



# November 2024

## Alderwood Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1 Diwali</b> <b>10:00 Anglican Church Service</b> <b>10:30 Henna Artists</b> <b>12:00 Lunch</b> <b>02:00 Stepping Out</b> <b>3:00 Diwali Celebrations</b> <b>04:00 For the Fun of Fit</b>	<b>2</b> <b>09:15 Express Yourself:</b> Watercolor <b>10:30 Book Club</b> <b>12:00 Lunch</b> <b>02:30 Neighborhood Time</b> <b>03:30 Dominoes</b>
<b>3 Daylight Saving Time Ends</b> <b>09:30 You and Me</b> <b>10:00 Fellowship Service</b> <b>11:30 Java Memory</b> <b>12:00 Lunch</b> <b>02:30 Circle of Friends</b> <b>03:30 Brains &amp; Banter</b>	<b>4</b> <b>12:00 Lunch</b> <b>01:45 Express Yourself</b> <b>03:00 For the Fun of Fit</b> <b>04:00 You and Me</b> <b>05:00 Dinner</b> <b>06:30 Java Memory</b>	<b>5</b> <b>09:30 You and Me</b> <b>10:30 Express Yourself</b> <b>12:00 Lunch</b> <b>02:30 Stepping Out</b> <b>03:30 Christmas Making Crafts</b> <b>04:00 Express Yourself</b>	<b>6</b> <b>09:00 Horticulture Therapy</b> <b>09:30 You &amp; Me</b> <b>10:00 Outing: Royal Winter Fair</b> <b>10:45 Music Therapy</b> <b>02:30 In The Kitchen</b> <b>03:30 Soothing Sensations</b>	<b>7</b> <b>09:30 You and Me</b> <b>10:00 Stepping Out</b> <b>12:00 Lunch</b> <b>01:45 Balloon Toss</b> <b>02:30 Express Yourself</b> <b>04:00 Neighborhood Time</b>	<b>8</b> <b>09:00 Musical Moments</b> <b>09:30 You and Me</b> <b>10:30 Bingo</b> <b>12:00 Lunch</b> <b>02:30 For the Fun of Fit</b> <b>03:30 Brains &amp; Banter</b>	<b>9</b> <b>09:30 You and Me</b> <b>10:00 Hot Chocolate Cart</b> <b>11:00 Stepping Out</b> <b>12:00 Lunch</b> <b>02:00 Express Yourself</b> <b>03:00 Bingo</b>
<b>10</b> <b>09:30 Stepping Out</b> <b>10:00 Fellowship Service</b> <b>11:00 Express Yourself</b> <b>12:00 Lunch</b> <b>02:00 In The Kitchen</b> <b>03:00 Brains and Banters</b>	<b>11 Remembrance Day</b> <b>09:30 You and Me</b> <b>10:30 Remembrance Day Service</b> <b>12:00 Lunch</b> <b>01:45 Puzzle Buddies</b> <b>03:00 Stepping Out</b> <b>06:30 Musical Moments</b>	<b>12</b> <b>09:30 Brains &amp; Banter</b> <b>10:30 For the fun of Fit</b> <b>02:00 Stepping Out</b> <b>03:00 Christmas Decorating</b> <b>04:00 Express Yourself</b>	<b>13 World Kindness Day</b> <b>09:30 Neighborhood Time</b> <b>10:00 In the Kitchen: Baking Muffins</b> <b>12:00 Lunch</b> <b>02:30 Muffin Exchange</b> <b>03:30 Stepping Out</b> <b>04:00 You and Me</b>	<b>14 Senior Mobile Clothing</b> <b>09:30 Express Yourself</b> <b>10:30 Bingo</b> <b>12:00 Diner's Club Lunch</b> <b>01:45 Musical Moments</b> <b>03:00 You and Me</b>	<b>15 Tree Lighting Ceremony</b> <b>09:30 Musical Moments</b> <b>10:00 In The Kitchen</b> <b>11:00 Book Club</b> <b>12:00 Lunch</b> <b>03:00 Tree Lighting Ceremony</b> <b>04:00 You and Me</b>	<b>16</b> <b>09:15 Dominoes</b> <b>10:30 Adele Story teller</b> <b>11:00 Brains and Banters</b> <b>12:00 Lunch</b> <b>02:00 Soothing Sensations</b> <b>03:00 You and Me</b>
