


November 2024

Ailsa Craig, Becker & Williamsburg

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* - Independent Program A - Art Studio C - Cafe CC - Community Centre CH - Chapel EG - Egerton FC - Fitness Centre HS - Hobby Shop</p>	<p>L - Library MS - Main Street R - Ruby Restaurant SC - Social Club SH - School House TH - Town Hall TS - Town Square WB- Williamsburg</p>	<p>Please refer to the "Daily Activity Board" on Main Street for any program time/location changes or cancellations.</p>			<p>Sign Up Day 10-3</p> <p>10:30am Poetry & Reflection* - L 1:00pm VON: S.M.A.R.T. Exercise - FC 1:30pm You and I Visits 2:00pm Billiards* - SC 2:15pm Life Group* - 2811 3:30pm Happy Hour (\$) - SC 7:15pm Game Night* - HS</p>	<p>10:00am Art Club* - SH 10:30am Bake & Bond - H 2:00pm Entertainment with Ron Tansley EG Lounge 2:00pm Sweat Safely w/ Resistance Bands - TH 7:15pm Saturday Night Bingo* - HS</p>
<p>3 10:00am Church Service w/ Ankit - TH 10:30am Specialty Coffee & Tea - HS 1:30pm Friendly Visits 2:00pm Sit & Be Fit - HS 2:30pm Church Service with Janet- TH 3:15pm Fellowship - TH 3:30pm Sing-along w/ Jess - HS</p>	<p>4 10:30am Gathering for Life Transitions - SH 10:30am Morning Movements - HS 1:00pm You and I Visits 1:30pm VON Fitness Class - FC 1:30pm WB For the Soul with Janet 2:00pm Baking - H 2:15pm Knitting Club* - L 3:30pm Horse Races (\$0.10) - A 7:15pm Euchre* - SC</p>	<p>5 9:30am Cards & Tags w/ Mary K* - HS 10:00am Roman Catholic Communion & Rosary Prayers - CH 10:30am Grocery Shuttle: Freshco @ Upper Gage- Sign Up (\$) 10:30am Java Music Club - L 2:00pm Grocery Shuttle: Freshco @ Upper Gage - Sign Up (\$) 2:15pm Sit & Be Fit - TH 3:00pm Chaplet of Divine Mercy & Rosary* - 2720 3:30pm Happy Hour w/ Trivia (\$) - SC 7:15pm Bridge* - SC 7:15pm Music Through The Ages w/ Norm-TH</p>	<p>6 SHSM (8am-4pm) 11-2 Ruby On The Run 9:30am 1:1 Visits w/ Janet 10:00am Stepping Into Strength w/ Nordic Walking Poles - O 10:30am Group Crossword - SC 11:00am DanceFIT - HS 11:00am Outing: Dutch Mill - Sign Up (\$) 12-4 Recreation Team Meeting 2:00pm Games w/ Janet - L 2:30pm Sweat Safely w/ Weights - HS 7:00pm Loonie Bingo (\$.25 per card) - HS 7:00pm Men's Club* - SC</p>	<p>7 9:15am Breakfast Club: French Toast - H 9:30am Coffee and Conversations - C (Sign Up) 11:00am Sit & Be Fit - TH 2:00pm Travelling Nail Painting 2:00pm Crafts for Christmas Bazaar - HS 2:15pm Book Club* - 2811 2:30pm Bible Study w/ Ankit - L 2:30pm Posture & Balance - HS 7:15pm Movie - TH</p>	<p>8 10:30am Bowling w/ Moses - TH 10:30am Current Events & Human Interests* - L 1:00pm VON: S.M.A.R.T. Exercise - FC 1:30pm You and I Visits 2:00pm Billiards* - SC 2:15pm Life Group* - 2811 2:30pm Hand Wax Therapy - HS 3:30pm Happy Hour (\$) - SC 7:15pm Game Night* - HS</p>	<p>9 10:00am Art Club* - SH 10:30am Bake & Bond - H 2:30pm Entertainment with Jeff Giles - TH 7:15pm Saturday Night Bingo* - HS</p>
