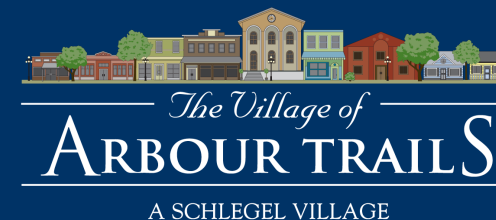




November 2024

Neighbourhoods of Williamsburg & Becker

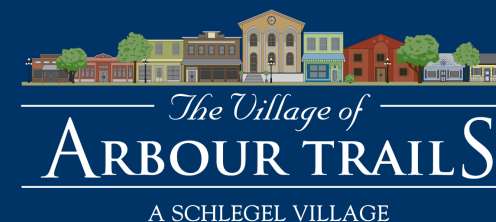


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Where Is The Program?</p> <p>C—Chapel TH—Town Hall MF— Main Floor TS—Town Square FE—Front Entrance EM—Emma’s HS—Hobby Shop BP— Back Patio FC—Fitness Centre</p> <p>NOTE: Programs, their times, and locations are subject to change.</p>						
<p>3 10:15 Specialty Coffee MF Café 10:30 Community of Christ Service C 11:00 DrumFIT FC 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: “One Foot in the Grave” TH</p> <p>Daylight Savings Ends Turn Clocks BACK 1 Hour</p>	<p>4 10:00 Better Balance (Standing) FC 10:30 Word Games HS 10:30 Catholic Communion C 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Resident Euchre Group SC 2:30 Movie Crew Meeting HS 3:30 Musical Bingo HS 2:30 & 7:30: “Airplane” TH</p>	<p>5 10:30 Meeting of Minds Discussion Group TH 2:30 Art Hour: Poppy Pinwheels HS 3:00 Praying the Rosary C 3:30 Tech Help HS *Call 811 3:30 Stretch Class FC 7:30 Trivia Night HS 7:30 Seniors Fireside Chat: “What has been the greatest invention?” L</p>	<p>6 9:30 VON Exercise Class FC 10:15 Get Active (Standing) FC 10:30 Docuseries: “Europe from Above” TH 2:00 Get Active (Seated) FC 3:00 Bookmobile FE 3:00 Happy Hour MF Café 7:30 Classical Music on Wednesday: “Hungarian & Romanian Rhapsody” TH</p>	<p>7 Mobile Senior Shop 10:30-2:30 HS 10:00 Chair Yoga FC 2:30 Food Committee Meeting L 2:45 Horse Racing Game HS 3:00 Gentle Exercise FC 3:45 DrumFIT FC 7:30 Movie: “All the President’s Men” TH 7:45 Bingo HS</p> <p>Covid Vaccine Clinic: 9:45-12:00—Becker East & Williamsburg TH 1:00-4:00—Becker West TH</p>	<p>8 9:30 VON Exercise Class FC 2:30 Hand Therapy HS 2:30 Resident Euchre Group SC 3:30 Destination Café: Poland 7:15 Popcorn Pickup TH 2:30 & 7:30 Movie: “Citizen Kane” TH</p>	<p>9 10:30 Outing: “Fashion Museum & Lunch at Earnie’s Roadhouse *Sign-up Only 1:30 Short Stories Pickup HS 2:30 Saturday Series: “The Crown” TH 2:30 Total Body Bootcamp FC 3:00 Happy Hour MF Café 7:30 Comedy Hour TH</p>
<p>10 10:15 Specialty Coffee MF Café 10:30 Community of Christ Service C 11:00 DrumFIT FC 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: “One Foot in the Grave” TH</p>	<p>11 10:00 Better Balance (Standing) FC 10:30 Remembrance Day Service TH 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Catholic Communion C 2:30 Resident Euchre Group SC 3:00 Musical Bingo HS 3:00 Falls Prevention Group Walk MF Café 7:30 Movie: “The Great Escape” TH</p> <p>Remembrance Day</p>	<p>12 KMW Clothing 10-3 HS 10:30 Meeting of Minds Discussion Group TH 2:30 Outings Meeting L 3:30 Tech Help HS *Call 811 3:30 Stretch Class FC 7:30 Entertainment: “Just Sing Choir” TH</p>	<p>13 9:30 VON Exercise Class FC 10:15 Get Active (Standing) FC 10:30 Docuseries: “Europe from Above: Italy” TH 10:30 Men’s Conversation Connection C 1:30 Get Active (Seated) FC 2:30 Film of Faith: “Friends for Life” TH 3:00 Happy Hour MF Café 3:00 Outing: John McCrae House *Sign-up Only 6:15 Bookmobile Pre-orders HS 7:30 Popular Music on Wednesday: “Engelbert Humperdinck” TH</p>	<p>14 10:00 Chair Yoga FC 10:30 Giant Crossword L 2:30 Entertainment: “Grace Cowley” TH 3:00 Gentle Exercise FC 3:45 DrumFIT FC 7:30 Movie: “From Russia with Love” TH 7:45 Bingo HS</p>	<p>15 Suzanne M Jewelry 11-2 TS 9:30 VON Exercise Class FC 10:30 Baking Group: “Banana Muffins” HS 2:30 Hand Therapy HS 2:30 Resident Euchre Group SC 3:30 Afternoon Tea MF Café 7:15 Popcorn Pickup TH 2:30 & 7:30 Movie: “Grapes of Wrath” TH</p>	<p>16 10:15 Morning Smoothies MF Cafe 11:15 Balloon Volleyball FC 1:30 Short Stories Pickup HS 2:30 Saturday Series: “The Crown” TH 2:30 Total Body Bootcamp FC 3:00 Happy Hour MF Café</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday												
