



# November 2024

## Wadsworth Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1 Diwali</b> <b>10:00</b> Low Impact Aerobics <b>10:30 Henna Artists</b> <b>02:00</b> Roman Catholic Service <b>02:00</b> Social: Nachos & Ginger Ale <b>3:00</b> Diwali Celebrations	<b>2</b> <b>10:00</b> Chair Yoga Session <b>11:00</b> You & Me <b>02:00</b> Express Yourself <b>03:00</b> Word Scramble <b>04:00</b> Stepping Out
<b>3 Daylight Saving Time Ends</b> <b>10:00</b> Fellowship Service <b>11:00</b> For the Fun of Fit <b>02:00</b> Bingo Club <b>03:30</b> Circle of Friends	<b>4</b> <b>10:00</b> Strength & Stretch <b>10:30</b> Mind Joggers: Jigsaw Puzzles <b>02:00</b> Bocce Ball <b>03:00</b> Animal Bingo <b>04:00</b> Musical Moment	<b>5</b> <b>10:30</b> Baby Bunnies Wadsworth <b>01:30</b> Spiritual Service <b>02:00</b> For the Fun of Fit: Balloon Toss <b>03:00</b> Card Game: Crazy 8's <b>04:00</b> Hangman <b>06:00</b> Dollar Bingo	<b>6</b> <b>10:00: Outing: Royal Winter Fair</b> <b>10:00</b> Gentle Fitness Exercise <b>10:30</b> Aroma Therapy & Meditation <b>11:00 Horticulture Therapy</b> <b>02:00</b> Express Yourself: Adult Coloring <b>03:00</b> Recreation Meeting	<b>7</b> <b>10:00</b> Neighborhood Time <b>10:30</b> In the Kitchen: Banana Muffin <b>02:00</b> Bingo Club <b>03:00</b> IN2L: Family Feud <b>04:00</b> Stepping Out/Conversation Cards	<b>8</b> <b>01:00</b> For the Fun of Fit <b>02:00</b> Trivia <b>03:30</b> Soothing Sensation <b>04:00</b> Virtual Calls / Stepping Out <b>06:00</b> It's Never Too Late	<b>9</b> <b>10:00</b> Chair Yoga Session <b>10:30</b> Manicures & Hand Massage <b>02:00</b> Circle of Friends: Happy Hour <b>03:00</b> Word Scramble <b>04:00</b> Table Bowling
<b>10</b> <b>10:00</b> Fellowship Service <b>10:00</b> Hot Chocolate Cart <b>West Tower</b> <b>10:30</b> For the Soul: Hymn Sing <b>02:00</b> Bingo Club <b>03:00</b> Musical Moment <b>04:00</b> Stepping Out	<b>11 Remembrance Day</b> <b>10:30</b> Remembrance Day Service <b>11:00</b> For the Fun of Fit <b>02:00</b> Express Yourself: Poppy Making <b>03:00</b> Brains and Banter <b>04:00</b> Circle of Friends	<b>12 Christmas Decorating</b> <b>09:15</b> Music Therapy <b>10:00</b> Muffin Exchange <b>01:30</b> Spiritual Service <b>02:00</b> Social: Beer and Fries <b>03:00</b> Bocce Ball <b>04:00</b> Hangman	<b>13 World Kindness Day</b> <b>10:00</b> In the Kitchen: Muffin Making <b>11:00</b> Horticulture Therapy <b>02:00</b> Lecture: Phone Scams (library) <b>02:00</b> Crazy 8's <b>02:30</b> Muffin Exchange <b>03:00</b> You & Me	<b>14 Senior Mobile Clothing</b> <b>10:00</b> Soothing Sensation <b>11:00</b> Neighborhood Time <b>02:00</b> Bingo Club <b>03:00</b> It's Never Too Late <b>04:00</b> For the Fun of Fit: Balloon Toss	<b>15 Tree Lightening</b> <b>10:00</b> Low Impact Aerobics <b>10:30</b> Mind Joggers <b>02:00</b> Roman Catholic Service <b>02:00</b> Christmas Movie Afternoon <b>03:00</b> Tree Lighting <b>04:00</b> Virtual Calls / Stepping Out &	<b>16</b> <b>10:00</b> Strength and Stretch <b>11:00</b> Animal Bingo <b>02:30</b> Christmas T-shirt Tie Dye (West Tower) <b>03:00</b> Word Scramble <b>04:00</b> You & Me