<p>10 10:00am Church Service w/ Ankit - TH 10:30am Specialty Coffee & Tea - HS 2:30pm Church Service with Janet- TH 3:15pm Fellowship - TH 3:30pm Express Yourself - HS</p>	<p>11 10:30am Remembrance Day Service 12:00pm Veterans Lunch in Ruby 2:15pm Knitting Club* - L 7:15pm Euchre* - SC</p>	<p>12 National Happy Hour Day 10:00am Roman Catholic Communion & Rosary Prayers - CH 10:30am Grocery Shuttle: Fortinos @ Upper James - Sign Up (\$) 10:30am Lettuce Talk Food - HS 2:00pm Grocery Shuttle: Fortinos @ Upper James - Sign Up (\$) 2:15pm Posture & Balance - TH 3:00pm Chaplet of Divine Mercy & Rosary* - 2720 3:30pm Happy Hour w/ Trivia (\$) - SC 7:15pm Bridge* - SC 7:15pm Music Through The Ages w/ Norm-TH</p>	<p>13 Christmas Decorating Day 1 11-2 Ruby On The Run 10-2 Cathy's Scarves & Jewellery 9:30am 1:1 Visits w/ Janet 10:30am November Jeopardy - SC 10:30am Sing-Along w/ Janet - L 11:00am DanceFIT - TH 2:00pm Movie w/ Janet - TH 2:30pm Sweat Safely w/ Weights - HS 7:00pm Loonie Bingo (\$.25 per card) - H 7:00pm Men's Club* - SC</p>	<p>14 Christmas Decorating Day 2 Pickle Day (Wear Green) 9:30am Coffee and Conversations - C (Sign Up) 11:00am Sit & Be Fit - TH 2:15pm Book Club* - 2811 2:30pm Bible Study w/ Ankit - L 2:30pm Posture & Balance - HS 6:00pm Trust, Wealth Planning & Charitable Donations - TH 7:15pm Movie - TH</p>	<p>15 10:30am Balloon Tennis - MS 10:30am Poetry & Reflection* - L 1:00pm VON: S.M.A.R.T. Exercise - FC 1:30pm You and I Visits 2:00pm Billiards* - SC 2:15pm Life Group* - 2811 3:30pm Happy Hour (\$) - SC 7:15pm Game Night* - HS</p>	<p>16 10:00am Art Club* - SH 10:30am Bake & Bond - H 3:00pm Sweat Safely w/ Resistance Bands - TH 7:15pm Saturday Night Bingo* - HS</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:00am Church Service w/ Ankit - TH 10:30am Specialty Coffee & Tea - HS 1:30pm Friendly Visits 2:00pm Sit & Be Fit - HS 2:30pm Virtual Church Service - TH 3:15pm Fellowship - TH 3:30pm Sing-along w/ Jess - HS	18 10:30am Gathering for Life Transitions - SH 10:30am Morning Movements - HS 1:00pm You and I Visits 1:00pm VON Fitness Class - FC 2:00pm Baking - H 2:15pm Knitting Club* - L 3:30pm Horse Races (\$0.10) - A 7:15pm Euchre* - SC	19 10:00am Roman Catholic Communion & Rosary Prayers - CH 10:30am Grocery Shuttle: NoFrills @ Upper Sherman - Sign Up (\$) 10:30am Java Music Club - L 2:00pm Grocery Shuttle: NoFrills @ Upper Sherman - Sign Up (\$) 2:15pm Sit & Be Fit - TH 3:00pm Chaplet of Divine Mercy & Rosary* - 2720 3:30pm Happy Hour w/ Trivia (\$) - SC 7:15pm Bridge* - SC 7:15pm Music Through The Ages w/ Norm-TH	20 11-2 Ruby On The Run 9:30am 1:1 Visits w/ Janet 10:00am Stepping Into Strength w/ Nordic Walking Poles - O 10:30am Outing: Men's Club - Sign Up 10:30am Roman Catholic Mass - CH 11:00am DanceFIT - TH 2:30pm Arm Chair Travel: Tokyo Japan 2:30pm Sweat Safely w/ Weights - HS 3:15pm Loonie Bingo (\$.25 per card) - H 5:15pm Diner's Club: KFC - Sign Up (\$) 7:00pm Ladies' Night - HS 7:00pm Men's Club* - SC	21 Retirement Home 8 Year Anniversary! 