Carrington Neighbourhood

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:30am Men's Breakfast - CC 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 1:30pm Stepping Out 3:00pm In the Kitchen	2:00pm Pub with Jeff Giles-MS - MS 3:30pm Soothing Sensations 6:00pm Neighbourhood Time
3 1:30pm You and I 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - TH 11:00am Soothing Sensations 1:30pm Walmart Outing 2:00pm Bingo - CC 3:30pm Musical Moments	9:30am For the Soul with Janet 11:00am Stay Strong - FC 1:30pm You and I 3:00pm For the Fun of Fit with Recreation 6:00pm Neighbourhood Time	9:30am Neighbourhood Time 11:00am For the Fun of Fit with Recreation 2:00 Games with Janet-TH 2:00pm Tai Chi with Dan - FC	9:30am Coffee & Conversation with Mohawk Students-TH 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 6:00pm Neighbourhood Time	11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 1:30pm Stepping Out 2:15pm Music Therapy with Jen 3:00pm In the Kitchen 6:00pm Neighbourhood Time	2:00pm Entertainment with Megan Gilbey in Stonechurch 3:30pm Soothing Sensations
10 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC	11 10:30am Remembrance Day Service-TS 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	9:30am For the Soul with Janet 11:00am Stay Strong - FC 1:30pm You and I 3:00pm For the Fun of Fit with Recreation 6:00pm Neighbourhood Time	Village Christmas Decorating 9:30am Neighbourhood Time 11:00am For the Fun of Fit with Recreation 2:00pm Movie with Janet-TH 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:30pm Brains and Banter	Village Christmas Decorating 9:30am Coffee & Conversation with Mohawk Students-TH 11:00am Fit to Function with Dan - FC 2:30pm Java Music Club with Janet 3:15pm Residents' Council	10:00am Country Drive 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 1:30pm Stepping Out 3:00pm Happy Hour with Filipa Sousa-MS	1:30pm Express Yourself 3:30pm Soothing Sensations 6:00pm Neighbourhood Time
	9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am Soothing Sensations 2:00pm Outing to the Casino! 2:00pm Bingo - CC 3:30pm Musical Moments	9:30am For the Soul with Janet 11:00am Stay Strong - FC 1:30pm You and I 3:00pm For the Fun of Fit with Recreation 6:00pm Neighbourhood Time	9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 11:00am For the Fun of Fit with Recreation 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 2:30pm Arm Chair Travel - TH 3:00pm Christmas Bazaar Crafts & Preserves - CC 3:30pm Brains and Banter	2:30pm Java Music Club with Janet 6:00pm Neighbourhood Time	11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 1:30pm Stepping Out 2:00pm Birthday Bash!-CC 2:15pm Music Therapy with Jen 3:00pm In the Kitchen 6:00pm Neighbourhood Time	2:00pm Entertainment with Dave Thierry in Carrington 3:30pm Soothing Sensations
24 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC	9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	9:30am For the Soul with Janet 11:00am Stay Strong - FC 1:30pm You and I 3:00pm For the Fun of Fit with Recreation 6:00pm Neighbourhood Time	9:30am Neighbourhood Time 11:00am For the Fun of Fit with Recreation 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:00pm Christmas Bazaar Crafts & Preserves - CC 3:30pm Brains and Banter 5:00pm Diner's Club: - MS	10:00am Travelling Smile Theatre 11:00am Fit to Function with Dan - FC 2:30pm Java Music Club with Janet 3:00pm Circle of Friends	29 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 1:30pm Stepping Out 3:00pm In the Kitchen 6:00pm Neighbourhood Time	30 10-3 Santa's Village Christmas Sale on Main Street!

MS - Main Street

CC - Community Centre CH - Chapel Lib - Library