<b>17</b> <b>10:00</b> Fellowship Service <b>11:00</b> In the Kitchen: Tiramisu <b>02:00</b> Bingo Club <b>03:30</b> Musical Moments	<b>18</b> <b>10:00</b> Strength & Stretch <b>10:30</b> Manicure & Hand Massage <b>02:00</b> Java Music Club <b>03:00</b> Animal Bingo <b>04:00</b> Horseshoe Racing	<b>19</b> <b>09:15</b> Music Therapy <b>10:00: Outing: Superstore</b> <b>01:30</b> Spiritual Service <b>02:00</b> Social: Wine & Cheese <b>03:00</b> Bocce Ball <b>04:00</b> Hangman <b>06:00</b> Christmas Craft Making	<b>20</b> <b>10:00</b> Gentle Fitness Exercise <b>10:30</b> Mind Joggers: Jigsaw Puzzles <b>02:30</b> Fondue Tower <b>03:00</b> Circle of Friends: Happy Hour <b>04:00</b> Pet Therapy <b>04:00</b> Word Games	<b>21</b> <b>10:00</b> Neighborhood Time <b>10:30</b> IN2L: Family Feud <b>11:00</b> Trivia <b>02:00</b> Bingo Club <b>03:00</b> Resident Council <b>04:00</b> You & Me	<b>22</b> <b>01:00</b> Outing: Distillery District <b>01:30</b> For the Fun of Fit <b>02:30</b> Express Yourself <b>04:00</b> Virtual Calls / Stepping Out <b>06:00</b> Dollar Bingo	<b>23</b> <b>10:00</b> Chair Yoga Session <b>10:30</b> Soothing Sensation & Aroma Therapy <b>02:00</b> TV Show & Popcorn <b>03:00</b> Word Scramble <b>04:00</b> Stepping Out & Conversation Cards
<b>24</b> <b>10:00</b> Fellowship Service <b>10:30</b> For the Soul: Hymn Sing <b>02:00</b> Bingo Club <b>03:00</b> Italian Club <b>04:00</b> Audiobook Club	<b>25</b> <b>10:00</b> Strength & Stretch <b>11:00</b> In the Kitchen: Cookie Baking <b>02:30</b> Entertainment: Birthday Party with Lenny <b>04:00</b> You and Me	<b>26</b> <b>09:15</b> Music Therapy <b>01:30</b> Spiritual Service <b>02:00</b> Social: Root Beer Floats <b>03:00</b> Bocce Ball <b>04:00</b> Hangman	<b>27</b> <b>10:00</b> Soothing Sensations <b>11:00</b> Horticulture Therapy <b>01:30</b> Outing: Centennial Park Conservatory <b>02:00</b> Java Music Club <b>03:00</b> Express Yourself: Xmas Art <b>04:00</b> Pet Therapy	<b>28</b> <b>10:00</b> Neighborhood Time <b>10:30</b> In the Kitchen: Chocolate Cake <b>02:00</b> Bingo Club & Chocolate Cake <b>03:00</b> For the Fun of Fit: Balloon Toss <b>04:00</b> Stepping Out/Conversation	<b>29</b> <b>10:00</b> Low Impact Aerobics <b>10:30</b> Musical Moment: Carol Songs <b>02:00</b> Roman Catholic Service <b>02:00</b> Circle of Friends: Happy Hour <b>03:00</b> Christmas Movie & Popcorn <b>04:00</b> You & Me	<b>30 Christmas Bazaar</b> <b>10:00</b> Chair Yoga Session <b>11:00</b> Express Yourself: Christmas Craft <b>02:00</b> Mind Joggers <b>03:00</b> Word Scramble <b>04:00</b> Stepping Out