



December 2024

Alderwood Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Stepping Out 10:00 Fellowship Service 11:15 Circle of Friends 12:00 Lunch 02:30 Social w Christmas Music	2 1:45 Neighborhood Time 2:30 Express Yourself: Beading 2:30 Baptist Service 3:30 Italian Social 6:00 Outing: Burlington Lights	3 Christmas Dinner 10:00 Brains & Banter 11:15 Manicures 02:30 For the Fun of Fit: Ball Toss 05:30 Christmas Entertainment: Filipa	4 10:00 Outing: Sherway Garden 10:45 Music Therapy 02:30 Express Yourself: Christmas Card Making 03:30 For the Fun of Fit	5 G & Z Wellness Vendor 10:00 Musical Moments 10:30 In the Kitchen 02:30 Ring Toss 03:30 Express yourself 04:00 For the Fun of Fit: Zumba Fitness	6 10:00 Express Yourself 11:00 Animal Bingo 02:30 Fun Jokes 03:30 Dance with Me	7 09:30 Neighborhood Time 10:30 Circle of Friends 02:00 Express Yourself 03:30 Stepping Out
8 9:30 You and Me 10:00 Fellowship Service 11:00 Lacing 12:00 Lunch 2:30 Neighborhood Time 3:00 Entertainment: Malta Big	9 10:30 Dancing with Parkinsons 1:45 For the Fun of Fit: Ring Toss 2:30 Popping Popcorn 3:30 Hand Care & Massage 6:30 Express Yourself: Water Color Art	10 9:30 Neighborhood Time 10:00 Brains & Banter: 6-5-4 Dice Game 11:15 Balloon Tennis 02:30 Musical Moments 03:30 Bingo	11 10:00 Neighborhood Time 10:45 Music Therapy 02:30 Table Bowling 03:30 Dominoes 04:00 You and Me	12 Ginger Bread House 10:00 In the Kitchen 11:00 Hot Chocolate Social 12:00 Lunch 02:30 Christmas Bingo 04:00 Gingerbread House Decorating	13 1:45 Neighborhood Time 02:30 Musical Moments 04:00 For the Fun of Fit 06:30 Circle of Friends	14 10:00 Stepping Out 10:30 Adele Storyteller 11:00 Brains and Banter 02:30 In the Kitchen: Baking 03:30 Dominoes
15 Ugly Christmas Sweater Day 10:00 Fellowship Service 11:00 For the Fun of Fit 02:30 It's Never Too Late 03:30 Stepping Out	16 1:45 Stepping Out 2:30 Express yourself 3:30 Circle of Friends: Coffee 6:00 Outing: Christmas Lights Drive	17 09:30 For the Soul 10:00 Neighborhood Time 02:00 Brains & Banter 03:00 Express Yourself 04:00 Musical Moments	18 09:00 Horticultural Therapy 10:00 Brains and Banter 10:45 Music Therapy 1:30 Outing: Mel Lastman Square 02:30 Book Club	19 10:30 Dancing with Parkinsons 11:00 For the Fun of Fit 02:30 Express Yourself: Christmas Wreath Making 03:00 Resident Council 03:00 Bingo	20 Sandra's Fashion Vendor 10:00 Centennial Park Conservatory 10:00 Musical Moments 10:30 Book Club 02:30 Manicures\ Hand Massage 04:00 Stepping Out	21 Winter Begins 09:30 You and Me 10:30 Neighbourhood Time 11:00 Dominoes 2:30 Santa Clause: Town Square 04:00 Musical Moments
22 09:30 Neighborhood Time 10:00 Fellowship Service 11:00 You & Me 02:30 Sorting & Folding 03:30 For the Fun of Fit	23 1:45 Java Memory 2:30 For the Fun of Fit 3:30 Circle of Friends 6:00 Outing: Christmas Lights Drive 7:00 Christmas Quiz	24 Christmas Eve 09:30 Neighborhood Time 10:00 Java Memory: Christmas 02:00 For the Fun Of Fit 03:00 In the Kitchen: Christmas Baking 04:00 Circle of Friends	25 Christmas Day 09:00 Horticulture Therapy 10:00 Neighborhood Time 11:00 Sing a Alone 12:00 Lunch 2:30 Entertainment: Davis 04:00 You and Me	26 Boxing Day/Hanukkah 10:00 Java Memory 11:00 Circle of Friends: Hot Chocolate 02:00 Stepping Out 03:00 Story Telling	27 01:45 Musical Moments 02:30 Dominoes 04:00 For the Fun of Fit 06:30 Neighborhood Time	28 10:00 For the Fun of Fit 10:30 In the Kitchen 12:00 Lunch 02:30 Neighborhood Time 04:00 Express Yourself: New Years Eve Hat Decorating
29 09:30 You and Me 10:00 Fellowship Service 11:00 Hymn Sing 2:30 Matching Pictures 3:30 In the Kitchen	30 1:45 Neighborhood Time 2:30 For the Fun of Fit 3:30 You & Me 6:30 Musical Moments: Karaoke	31 New Years Eve 9:30 Brains & Banter 10:00 New Years Eve Resolution 2:00 Bowling 3:00 Soothing Sensations 6:00 Entertainment: Pam				