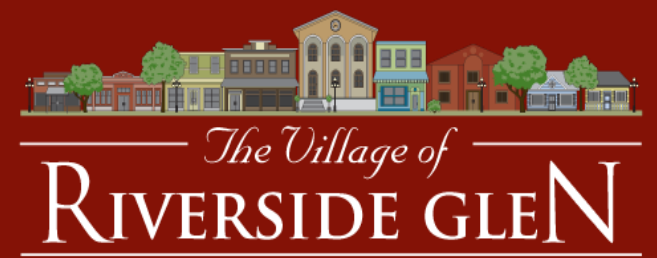




# NOVEMBER 2024

## Emma



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 8:00 Breakfast 10:00 Neighbourhood Time 10:30 In the Kitchen 12:00 Lunch 2:00 Fitness with Melissa 3:30 Express Yourself 5:00 Dinner 6:30 You and Me	<b>2</b> 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Neighbourhood Time 3:30 Fitness with Melissa 5:00 Dinner
<b>3</b> 8:00 Breakfast 11:00 Brains and Banter 12:00 Lunch 2:00 Neighbourhood Time 3:30 You and Me 5:00 Dinner	<b>4</b> 8:00 Breakfast 11:00 Neighbourhood Time 12:00 Lunch 2:00 Fitness with Melissa 3:30 Hope for the Heart 5:00 Dinner 6:30 You and Me	<b>5</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 3:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	<b>6</b> 8:00 Breakfast 10:30 Neighbourhood Time 12:00 Lunch 2:00 Fitness with Melissa 5:00 Dinner 6:30 Soothing Sensations	<b>7</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 3:30 Musical Moments 5:00 Dinner 6:30 Movie Night	<b>8</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Express Yourself 12:00 Lunch 2:00 Fitness with Melissa 3:30 In the Kitchen 5:00 Dinner 6:30 You and Me	<b>9</b> 8:00 Breakfast 10:00 Morning Movie 12:00 Lunch 2:00 Neighbourhood Time 3:00 Café Cart 5:00 Dinner
<b>10</b> 8:00 Breakfast 11:00 Circle of Friends 12:00 Lunch 2:00 Neighbourhood Time 3:30 You and Me 5:00 Dinner	<b>11</b> 8:00 Breakfast 12:00 Lunch 2:00 Fitness with Melissa 3:30 Express Yourself 5:00 Dinner 6:30 You and Me	<b>12</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 3:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	<b>13</b> 8:00 Breakfast 10:30 Neighbourhood Time 12:00 Lunch 2:00 Fitness with Melissa 5:00 Dinner 6:30 Soothing Sensations	<b>14</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 3:30 You and Me 5:00 Dinner 6:30 Movie Night	<b>15</b> 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 2:00 Fitness with Melissa 5:00 Dinner	<b>16</b> 8:00 Breakfast 10:30 Neighbourhood Time 12:00 Lunch 3:30 Fitness with Melissa 5:00 Dinner
<b>17</b> 8:00 Breakfast 11:00 Brains and Banter 12:00 Lunch 2:00 Neighbourhood Time 3:30 You and Me 5:00 Dinner	<b>18</b> 8:00 Breakfast 11:00 Neighbourhood Time 12:00 Lunch 3:30 Hope for the Heart 5:00 Dinner 6:30 You and Me	<b>19</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 3:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	<b>20</b> 8:00 Breakfast 10:30 Neighbourhood Time 12:00 Lunch 2:00 Fitness with Melissa 5:00 Dinner 6:30 Soothing Sensations	<b>21</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 3:30 Musical Moments 5:00 Dinner 6:30 Movie Night	<b>22</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 In the Kitchen 12:00 Lunch 2:00 Fitness with Melissa 3:30 Soothing Sensations 5:00 Dinner 6:30 You and Me	<b>23</b> 8:00 Breakfast 10:00 Morning Movie 11:00 For the Fun of Fit 12:00 Lunch 2:00 Neighbourhood Time 3:00 Emma's Birthday Treats 5:00 Dinner
<b>24</b> 8:00 Breakfast 11:00 Circle of Friends 12:00 Lunch 2:00 Neighbourhood Time 3:30 You and Me 5:00 Dinner	<b>25</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Fitness with Melissa 3:30 Express Yourself 5:00 Dinner 6:30 You and Me	<b>26</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 3:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	<b>27</b> 8:00 Breakfast 10:30 Neighbourhood Time 12:00 Lunch 2:00 Fitness with Melissa 5:00 Dinner 6:30 Soothing Sensations	<b>28</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Music with Wendy 3:30 You and Me 5:00 Dinner 6:30 Movie Night	<b>29</b> 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Brains and Banter 12:00 Lunch 2:00 Fitness with Melissa 3:30 For the Soul 5:00 Dinner 6:30 You and Me	<b>30</b> 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Neighbourhood Time 3:30 Fitness with Melissa 5:00 Dinner