



# November 2024

## Tecumseh Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 11:00 Chapel Service 2:00 Brains & Banter 3:00 Fitness Class	2 10:00 Express Yourself 2:00 Afternoon Social
3 10:00 For the Fun of Fit 2:00 Musical Moments	4 10:00 Manicures 1:30 Rock Band 2:30 Music Therapy 6:00 Evening Fun!	5 10:30 Zumba 2:00 Express Yourself 6:00 Evening Fun!	6 10:00 In the Kitchen 11:00 Music with Bill 2:00 For the Fun of Fit	7 Ceramics 10:00 Circle of Friends 2:00 BINGO 6:00 Evening Fun!	8 11:00 Chapel Service 2:00 Falls BINGO with PAL Team 2:00 Musical Moments 3:00 Fitness Class	9 10:00 For the Fun of Fit 2:30 Brains & Banter
10 10:00 Morning Coffee Club 2:00 Parkwood Gospel Church	11 REMEMBRANCE DAY 10:30 Remembrance Day Service 1:30 Rock Band 2:30 Music Therapy 6:00 Evening Fun!	12 10:30 Zumba 2:00 Brains & Banter 6:00 Evening Fun!	13 10:00 Manicures 2:45 Music with Richard	14 10:00 In the Kitchen 2:00 BINGO 6:00 Evening Fun!	15 11:00 Chapel Service 2:00 Brains & Banter 3:00 Fitness Class	16 10:00 Express Yourself 2:00 Afternoon Social
17 Resident Council Week 10:00 Musical Moments 2:00 For the Fun of Fit!	18 10:00 Manicures 1:30 Caroling Choir Practice 2:30 Music Therapy 6:00 Evening Fun!	19 8:30 Breakfast Bunch 10:30 Zumba 2:00 Catholic Mass in the Chapel 6:00 Evening Fun!	20 10:00 In the Kitchen 2:00 Packing Party for Shoebox Gifts	21 Ceramics 10:00 Circle of Friends 2:00 BINGO 2:00 Resident Council Meet & Greet Social 6:00 Evening Fun!	22 11:00 Chapel Service 2:00 Kingsport Falconry Birds of Prey 3:00 Fitness Class	23 10:00 For the Fun of Fit 2:30 Brains & Banter
24 10:00 Morning Coffee Club 11:00 Hymn Sing 2:00 Banwell Church Service	25 10:30 Chapel Music Service 1:30 Caroling Choir Practice 2:30 Music Therapy 6:00 Evening Fun!	26 10:30 Zumba 2:00 Brains & Banter 6:00 Evening Fun!	27 10:00 Manicures 2:00 Express Yourself 2:00 Soothing Sensations 6:30 Pub Night with Ted B.	28 10:00 Celebration of Life 2:00 BINGO 6:00 Evening Fun!	29 10:30 Musical Moments 2:00 Brains & Banter 3:00 Fitness Class	30 10:00 Express Yourself 2:00 Afternoon Social