

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 3:00pm Soothing Sensations 6:15pm Games Night - CC	2 9:30am Neighbourhood Time 11:00am Brains and Banter 2:00pm Tai Chi with Dan - FC 2:15pm Games with Janet -TH 6:15pm Active Games - MS	3 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit & Chat - CC 2:30pm Smile Cookie Workshop-CK 6:15pm Trivia in the CC	4 8:30am Men's Breakfast - CC 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Circle of Friends 3:30pm For the Fun of Fit	5 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Pub with Carla Gonzalez - MS 3:30pm Brains and Banter
6 Mental Health Awareness Week 9:30am Neighbourhood Time 11:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC	7 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - TH 11:00am For the Fun of Fit 2:00pm Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC	8 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 2:00pm Jean's Floral Arranging Workshop-CC 3:00pm Soothing Sensations 6:15pm Games Night - CC	9 9:30am Neighbourhood Time 11:00am Brains and Banter 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 2:30pm Movie with Janet: "Now Voyager" -TH 3:00pm Christmas Bazaar Crafts & Preserves - CC 3:30pm Circle of Friends 6:15pm Active Games - MS	10 8:00am Outing to Broadway Diner 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit & Chat - CC 3:15pm Resident's Council-CC 6:15pm Trivia in the CC 6:15pm Bingo - CC 7:15pm Harlequin Singers of Hamilton-TS	11 9:30am Neighbourhood Time 10:30am Music Therapy with Jen 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Circle of Friends 3:30pm For the Fun of Fit	12 9:30am Neighbourhood Time 10:30am Swoop Skydiving Presentation-TH 11:00am Soothing Sensations 2:00pm Entertainment with Florin Clonta in Stonechurch 3:30pm Brains and Banter
13 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Thanksgiving Dinner	14 Happy Thanksgiving! 9:30am Neighbourhood Time 11:00am For the Fun of Fit 2:00pm Travelling Apple Pie Ice Cream Cart 6:15pm Musical Moments - CC	15 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 3:00pm Soothing Sensations 6:15pm Games Night - CC	16 9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 11:00am Brains and Banter 2-4pm Harvest Happenings with Triple C Farms! 6:15pm Active Games - MS	17 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit & Chat - CC 3:00pm Express Yourself 6:15pm Trivia in the CC	18 National Chocolate Cupcake Day! 9:30am Neighbourhood Time 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Outing to Dollarama 3:30pm For the Fun of Fit	19 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Entertainment with Paula French in Carrington 3:30pm Brains and Banter
20 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 2:30pm Church Service - CH 3:15pm Fellowship - CC	21 National Apple Day 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - TH 11:00am For the Fun of Fit 2:00pm Bingo - CC 2:30pm Guess The Flavour: Apple Edition 3:30pm Stepping Out 6:15pm Musical Moments - CC	22 10:00am Country Drive 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 3:00pm Soothing Sensations 6:15pm Games Night - CC	23 10:00am Entertainment with Joyful Brass (Salvation Army Band) - TH 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:00pm Christmas Bazaar Crafts & Preserves - CC 3:30pm Circle of Friends 6:15pm Active Games - MS	24 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit & Chat - CC 3:00pm Express Yourself 5:00pm KFC Diners Club-MS	25 World Pasta Day! 9:30am Neighbourhood Time 10:30am Music Therapy with Jen 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Birthday Bash - CC 6:15pm International Snack Battle: Egypt vs. Philippines - CC	26 9:30am Neighbourhood Time 10:00am Halloween Howl 3:30pm Brains and Banter
27 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC	28 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - TH 11:00am For the Fun of Fit 2:00pm Bingo - CC 2:30pm Mindful Minutes with Nicole-TH 3:30pm Stepping Out 6:15pm Musical Moments - CC	29 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 2:30pm Ontario Guitar Performance-TH 6:15pm Games Night - CC	30 9:30am Neighbourhood Time 11:00am Celebration of Life-TH 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 2:30 Armchair Travel-TH 3:00pm Christmas Bazaar Crafts & Preserves - CC 3:30pm Circle of Friends 6:15pm Active Games - MS	31 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit & Chat - CC 3:00pm Express Yourself 6:15pm Bingo in the CC 		