night - CC	13 Village Christmas Decorating 2:00pm Movie with Janet-TH 2:00pm Tai Chi with Dan - FC 6:15pm Active Games - MS	14 Village Christmas Decorating 9:30am Coffee & Conversation with Mohawk Students-TH 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 2:00pm Knit & Chat - CC 3:15pm Residents' Council 6:15pm Bingo - CC	15 9:30am Neighbourhood Time 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Circle of Friends 3:00pm Happy Hour with Filipa Sousa-MS	16 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:30pm Musical Moments 3:30pm Brains and Banter
17 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 2:30pm Virtual Church Service - CH 3:15pm Fellowship - CC	18 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 2:00pm Outing to the Casino! 2:00pm Bingo - CC 6:15pm Musical Moments - CC	19 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 6:15pm Games Night - CC	20 9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 11:00am Brains and Banter 2:00pm Stepping out 2:00pm Tai Chi with Dan - FC 2:30pm Arm Chair Travel - TH 3:00pm Christmas Bazaar Crafts & Preserves - CC 3:30pm Circle of Friends 6:15pm Active Games - MS	21 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit & Chat - CC 2:30pm Golden Horseshoe Chorus in Town Square 6:15pm Trivia in the CC	22 9:30am Neighbourhood Time 10:30am Music Therapy with Jen 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Birthday Bash!-CC 3:30pm For the Fun of Fit with Recreation	23 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Entertainment with Dave Thierry in Carrington 3:30pm Brains and Banter
24 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC	25 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am For the Fun of Fit 2:00pm Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC	26 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 3:00pm Soothing Sensations 6:15pm Games Night - CC	27 9:30am Neighbourhood Time 11:00am Brains and Banter 2:00pm Stepping out 2:00pm Tai Chi with Dan - FC 3:00pm Christmas Bazaar Crafts & Preserves - CC 5:00pm Diner's Club: - MS 6:15pm Active Games - MS	28 9:45am Java Music Club with Janet - Lib 10:00am Travelling Smile Theatre 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit & Chat - CC 3:00pm Express Yourself 6:15pm International Snack Battle - CC	29 9:30am Neighbourhood Time 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Circle of Friends 3:30pm For the Fun of Fit with Recreation	30 10-3 Santa's Village Christmas Sale on Main Street!

CC - Community Centre

CH - Chapel

Lib - Library

MS - Main Street