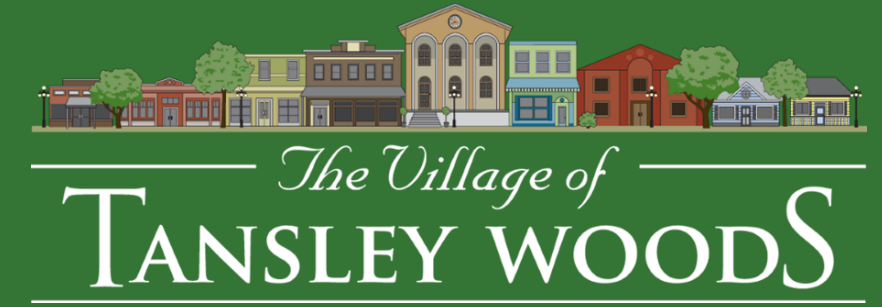




December 2024

APPLEBY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 In the Kitchen-CK	2 9:15 Fun & Fit 1:00 Neighborhood Time 2:00 Brains & Banter 3:30 Musical Moments 6:00 Circle of Friends	3 Giving Tuesday 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Visits 2:00 Circle of Friends-CC 3:30 Soothing Sensations	4 9:00 Neighborhood Time 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:30 Concerts in Care Virtual-CC 3:30 You & Me 7:00 Stepping Out	5 9:00 Neighborhood Time 11:00 Music Therapy 2:00 Christmas Caroling 3:30 Stepping Out	6 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 Circle of Friends 3:00 Meditation-L 3:30 Stepping Out 6:00 Brains and Banter	7 9:00 Neighborhood Time 10:30 Hot Chocolate Social-CC 1:00 Harmony in the Home-MS 2:00 Total Body Fitness 6:00 Neighborhood Time
8 9:00 Neighborhood Time 10:00 Movie Matinee-L 2:15 Church Service –TH 3:30 Circle of Friends 6:00 Neighborhood Time	9 9:15 Fun & Fit 1:00 Neighborhood Time 2:00 Express Yourself 3:30 Musical Moments 6:00 Circle of Friends	10 9:00 Neighborhood Time 11:00 Brains & Banter 12:00 Diner’s Club 1:00 Spiritual Visits 2:00 You & Me 3:30 Soothing Sensations	11 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 7:00 Stepping Out	12 8:00 Breakfast Club 9:00 Neighborhood Time 10:30 Birthday Social-CC 11:00 Music Therapy 2:00 You & Me 6:15 Christmas Lights Tour	13 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 Circle of Friends 3:00 Meditation-L 3:30 Musical Moments 6:00 Brains and Banter	14 1:00 Neighborhood Time 2:00 Brains & Banter 3:00 Paula French Performs-MS 4:00 Stepping Out 6:00 Neighborhood Time
15 Ugly Christmas Sweater 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 In the Kitchen-CK	16 9:15 Fun & Fit 10:00 Mother Goose-TH 1:00 Neighborhood Time 2:00 Express Yourself 3:30 Musical Moments	17 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Visits 2:00 In the Kitchen-CK 3:30 You & Me 6:15 Christmas Lights Tour	18 Christmas Dinner 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 3:30 You & Me 7:00 Stepping Out	19 9:00 Neighborhood Time 11:00 Music Therapy 2:00 Neighborhood Time	20 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 Circle of Friends 3:00 Meditation-L 3:30 Stepping Out 6:15 Christmas Lights Tour	21 Winter Solstice 9:00 Neighborhood Time 10:30 Tea Soial-CC 2:00 Stepping Out 2:00 Total Body Fitness 3:00 Jay Franco Performs-TH 6:00 Neighborhood Time
22 9:00 Neighborhood Time 10:00 Movie Matinee-L 2:15 Church Service –TH 3:30 Circle of Friends 6:00 Neighborhood Time	23 9:15 Fun & Fit 1:00 Neighborhood Time 2:00 Stepping Out 3:00 Gerry Larkin Performs-MS 6:00 Circle of Friends	24 Christmas Eve 9:00 Neighborhood Time 11:00 Musical Moments-CC 1:00 Spiritual Visits 2:00 Movie Social-L	25 Christmas/Hannukah 	26 Boxing Day/Kwanzaa 9:00 Neighborhood Time 11:00 Musical Moments 2:30 In the Kitchen-CK 3:30 Stepping Out 7:00 Musical Moments	27 10:00 Art Therapy 11:15 Line Dancing-FC 1:30 Horticulture Therapy 2:00 Circle of Friends 3:00 Meditation-L 3:30 Musical Moments 6:00 Brains and Banter	28 1:00 Neighborhood Time 2:00 Brains & Banter 3:00 Musical Moments 4:00 Stepping Out 6:00 Neighborhood Time
29 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 In the Kitchen-CK	30 9:15 Fun & Fit 1:00 Neighborhood Time 2:00 In the Kitchen-CK 3:30 Musical Moments	31 New Years Eve 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Visits 2:00 New Years Year Social-MS 3:00 Wander Duo Performs-MS 3:30 Stepping Out				