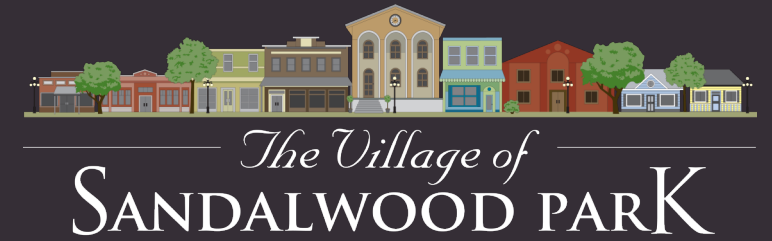




November 2024

Cumberland



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p>1 Happy Diwali</p> <p>8:30 Breakfast 10:00 Soothing sensations 12:00 Lunch 1:30 Garden Club with jenny 1:15 On the move 2:30 Word Game 5:00 Dinner 6:00 Active Games</p>	<p>2</p> <p>8:30 Breakfast 10:30 Musical Moments 12:00 Lunch 2:30 Bingo 4:00 You & I 5:00 Dinner</p>
<p>3</p> <p>8:30 Breakfast 10:00 Virtual Mass 12:00 Lunch 2:30 Stepping out 3:30 Circle of friends 5:00 Dinner</p>	<p>4 Diwali Social</p> <p>8:30 Breakfast 10:30 Catholic Mass 12:00 Lunch 1:30 Art Therapy with Glynis 2:30 Diwali Social 3:15 stepping out 5:00 Dinner</p>	<p>5</p> <p>8:30 Breakfast 10:00 horse racing 11:00 express yourself 12:00 Lunch 2:30 Bingo 5:00 Dinner 6:00 IN2L fun games</p>	<p>6</p> <p>8:30 Breakfast 10:00 Circle of Friends 10:45 Drum fit 11:00 For the Soul 12:00 Lunch 2:30 Tea Social 3:30 You & I 5:00 Dinner</p>	<p>7</p> <p>8:30 Breakfast 9:30 Music with Daiva 10:00 Soothing sensation 10:45 Bingo 12:00 Lunch 2:30 Concerts in Care –J,OA 5:00 Dinner</p>	<p>8</p> <p>8:30 Breakfast 10:00 You & I 11:00 For the fun of it 12:00 Lunch 1:30 Garden Club with jenny 2:30 Brains & Banter 5:00 Dinner 6:00 For the fun</p>	<p>9</p> <p>8:30 Breakfast 10:00 Music appreciation 12:00 Lunch 2:30 Bingo 3:30 Walk & Talk 5:00 Dinner</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 8:30 Breakfast 10:00 circle of friends 11:00 Musical Moments 12:00 Lunch 2:30 Church Service 3:30 You & I 5:00 Dinner	11 Remembrance Day 8:30 Breakfast 10:30 Remembrance Day Service—MS 12:00 Lunch 2:30 Veterans Thank you Social 3:30 You & I 5:00 Dinner	12 8:30 Breakfast 10:00 Horse Racing 11:00 express yourself 12:00 Lunch 2:30 Bingo 5:00 Dinner 6:00 Word Games	13 8:30 Breakfast 10:00 Soothing sensations 10:30 Drum Fit 11:00 For the Soul 12:00 Lunch 3:00 Birthday Bash with Marcus –E 3:30 Board Games 5:00 Dinner	14 8:30 Breakfast 9:30 Music with Daiva 10:00 You & I 10:30 Bingo 12:00 Lunch 2:30 Concerts in Care –C,OA 5:00 Dinner	15 8:30 Breakfast 10:00 Friendly Visit 10:45 For the fun of it 12:00 Lunch 1:30 Garden Club with jenny 2:30 Brains & Banter 5:00 Dinner 6:00 Word Game	16 8:30 Breakfast 10:00 Musical moments 12:00 Lunch 2:30 Ball toss 4:00 You & Me 5:00 Dinner
17 8:30 Breakfast 10:00 Virtual Mass 12:00 Lunch 2:30 Active games 3:30 1:1 5:00 Dinner	18 8:30 Breakfast 10:00 In the Kitchen 11:00 Soothing Sensations 12:00 Lunch 2:30 Active Games 3:00 You & I 5:00 Dinner	19 8:30 Breakfast 10:00 Circle of friends 12:00 Lunch 2:30 Afternoon Social and Retirement Party For Mitch –MS 3:00 Circle of friends 5:00 Dinner 6:00 Stepping out	20 8:30 Breakfast 10:00 You & I 10:30 Drum fit 10:30 Residents Council 11:00 For the Soul 12:00 Lunch 2:30 Bingo 5:00 Dinner	21 8:30 Breakfast 9:30 Music with Daiva 10:00 Soothing sensations 10:45 Bingo 12:00 Lunch 2:30 Musical Moments 3:45 Express yourself 5:00 Dinner	22 8:30 Breakfast 10:00 Stepping out 10:30. Food committee 12:00 Lunch 1:30 Garden Club with jenny 2:30 IN2L Fun 5:00 Dinner 6:00 For the fun of it	23 8:30 Breakfast 10:00 Musical Moments 12:00 Lunch 2:30 Bingo 3:30 Walk & Talk 5:00 Dinner
24 8:30 Breakfast 10:00 Virtual Mass 11:00 Musical Moments 12:00 Lunch 2:30 Church Service 3:30 You & I 5:00 Dinner	25 8:30 Breakfast 10:00 circle of friends 11:00 For the fun of it 12:00 Lunch 1:30 Art Therapy with glynis 2:30 Brains & Banter 3:30 You & I 5:00 Dinner	26 8:30 Breakfast 10:00 Horse Racing 11:00 Brains & Banter 12:00 Lunch 2:30 Bingo 5:00 Dinner 6:00 Word Games	27 8:30 Breakfast 10:30 Drum Fit 11:00 For the Soul 12:00 Lunch 2:30 In the kitchen 3:30 Board Games 5:00 Dinner	28 8:30 Breakfast 9:30 Music with Daiva 10:00 You & I 10:45 Bingo 12:00 Lunch 2:30 Balloon Tennis 5:00 Dinner	29 8:30 Breakfast 10:00 Friendly Visit 10:45 Balloon Tennis 12:00 Lunch 1:30 Garden Club with jenny 2:30 Brains & Banter 5:00 Dinner 6:00 Word Game	30 8:30 Breakfast 10:00 Musical moments 12:00 Lunch 2:30 Active Games 4:00 You & Me 5:00 Dinner