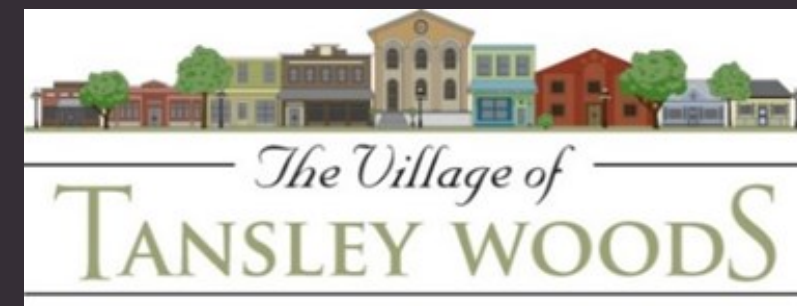




November 2024

Emma's East Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:00 Breakfast 11:00 Dog Visit (Monty) 12:00 Lunch 2:15 Get Moving 3:30 Exercise Class 4:00 You and Me 5:00 Dinner	2 8:00 Breakfast 10:00 Church Service 11:00 Get Moving 12:00 Lunch 2:00 Nails 5:00 Dinner
3 Daylight Savings Time Ends 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:00 Live Entertainment Ethan 5:00 Dinner	4 Diwali Celebration 8:00 Breakfast 10:30 Art Workshop 12:00 Lunch 2:00 Diwali Celebration 5:00 Dinner	5 8:00 Breakfast 11:00 Get Moving 12:00 Lunch 1:30 Outing 5:00 Dinner	6 8:00 Breakfast 12:00 Lunch 3:00 Peter Harding Egerton 3:30 Exercise Class 5:00 Dinner	7 8:00 Breakfast 12:00 Lunch 3:00 Poppy Wreath Making 5:00 Dinner	8 8:00 Breakfast 11:00 Dog Visit (Monty) 12:00 Lunch 2:30 Stepping Out (Fall Walk) 3:30 Exercise Class 4:00 You and Me 5:00 Dinner	9 8:00 Breakfast 10:00 Church Service 11:00 Get Moving 12:00 Lunch 2:00 Chocolate Bingo 5:00 Dinner
10 8:00 Breakfast 12:00 Lunch 2:00 Café Time 5:00 Dinner 6:15 You & Me	11 Remembrance Day 8:00 Breakfast 10:30 Remembrance Day Service 12:00 Lunch 3:45 Bingo 5:00 Dinner	12 8:00 Breakfast 11:00 Christmas Decorating 12:00 Lunch 2:15 National Happy Hour 5:00 Dinner	13 World Kindness Day 8:00 Breakfast 10:30 Christmas Decorating 12:00 Lunch 2:30 Christmas Decorating 3:30 Exercise Class 5:00 Dinner	14 8:00 Breakfast 12:00 Lunch 2:00 Active Games 3:15 Brains and Banter 4:00 Circle of Friends 5:00 Dinner 6:15 You and Me	15 8:00 Breakfast 9:30 Outing 12:00 Lunch 2:30 Stepping Out (Fall Walk) 3:30 Exercise Class 4:00 You and Me 5:00 Dinner	16 Christmas Bazaar 8:00 Breakfast 10:00 Church Service 10:00 Christmas Bazaar 12:00 Lunch 5:00 Dinner
17 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:00 Live Entertainment Ethan 5:00 Dinner	18 8:00 Breakfast 10:30 Art Workshop 10:30 Mother Goose (Town Hall) 12:00 Lunch 3:45 Bingo 5:00 Dinner	19 8:00 Breakfast 11:00 Bocce Ball (Town Hall) 12:00 Lunch 2:15 Brains & Banter 3:30 Drum Fit 5:00 Dinner	20 8:00 Breakfast 10:30 Bowling 12:00 Lunch 2:30 Hand Massages 3:30 Exercise Class 4:00 Stepping Out 5:00 Dinner	21 8:00 Breakfast 12:00 Lunch 2:00 Active Games 3:15 Brains and Banter 4:00 Circle of Friends 5:00 Dinner 6:15 You and Me	22 8:00 Breakfast 8:00 Breakfast Club 11:00 Dog Visit (Monty) 12:00 Lunch 3:30 Exercise Class 5:00 Dinner	23 8:00 Breakfast 10:00 Church Service 11:00 Get Moving 12:00 Lunch 2:00 Nails 5:00 Dinner
24 8:00 Breakfast 12:00 Lunch 2:00 Café Time 5:00 Dinner 6:15 You & Me	25 8:00 Breakfast 10:30 Art Workshop 12:00 Lunch 3:00 Just Us 5:00 Dinner	26 8:00 Breakfast 11:00 Get Moving 12:00 Lunch 3:00 Birthday Party 5:00 Dinner	27 8:00 Breakfast 10:30 Bowling 12:00 Lunch 2:30 Hand Massages 3:30 Exercise Class 4:00 Stepping Out 5:00 Dinner	28 8:00 Breakfast 12:00 Lunch 2:00 Active Games (Egerton) 3:15 Brains and Banter 4:00 Circle of Friends 5:00 Dinner 6:15 You and Me	29 8:00 Breakfast 11:00 Dog Visit (Monty) 12:00 Lunch 2:15 Get Moving 3:30 Exercise Class 4:00 Painting 5:00 Dinner	30 8:00 Breakfast 10:00 Church Service 11:00 Get Moving 12:00 Lunch 3:30 Laura Nashman Flute (Town Hall) 5:00 Dinner