NOVEMBER

Hagey

Legend

Do - Downey

Ha - Hagey

Jo - Johnston

Ma - Matthews

Wr - Wright C - Chapel

CY - Courtyard

MS - Main Street

L - Library

CC - Community Centre

RH - Retirement



надеу			Po - Pollock	FC - Fitness Centre		THE IN
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1-4pm KmW Clothing Sale (CC) 2:00 Brains and Banter 3:30 Active Games (FC) 6:30 Crafting Club (CC)	10:00 In the Kitchen 2:00 Entertainment (Ma) 3:30 Stepping Out
3 Daylight Savings Time Ends 10:00 In the Kitchen 2:00 Brains and Banter 3:30 Express Yourself	10:00 Express Yourself 10:30 Village Updates (C) 12:30 Greenhouse Drop-In 2:00 Green Thumbs 2:00 Resident Bill of Rights and Calendar Planning 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	Neighbourhood Training Roadshow (RIA) 9:30 Rosary (C) 10:00 Music with Melissa 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 6:30 Devotions (C)	10am-12pm Baby Bunny Visits (C) 2:00 Express Yourself 3:30 Karaoke 3:30 Balance Class (FC) 6:30 Popcorn & Documentary (CC)	9:30 Chapel Service (C) 12:30 Greenhouse Drop-In 2:00 Sit 'N Get Fit 3:30 Circle of Friends 6:30 Active Games (MS)	8 1:00 Brains and Banter 2:30 Soothing Sensations 3:30 Active Games (FC) 6:30 Crafting Club	10:00 Express Yourself 11:00 Short Stories 2:00 Entertainment (Jo) 3:30 Circle of Friends
10:00 For The Soul 11:00 You and Me 2:00 Active Games 3:30 Brains and Bante	11 Remembrance Day 10:30 Remembrance Day Service (C) 12:30 Greenhouse Drop-In 2:00 Green Thumbs 3:30 Express Yourself 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:00 Outing 9:30 Rosary (C) 10:00 Music with Melissa 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	13 10:00 Active Games 1-4pm Deck the Halls (MS) 3:30 Karaoke 3:30 Balance Class (FC) 6:30 Games Night (CC)	14 10-3 Back to Basics 9:30 Chapel Service (Do) 11:00 You and Me 12:30 Greenhouse Drop-In 2:00 Sit 'N Get Fit 3:30 Circle of Friends 6:30 Active Games (MS)	2:00 Stepping Out 3:30 Active Games (FC) 4:00 Musical Moments 6:30 Crafting Club	Christmas Market 10am-3pm Long Term Care and Retirement Main Streets

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Sunday Monday Tuesday Wednesday **Thursday Friday** Saturday 18 19 21 22 23 10:00 Short Stories 10:00 Express Yourself 9:30 Rosary (C) 10:00 Active Games 9:30 Chapel Service (C) 1:00 Stepping Out 10:00 Express Yourself 11:00 Brains and Banter 12:30 Greenhouse Drop-In 2:00 Express Yourself 2:00 Residents' Council (C) 2:30 Board Games 11:00 Short Stories 10:00 Music with Melissa 2:00 Soothing Sensations 3:30 Karaoke 2:00 Sit 'N Get Fit 2:00 Green Thumbs 2:00 Bingo (MS) 3:30 Active Games (FC) 2:00 Family Games Afternoon 3:30 Stepping Out 3:30 Balance Class (FC) 6:30 Crafting Club 2:30 Stepping Out 2:45 Art with Sonal 12:30 Greenhouse Drop-In 3:30 Total Body Fitness (FC) 3:15 Tai Chi (FC) 6:30 Games Night (CC) 6:30 Active Games (MS) 3:30 Circle of Friends 6:30 Game Show Trivia (CC 6:30 Devotions (C) 29 10:00 For The Soul 10:00 In the Kitchen 9:30 Rosary (C) 10:00 Active Games 10:00 Celebration of Life (C) 1:00 Deck the Halls 10:00 Hand Knitting 11:00 You and Me 12:30 Greenhouse Drop-In 10:00 Music with Melissa 2:00 Express Yourself 12:30 Greenhouse Drop-In 2:00 Entertainment (Po) 3:30 Active Games (FC) 2:00 Active Games 2:00 Green Thumbs 2:00 Bingo (MS) 2:00 Food Committee (C) 2:00 Outing 4:00 Musical Moments 3:30 Circle of Friends 3:30 Brains and Banter 6:30 Crafting Club 2:00 Brains and Banter 2:45 Art with Sonal 3:30 Karaoke 2:00 Sit N Get Fit 3:00 You and Me 3:15 Tai Chi (FC) 3:30 Balance Class (FC) 3:30 Circle of Friends 3:30 Total Body Fitness (FC) 6:30 In the Kitchen (CC) 6:30 Games Night (CC) 6:30 Active Games (MS) 6:30 Game Show Trivia (CC

November Entertainment

November 2nd - Kevin Coates on Matthews November 9th - Henry Winter on Johnston November 30th - Lynne & Rick on Pollock

Outings

November 12th at 9am - Java Garden November 28th at 2pm - Value Village

Please speak to your Recreation Team Member if you are interested in joining an outing.

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!

Hosted by your Recreation Team Member.

Your Recreation Team:

Danny - Full-Time Nur - Part-Time