11-3 Nellie's Comfort Shoes 10:30am Historical Trivia - SC 11:00am Sit & Be Fit - TH 2:00pm Travelling Nail Painting 2:00pm Crafts for Christmas Bazaar - HS 2:15pm Book Club* - 2811 2:30pm Bible Study w/ Ankit - L 2:30pm Entertainment w/ Women's Golden Horseshoe Choir - TS 7:15pm Movie - TH	22 10:30am Bowling w/ Moses - TH 10:30am Current Events & Human Interests Fundraiser Begins* - L 1:00pm VON: S.M.A.R.T. Exercise - FC You and I Visits 2:00pm Billiards* - SC 2:15pm Life Group* - 2811 2:30pm Hand Wax Therapy - HS 3:00pm Birthday Happy Hour-SC 7:15pm Game Night* - HS 8:30pm Walker & Wheelchair Cleaning (Leave outside of Suite)	23 10:00am Art Club* - SH 10:30am Bake & Bond - H 2:00pm Card Games w/ Rec - SC 7:15pm Saturday Night Bingo* - HS
24 10:00am Church Service w/ Ankit - TH 10:30am Current Events and Human Interests Fundraiser Final Day 10:30am Specialty Coffee & Tea - HS 1:30pm Friendly Visits 2:30pm Church Service with Janet- TH 3:15pm Fellowship - TH 3:30pm Express Yourself - HS	25 10:30am Outing: Flamborough Casino - Sign Up (\$) 11:00am Hand Wax Therapy - HS 1:00pm VON Fitness Class - FC 1:30pm WB For the Soul with Janet 2:15pm Knitting Club* - L 2:30pm Magic Show - TH 7:15pm Euchre* - SC	26 10:00am Roman Catholic Communion & Rosary Prayers - CH 10:30am Grocery Shuttle: Walmart @ Rymal - Sign Up (\$) 10:30am Java Music Club - L 2:00pm Grocery Shuttle: Walmart @ Rymal - Sign Up (\$) 2:15pm Posture & Balance - TH 3:00pm Chaplet of Divine Mercy & Rosary* - 2720 3:30pm Happy Hour w/ Trivia (\$) - SC 7:15pm Bridge* - SC 7:15pm Music Through The Ages w/ Norm-TH	27 SHSM (8am-4pm) 11-2 Ruby On The Run 9:30am 1:1 Visits w/ Janet 10:30am Sing-Along w/ Janet - L 10:30am Animal Trivia- SC 11:00am DanceFIT - SC 2:00pm Pie in the Face Fundraiser - TS 3:15pm SUPER Loonie Bingo (\$1.00 per card) - HS 7:00pm Ladies' Night w/ Holly - HS 7:00pm Men's Club* - SC	28 10:30am Word Makers - SC 2:00pm Crafts for Christmas Bazaar - HS 2:15pm Book Club* - 2811 2:30pm Bible Study w/ Ankit - L 2:30pm Posture & Balance - HS 2:30pm Residents Council - TH 7:15pm Movie - TH	29 10:30am Cornhole - MS 10:30am Poetry & Reflection* - L 1:00pm VON: S.M.A.R.T. Exercise - FC 1:30pm You and I Visits 2:00pm Billiards* - SC 2:00pm Mindful Moments w/ Nicole - TH 2:15pm Life Group* - 2811 3:30pm Happy Hour (\$) - SC 7:15pm Game Night* - HS	30 Christmas Bazaar from 10-3 Wear Anything Christmas 7:15pm Saturday Night Bingo* - HS

