

NOVEMBER

Johnston

Legend

Do - Downey

Ha - Hagey

Jo - Johnston

Ma - Matthews

Po - Pollock

Wr - Wright

C - Chapel

CC - Community Centre

CY - Courtyard

FC - Fitness Centre

L - Library

MS - Main Street

RH - Retirement



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 1-4pm KmW Clothing Sale (CC) 2:00 Brains and Banter 3:30 Active Games (FC) 6:30 Crafting Club (CC)	2 9:30 Weekend Perks 10:00 Tim Horton's Coffee and Tim Bits 10:30 Express Yourself 2:00 Entertainment (Ma)
						3 Daylight Savings Time Ends 9:30 Weekend Perks 10:00 For The Soul 2:00 BINGO (Jo) 3:30 Puzzel It Out	4 9:30 You and Me 10:30 Village Updates (C) 10:30 Sit 'N Get Fit 11:00 Express Yourself 12:30 Greenhouse Drop-In 2:00 Stepping Out 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)
10 11:00 You and Me 2:00 BINGO (Jo) 3:00 Musical Moments 5:15 Diner's Club	11 Remembrance Day 10:30 Remembrance Day Service (C) 12:30 Greenhouse Drop-In 1:30 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	12 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	13 9:15 Art with Sonal 9:30 You and Me 11:00 Soothing Sensations 1-4pm Deck the Halls (MS) 3:30 Balance Class (FC) 6:30 Games Night (CC)	14 10-3 Back to Basics 9:30 Chapel Service (Do) 10:00 Green Thumbs 12:30 Greenhouse Drop-In 2:00 Bill Of Rights and calendar Planning Meeting 3:30 Let's Color 6:30 Active Games (MS)	15 1-4 Massage Therapy Students 3:30 Active Games (FC) 6:30 Crafting Club	16 9:30 Weekend Perks Christmas Market 10am-3pm Long Term Care and Retirement Main Streets	

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17 9:30 Weekend Perks 10:00 For The Soul 11:30 Express Yourself 2:00 BINGO in Johnston	18 9:30 Express Yourself 10:30 Sit 'N Get Fit 11:00 You and Me 12:30 Greenhouse Drop-In 2:00 Active Game 3:30 Musical Moments 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	19 9:30 Rosary (C) 11:00 For The Fun of Fit 2:00 Bingo (MS) 3:30 You and Me 3:15 Tai Chi (FC) 6:30 Devotions (C)	20 9:15 Art with Sonal 2:00 Brains and Banter 3:30 In the Kitchen 3:30 Balance Class (FC) 6:30 Games Night (CC)	21 9:30 Chapel Service (C) 10:00 Green Thumbs 12:30 Greenhouse Drop In 2:00 Residents' Council (C) 6:30 Active Games (MS)	22 9:00-12:00 Van Outing 2:00 Let's Paint 3:30 Active Games (FC) 6:30 Crafting Club(CC)	23 9:30 The Weekend Perks 11:00 Soothing Sensation 2:00 Family Games Afternoon (MS) 3:30 For the Fun of Fit
24 11:00 Soothing Sensation 2:00 BINGO (Jo) 3:30 Express Yourself 5:15 Diner's Club	25 12:30 Greenhouse Drop-In 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	26 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	27 9:15 Art with Sonal 9:30 Express Yourself 11:00 Musical Moments 2:00 You and Me 2:00 Food Committee (C) 3:30 Active Game 3:30 Balance Class (FC) 6:30 Games Night (CC)	28 10:00 Celebration of Life (C) 12:30 Greenhouse Drop-In 2:00 Express Yourself 6:30 Active Games (MS)	29 1:00pm - 4:00pm Deck The Halls Decorating 2:00 Stepping Out 3:30 You and Me 3:30 Active Games (FC) 6:30 Crafting Club	30 9:30 Weekend Perks 10:00 Express Yourself 11:00 Manicures 2:00 Entertainment (Po)

November Entertainment

November 2nd - Kevin Coates on Matthews
November 9th - Henry Winter on Johnston
November 30th - Lynne & Rick on Pollock

Outings

Thursday November 7th
Bus: 2pm to 4pm
Friday November 22nd,
Van: 9:00-12:00

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!

Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Debi
Part-Time - Julia