17 10:15 Specialty Coffee MF Café 10:30 Community of Christ Service C 11:00 DrumFIT FC 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: "One Foot in the Grave" TH	18 Creations Boutique 10-2 HS 10:00 Better Balance (Standing) FC 10:30 Word Games HS 10:30 Catholic Communion C 11:00 Lunch Outing: "Halibut House; Fish & Chips" *Sign-up Only HS 2:00 Get Active (Seated) FC 2:30 Resident Euchre Group SC 3:00 Musical Bingo HS 2:30 & 7:30 Movie: "Fisherman's Friend" TH	19 10:30 Meeting of Minds Discussion Group TH 2:30 Art Hour: Clay Magnets HS 3:30 Tech Help HS *Call 811 3:30 Stretch Class FC 7:30 Trivia Night HS 7:30 Seniors Fireside Chat: "What is truth?" L	20 9:30 VON Exercise Class FC 10:15 Get Active (Standing) FC 10:30 Docuseries: "Europe from Above: Germany" TH 2:00 Get Active (Seated) FC 2:15 Therapeutic Paws: Raven Visits HS 2:15 Falls Prevention Discussion FC 3:00 Bookmobile FE 3:00 Happy Hour MF Café 7:30 Classical Music on Wednesday: "Edvard Grieg & Mendelson" TH	21 10:00 Chair Yoga FC 2:45 Horse Racing Game HS 3:00 Gentle Exercise FC 3:45 DrumFIT FC 7:45 Bingo HS 2:30 & 7:30 Movie: "The Woman in the Window" TH	22 9:30 VON Exercise Class FC 2:30 Resident Euchre Group SC Limited programs due to Christmas Market Set-up Activity booklets Available at the Main Office!	23 Arbour Trails' Annual Christmas Market 10-3 <i>Wear Green, Red & White!</i> Vendors, Santa, Food, Entertainment & More!												
24 10:15 Specialty Coffee MF Café 11:00 DrumFIT FC 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: "One Foot in the Grave" TH	25 10:00 Better Balance (Standing) FC 10:30 Word Games HS 10:30 Catholic Communion C 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Resident Euchre Group SC 2:30 Entertainment: "Kevin Coates" TS 4:00 Musical Bingo HS 3:00 Falls Prevention Group Walk MF Café 2:30 & 7:30 : "Crocodile Dundee" TH	26 10:30 Meeting of Minds Discussion Group TH 2:30 Art Hour: Christmas Cards HS 3:30 Tech Help HS *Call 811 3:30 Stretch Class FC 7:30 Trivia Night HS 7:30 Seniors Fireside Chat: "Would you get a tattoo?" L	27 9:30 VON Exercise Class FC 10:15 Get Active (Standing) FC 10:30 Docuseries: "Europe from Above: Spain" TH 10:30 Men's Conversation Connection C 2:00 Get Active (Seated) FC 2:30 Residents' Council Meeting TH 3:45 Happy Hour MF Café 6:15 Bookmobile Pre-orders HS 7:30 Popular Music on Wednesday: "Simon and Garfunkel" TH	28 10:00 Chair Yoga FC 10:30 Giant Crossword L 2:45 Book Club L 3:00 Gentle Exercise FC 3:45 DrumFIT FC 7:45 Bingo HS 2:30 & 7:30 Movie: "To Kill a Mockingbird" TH	29 9:30 VON Exercise Class FC 10:30 Baking Group: "Brownies" HS 2:30 Hand Therapy HS 2:30 Resident Euchre Group SC 3:00 Neighbourhood Birthday Party L 7:15 Popcorn Pickup TH 2:30 & 7:30 Movie: "Twisters" TH	30 10:30-12 Guelph Embers Visit *Girl Guide Cookies will be for sale* MF Café 1:30 Short Stories Pickup HS 2:30 Saturday Series: "The Crown" TH 2:30 Total Body Bootcamp FC 3:00 Happy Hour MF Café												
<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p><u>Recreation Contact Information:</u></p> <p>arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 811</p> </div>		<div style="border: 1px solid black; padding: 10px;"> <p><u>Where Is The Program?</u></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%;">C—Chapel</td> <td style="width: 33%;">TH—Town Hall</td> <td style="width: 33%;">MF— Main Floor</td> </tr> <tr> <td>TS—Town Square</td> <td>FE—Front Entrance</td> <td></td> </tr> <tr> <td>EM—Emma's</td> <td>HS—Hobby Shop</td> <td></td> </tr> <tr> <td>BP— Back Patio</td> <td>FC—Fitness Centre</td> <td></td> </tr> </table> <p>NOTE: Programs, their times, and locations are subject to change.</p> </div>					C —Chapel	TH —Town Hall	MF — Main Floor	TS —Town Square	FE —Front Entrance		EM —Emma's	HS —Hobby Shop		BP — Back Patio	FC —Fitness Centre	
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