

NOVEMBER

Matthews

Legend

Do - Downey

Ha - Hagey

Jo - Johnston

Ma - Matthews

Po - Pollock

Wr - Wright

C - Chapel

CC - Community Centre

CY - Courtyard

FC - Fitness Centre

L - Library

MS - Main Street

RH - Retirement



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1 1-4pm KmW Clothing Sale (CC) 2:00 Bingo (Do) 3:00 You and Me 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>
<p>3 Daylight Savings Time Ends 9:30 Neighbourhood Time 10:00 For the Soul 11:00 Express Yourself 2:00 Bingo (Jo) 3:00 You and Me</p>	<p>4 9:30 Express Yourself 10:30 Village Updates (C) 12:30 Greenhouse Drop-In 2:00 Active Games 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)</p>	<p>5 Neighbourhood Training Roadshow (RIA) 9:30 Rosary (C) 10:30 Circle of Friends 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)</p>	<p>6 10am-12pm Baby Bunny Visits (C) 10:30 Sit 'N Get Fit (Wr) 10:45 Art with Sonal 2:00 Manicure 3:30 Balance Class (FC) 4:00 Brains and Banter 6:30 Popcorn & Documentary (CC)</p>	<p>7 9:30 Chapel Service (C) 10:00 Express Yourself 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 2:00 Musical Moments 3:15 You and Me 6:30 Active Games (MS)</p>	<p>8 9:30 Soothing Sensations 1-4 Massage Therapy Students 2:00 Outing 3:30 Active Games (FC) 6:30 Crafting Club</p>	<p>9 10:00 Neighbourhood Time 11:00 For the Fun of Fit 2:00 Entertainment (Jo) 3:15 You and Me</p>
<p>10 9:30 Neighbourhood Time 10:00 For the Soul 11:00 Brains and Banter 2:00 Soothing Sensations 3:00 You and Me</p>	<p>11 Remembrance Day 9:30 You and Me 10:30 Remembrance Day Service (C) 11:00 In the Kitchen 12:30 Greenhouse Drop-In 2:00 Art and Crafts 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)</p>	<p>12 9:30 Rosary (C) 10:00 Circle of Friends 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)</p>	<p>13 10:30 Drum Fit (Wr) 10:45 Art with Sonal 1-4pm Deck the Halls (MS) 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>14 10-3 Back to Basics 9:30 Chapel Service (Do) 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 2:00 You and Me 3:30 Green Thumbs 6:30 Active Games (MS)</p>	<p>15 10:00 Express Yourself 3:30 Active Games (FC) 6:30 Crafting Club</p>	<p>16 Christmas Market 10am-3pm Long Term Care and Retirement Main Streets</p>

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17 9:30 Neighbourhood Time 10:00 For the Soul 11:00 Stepping Out 2:00 Soothing Sensations 3:00 You and Me	18 10:00 Musical Moments 12:30 Greenhouse Drop-In 2:00 For the Fun of Fit 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	19 9:30 Rosary (C) 10:30 Express Yourself 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	20 10:30 Sit 'N Get Fit (Wr) 10:45 Art with Sonal 2:00 Movie/ Travelogue 3:15 You and Me 3:30 Balance Class (FC) 6:30 Games Night (CC)	21 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Residents' Council (C) 12:30 Greenhouse Drop-In 2:00 You and Me 3:30 Green Thumbs 6:30 Active Games (MS)	22 9:30 Soothing Sensations 10:30 Stepping Out 2:00 In the Kitchen 3:30 Active Games (FC) 6:30 Crafting Club	23 9:30 Neighbourhood Time 11:00 For the Fun of Fun 2:00 Family Games Afternoon (MS)
24 9:30 Neighbourhood Time 10:00 For the Soul 2:00 Circle of Friends 3:00 You and Me	25 9:30 Express Yourself 10:30 For the Fun of Fit 12:30 Greenhouse Drop-In 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	26 9:30 Rosary (C) 10:30 Art and Craft 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	27 10:30 Drum Fit (Wr) 10:45 Art with Sonal 2:00 Food Committee (C) 3:00 You and Me 3:30 Balance Class (FC) 6:30 Games Night (CC)	28 9:30 Soothing Sensations 10:00 Celebration of Life (C) 12:30 Greenhouse Drop-In 1-4 Deck the Halls 3:30 Green Thumbs 6:30 Active Games (MS)	29 9:30 Brains and Banters 10:30 In the Kitchen 2:00 You and Me 3:30 Active Games (FC) 6:30 Crafting Club	30 9:30 Neighbourhood Time 10:30 Stepping Out 2:00 Entertainment (Po) 3:30 Story Time

November Entertainment

November 2nd - Kevin Coates on Matthews

November 9th - Henry Winter on Johnston

November 30th - Lynne & Rick on Pollock

Outings

Friday, November 8th: RIM Park

Please speak to your Recreation Team Member if you are interested in joining an outing.

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!

Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Harman

Part-Time - Abhay