<b>17</b> <b>09:15 You and Me</b> <b>10:00 Fellowship Services</b> <b>11:00 Soothing Sensations</b> <b>12:00 Lunch</b> <b>02:30 Christmas T-shirt Tye Die</b>	<b>18</b> <b>10:30 Dancing with Parkinsons</b> <b>12:00 Lunch</b> <b>01:45 For the fun of Fit</b> <b>03:00 Brains &amp; Banter: Card Game</b> <b>04:00 You and Me</b> <b>06:30 Christmas Craft</b>	<b>19</b> <b>09:30 Neighborhood Time</b> <b>10:00 Outing: Superstore</b> <b>10:30 For the fun of fit</b> <b>12:00 Lunch</b> <b>02:00 Italian Club</b> <b>03:00 Animal Bingo</b>	<b>20</b> <b>09:00 Horticulture Therapy</b> <b>09:30 You &amp; Me</b> <b>10:30 Music Therapy</b> <b>02:30 Fondue Tower</b> <b>03:00 Bingo</b> <b>04:00 Stepping out</b>	<b>21</b> <b>09:30 Soothing Sensation</b> <b>10:30 Express Yourself</b> <b>11:00 Lunch</b> <b>02:00 For the fun of fit</b> <b>03:00 Resident Council</b> <b>04:00 Stepping Out</b>	<b>22</b> <b>09:30 Musical Moments</b> <b>10:00 Chocolate Bingo</b> <b>12:00 Lunch</b> <b>01:00 Outing: Distillery District</b> <b>02:30 Entertainment: Gerie</b> <b>04:00 You and Me</b>	<b>23</b> <b>09:15 You and Me</b> <b>10:30 Soothing Sensations</b> <b>12:00 Lunch</b> <b>02:30 Dominoes</b> <b>03:30 For the Fun of Fit</b> <b>04:00 Stepping Out</b>
<b>24</b> <b>09:30 For the Fun of Fit</b> <b>10:00 Fellowship Service</b> <b>11:00 Soothing Sensations</b> <b>12:00 Lunch</b> <b>02:30 Wine &amp; Cheese</b> <b>03:30 Circle of Friends</b>	<b>25</b> <b>12:00 Lunch</b> <b>01:45 Stepping Out</b> <b>03:15 Entertainment: Tristan</b> <b>05:00 Dinner</b> <b>06:30 Christmas Craft Making</b>	<b>26</b> <b>09:30 Neighborhood Time</b> <b>10:00 Musical Moments</b> <b>11:00 Stepping Out</b> <b>12:00 Lunch</b> <b>02:30 Afternoon Movie</b> <b>04:00 You and Me</b>	<b>27</b> <b>09:00 Horticulture Therapy</b> <b>09:30 Stepping Out</b> <b>10:45 Music Therapy</b> <b>12:00 Lunch</b> <b>02:30 Brains and Banters</b> <b>03:30 Its Never 2 Late</b>	<b>28</b> <b>09:30 You and Me</b> <b>10:00 Express Yourself</b> <b>01:00 Lunch</b> <b>02:30 Bingo</b> <b>03:30 Bowling</b>	<b>29</b> <b>09:30 Musical Moments</b> <b>10:30 Stepping Out</b> <b>11:00 You and Me</b> <b>12:00 Lunch</b> <b>02:30 For the Soul</b> <b>03:30 For the Fun of Fit</b> <b>04:00 In the Kitchen</b>	<b>30 Christmas Bazaar</b> <b>09:30 You and Me</b> <b>10:00 Balloon Fun</b> <b>12:00 Lunch</b> <b>02:30 For the Fun of Fit</b> <b>04:00 Stepping Out</b>