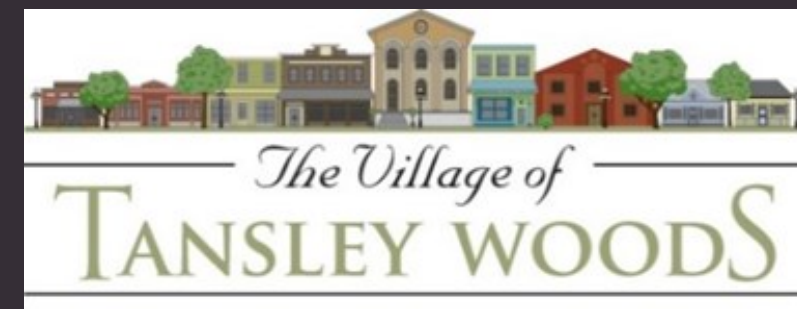




# November 2024

## Emma's West Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Resident Birthdays</b> Gordana 5th Hans 11th Nola 19th Susan H 21st Joan P 22nd Jean H 25th	<b>Team Member Birthdays</b> Alex 9th Manpreet 9th Amy 13th Lorena 20th Preyana 21st				1 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:15 For the Fun of Fit <b>3:00 Live Entertainment</b> 5:00 Dinner	2 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:15 For the fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
3 8:00 Breakfast 12:00 Lunch 2:15 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:15 You and Me	<b>4 Diwali Celebrations</b> 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 1:45 Exercise Class 2:00 Stepping Out: Diwali Celebration 5:00 Dinner 6:00 You and Me	5 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	6 8:00 Breakfast 9:30 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Brains and Banter 3:30 Circle of Friends 5:00 Dinner	7 8:00 Breakfast 9:30 Neighbourhood Time 12:00 Lunch 2:15 For the Fun of Fit <b>2:45 Wine and Cheese</b> 5:00 Dinner	8 8:00 Breakfast 10:00 Soothing Sensations 11:00 Brains and Banter 12:00 Lunch 2:30 Circle of Friends 3:45 Musical Moments 5:00 Dinner	9 8:00 Breakfast 10:00 Express Yourself 12:00 Lunch 1:30 Church Service 2:15 For the fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
10 8:00 Breakfast 10:00 Neighborhood Time 11:00 Express Yourself 12:00 Lunch 2:30 For the fun of Fit 3:30 Stepping Out 5:00 Dinner	<b>11 Remembrance Day</b> 8:00 Breakfast <b>10:30 Remembrance Day Service</b> 12:00 Lunch 1:45 Exercise Class 2:30 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner	12 8:00 Breakfast 12:00 Lunch 1:30 Decorating for Christmas 5:00 Dinner 6:00 Decorating for Christmas	13 8:00 Breakfast 9:30 Decorating for Christmas 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Decorating for Christmas 5:00 Dinner	14 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	15 8:00 Breakfast 9:30 Stepping Out 12:00 Lunch <b>2:30 Tea Party</b> 3:45 Musical Moments 5:00 Dinner	<b>16 Christmas Bazaar</b> 8:00 Breakfast <b>10:00 Christmas Bazaar</b> 12:00 Lunch 1:30 Church Service 2:15 For the fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
17 8:00 Breakfast 12:00 Lunch 2:15 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:15 You and Me	<b>18 8:00 Breakfast</b> 10:30 Mother Goose 12:00 Lunch 1:45 Exercise Class 2:30 Circle of Friends 3:30 For the Fun of Fit 5:00 Dinner	19 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	20 8:00 Breakfast 9:30 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Brains and Banter 3:30 Circle of Friends 5:00 Dinner	21 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	22 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch <b>2:30 Birthday Party</b> 3:45 Musical Moments 5:00 Dinner	23 8:00 Breakfast 10:00 Circle of Friends 12:00 Lunch 1:30 Church Service 2:15 For the fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
24 8:00 Breakfast 10:00 Neighborhood Time 11:15 For the Soul 12:00 Lunch 2:30 For the fun of Fit 3:30 Stepping Out 5:00 Dinner	<b>25 8:00 Breakfast</b> 12:00 Lunch 1:45 Exercise Class 2:30 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner 6:15 Stepping Out	26 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	27 8:00 Breakfast 9:30 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Brains and Banter 3:30 Circle of Friends 5:00 Dinner	28 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	29 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 1:30 Stepping Out 5:00 Dinner	30 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:15 For the fun of Fit 3:30 Chocolate Bingo 5:00 Dinner